

## Annual Action Plan for June 15, 2014 - June 15, 2015 TEMPLATE

### WellSpring Community Network Coalition

#### Goal 1: Decrease favorable attitudes towards underage alcohol use among OBSD students

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
<i>Objective 1: Maintain or improve attitudes opposed to the use of alcohol and other substances by 8th grade students at Ilwaco Middle School.</i>						
<b>Amazing Alternatives</b>	Underage alcohol use prevention	2014-15 School Year	3-4 groups x 7 sessions per group	Ocean Beach School District 7th Graders	Pacific County Health & Human Services	Melissa Sexton
<i>Objective 2: Maintain or improve attitudes opposed to the use of alcohol and other substances by Ilwaco High School 9th graders.</i>						
<b>Class Action</b>	Underage alcohol use prevention	2014-15 School Year	3-4 groups x 7 sessions per group	Ocean Beach School District 9th Graders	Pacific County Health & Human Services	Melissa Sexton

#### Goal 2: Increase bonding (opportunity, skills and recognition) among peers.

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
<i>Objective 1: Improve social competence skills (communication, decision making, problem solving, interactions with others, assertiveness) in grade students at OBSD</i>						
<b>Adventure Day</b>	Day long low ropes course	Fall 2014	One school day per classroom	Ocean Beach School District 6th Graders	Pacific County Health & Human Services	Melissa Sexton, volunteer facilitators
<i>Objective 2: Increase number high school students receiving the Peer Helpers Training.</i>						
<b>Peer Helpers Training</b>	Peer to peer mentoring program for high school students	Nov-14	3 day retreat/training	15 OBSD High School Students (Selected by their peers)	Pacific County Health & Human Services	Melissa Sexton, Allie Friese, Tanya Schiller, Lindsey Hylton, Sarah Taylor

**Goal 3: Increase bonding (opportunity, skills and recognition) among OBSD 9th graders to their high school.**

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
<i>Objective 1: Increase the number of OBSD 9th graders who participate in school sponsored clubs and/or extracurricular activities.</i>						
<b>Freshman Orientation Training</b>	Overnight training/freshman orientation to increase bonding between 9th graders and their school.	Sep-14	Overnight training/retreat	Ocean Beach School District 9th Graders	Ilwaco High School	Melissa Sexton, Sarah Taylor, Dave Tobin, Amy Huntley, Lindsey Hylton

**Goal 4: Decrease the risk associated with the early initiation of the problem behavior**

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
<i>Objective 1: Delay initiation by increasing bonding by elementary and middle school students with healthy role models</i>						
<b>Big Brother Big Sisters Mentoring</b>	School and community based mentoring program	Continuous	Weekly match meetings between "big" and "little"	Referred OBSD Elementary Students	Big Brothers Big Sisters of SW Washington	Alanna Shea, Elementary School Principals
<i>Objective 2: Increase refusal and resistance skills among OBSD 6th graders.</i>						
<b>Slick Tracy</b>	Underage alcohol prevention curriculum	2014-15 School Year	7-one hour sessions x 3- 4 classrooms	OBSD 6th Graders	Pacific County Health & Human Services	Melissa Sexton
<i>Objective 3: Increase capacity of Boys &amp; Girls Club to offer high quality afterschool programming for OBSD k-12 graders.</i>						
<b>Boys &amp; Girls Club After School Program</b>	Afterschool program	On-going during OBSD school year plus summer program	Every day after school from 3:00-7:00pm + 3 week summer program	OBSD k-12 graders	Boys & Girls Club of the Long Beach Peninsula	Allie Friese, Jean Fisher

**Goal 4: Decrease the risk associated with family management problems.**

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
<i>Objective 1: Increase positive parenting practices among program participants.</i>						
<b>Triple P- Positive Parenting Program (Seminars)</b>	Parent education for parents of children 3-12	Quarterly beginning Sept 2014	3- 90 minutes seminar style parenting classes per quarter	Parents of children 3-12 years old.	Pacific County Health Dept.	Rosanne McPhail, Parent Enrichment Team Members