

## **Bilaabida Ficnaanshaha Kahortaga Bulshada Tirakoobka Bulshada**

Anaga waxaan kuweydiisanaynaa in aad kaqayb qaadatid tirakoobkaan. Tirakoobku wuxuu ku saabsanyahay wel-welada laxiriira ku xad gudubka daroogada ka dhaca dhallinyarada dhexdooda ee gudaha jaaliyadaada. Waxaan u isticmaali doonaa tirakoobyadan si ay ugu hagaan shaqadeena in ay samayso barnaamijyo ka hortag ku xad gudubka daroogada ah ee loogu talagalay jaaliyadaada.

Tirakoobkaan waa mid aan lasheegayn dadka kaqayb qaata magacyadooda. Ma oggaan doono adiga shakhsiyadaada. Jawaabahaaga waxay ahaan doonaan kuwo sir ah waxaana loo sheegi doonaa kaliya qaab guud ahaan ama wadar ah (ayada oo lagu daro jawaabo kale).

Tirakoobkaan waa mid iskaada ah. Midaasina macnaheedu waxay tahay in aad diidi karto in aad ka jawaabto su'aal kasta ama ka istaagto tirakoobka wakhti kasta oo aad doonaysid. Tirakoobka wuxuu qaadan doonaa kudhowaadkii 10 daqiiqadood.

Majeceshahay macluumaad baddan oo kusaabsan isbahaysigeena? Waxaad noola soo xiriiri kartaa qaab teleefoon iyo qaab iimayl.

Teleefoon:

Iimayl:

Bogga internetka:

## **Community Prevention Wellness Initiative Community Survey**

We are asking you to participate in this survey. The survey is about concerns related to substance abuse among youth in your community. We will use these surveys to guide our work to develop effective substance abuse prevention programs for your community.

This survey is anonymous. We will not know your identity. Your responses will be kept confidential and will be reported only in the aggregate (combined with other responses).

This survey is voluntary. That means you can refuse to answer any question or stop the survey at any time. The survey will take about 10 minutes.

Would you like more information about our coalition? You can contact us by phone and by email.

**Ma doonaysaa in aad oggaatid inbadan oo kusaabsan kooxdeena?  
Fadlan fiiri macluumaadkeena kuqoran dusha bogga.  
Macluumaadkaaga xiriirka waxaa lagelinayaa meel kabaxsan tirakoobkaan  
magac la'aanta ah.**

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Haddii aad jeceshahay in aad maqashid inbaddan oo kusaabsan isbahaysigeena, fadlan geli ama kuqor macluumaadaada laguula soo xiriiro hoos.

Magaca\_\_\_\_\_

Lambarka teleefoonka\_\_\_\_\_

Cinwaanka Iimaylka\_\_\_\_\_

**Macluumaadka xiriirka waxaa la gelinayaa meel ka baxsan  
tirakoobkan magac la'aanta ah**

## BILAABIDA FICNAANSHAHA KAHORTAGA BULSHADA TIRAKOOBKA BULSHADA

**Su'aalahaan hore ee laweydiiyo waxay kusaabsanyihiin fikradahaaga iyo fahankaaga khuseeya kuxad gudubka maandooriyaha iyo wel-welada caafimaadka maskaxda kajira gudaha jaaliyadaada.**

1	In intee la'eg oo mushkilad ah ayaad u malaynaysaa in uu ka dhex jiro dhallinyarada (heerarka 6 <sup>aad</sup> – 12 <sup>aad</sup> ) ee kunool gudaha jaaliyadaada?	Mushkilad malahan	Mushkilad yar	Mushkilad dhexdhexaad ah	Mushkilad khatar ah	Ma Ogi
	Isticmaal khamro	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Isticmaal Marijuwana ama xashiish (tubaakad, haash, cabitaan lagu sakraamo)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	In si xun loo isticmaalo daawo lasoo qoray (ayada oo la isticmaalo daawada ayada oo aan wadan warqad qoraal ama loo isticmaalo qaab aan loo soo qorin)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Darogayaal kale (hoos kucaddee*)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Gaari waddid ayada oo khamro lacabbey, xashiish ladhuuqey ama daroogo kale?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Tubaakad	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Murug	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Ismiidaamin ama isdilid	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

\* Haddii aad kor kucalaamaysay "Daroogooyin Kale", maxay yihiin daroogooyinkaas?

### Nidaamkaan su'aalaha ah wuxuu kusaabsanyahay xashiishka.

2	Ma yihiin jumladahaan kuwo Sax ah ama Been ah sida waafaqsan sharciyada Gobolka Washington ee kusaabsan <u>madadaalada marijuwana?</u>	Run	Been	Ma Ogi
	Marijuwana laguma isticmaali karo gudaha bulshada.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Waa sharci daro indadka yar (kayar 21 sanno jir) in ay haystaan iyo/ama isticmaalo wax kasta oo marijuwana ah.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	In la siiyo marijuwana qof yar (kayar 21 sanno jir) waa mid sharci daro ah, xitaa haddii aad siisid carruurtaada.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Kaliya dadka jira 21 sanno iyo kawayn ayaa haysan kara marijuwana.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

  

3	In intee la'eg ayaad u malaynaysaa in ay dadku khatar ugu jiraan in ay nafsadooda dhibaato gaarsiyaan iyo dadka kale marka ay gaariga wadaan...	Khatar malahan	Khatar yar	Khatar dhexdhexaad ah	Khatar weyn	Ma Ogi
	ayaga oo ah hoosta saameynta <u>khamrada?</u>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	ayaga oo ah hoosta saameynta <u>marijuwana?</u>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

4 Fadlan lawadaag fikradaada kusaabsan fullinta qaanuunka jaaliyadaada.					
	Si weyn ayaan u Oggolahay	Waan Oggola hay	Ma oggoli	Si weyn ayaan uga soo Horjeedaa	Ma Ogi
Dadka ku fuliya sharciga jaaliyadeena waa kuwo si waxtar leh u shaqeeya marka ay ka jawaabaan wicitaanada waxayna codsadaan khamrada ay cabbaan dadka yar iyo isticmaal daroogo kale ee lagu isticmaalo xafladaha iyo meelaha lagu kulmo.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Su'aalahaan waxay ku weydiinayaan fahankaaga kusaabsan helida daroogooyinka la siiyo dhallinyarada da'yarta ah ee ah (**heerka 6<sup>aad</sup> – 12<sup>aad</sup>**).

	Aad U fududahay	Nooc fudeyd ah	Nooc adayg ah	Aad u adagtahay	Ma Ogi
5 Haddii dhallaan ah (heerka 6aad – 12aad ) uu doono in uu helo qaar khamro ah, sidee ugu fududaanaysaa in ay qaar helaan?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6 Haddii dhallinyarada ah (heerka 6 <sup>aad</sup> – 12 <sup>aad</sup> ) ay doonaan in ay helaan <u>marijuwana</u> , sidee ugu fududahay ayagu in ay ku helaan?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Su'aalahaan waxay kuweydiinayaa waxa kusaabsan hab dhaqankaaga iyo dhaqanada laxiriira dhallinyarada da'yarta ah (**heerka 6<sup>aad</sup> – 12<sup>aad</sup>**) ee isticmaala daroogada.

7 Ma u malaynaysaa in ay WANAAGSANTAHAY in dhallinyarada ay khamro ku cabaan xafladaha haddii aysan noqonin kuwo sakhraansan?  <i>Dooro mid.</i>	<input type="checkbox"/> Haa <input type="checkbox"/> Haa, laakiin keliya munaasabadaha khaaska ah. <input type="checkbox"/> Maya <input type="checkbox"/> Ma Ogi
8 Makulatahay in inbaddan oo dadka waaweyn ee bulshadeena kamid ahi ay latahay mid CAADI ah waalidiinta in ay kusiiyaan dhallaankooda cabbitaano khamro ah gurigooda?  <i>Dooro mid.</i>	<input type="checkbox"/> Haa <input type="checkbox"/> Haa, laakiin keliya munaasabadaha khaaska ah. <input type="checkbox"/> Maya <input type="checkbox"/> Ma Ogi
9 Ma u oggolaanaysaa dhallaanka in ay kucabbaan khamro (wax kabaddan kabasho) gurigaaga?  <i>Dooro mid.</i>	<input type="checkbox"/> Maya, Anigu madhigi gurigayga khamro. <input type="checkbox"/> Maya, weligeeda malaga yaabo. <input type="checkbox"/> Haa, laakiin keliya munaasabadaha khaaska ah. <input type="checkbox"/> Haa, ilmahayga/carruurteyda, laakiin ma ahan saaxiibadooda. <input type="checkbox"/> Haa, laakiin keliya ayada oo lasocoto horjooge ama kormeere ayaga ilaaliya. <input type="checkbox"/> Haa <input type="checkbox"/> Ma Ogi

10 Ma u oggolaanaysaa dhallaanka in ay ku isticmaalaan xashiish gurigaaga?  
**Dooro mid.**

Maya, Anigu madhigo gurigayga xashiish.  
 Maya, weligeeda malaga yaabo.  
 Haa, laakiin keliya munaasabadaha khaaska ah.  
 Haa, ilmahayga/carruurteyda, laakiin ma ahan saaxiibadooda.  
 Haa, laakiin keliya ayada oo lasocoto horjooge ama kormeere ayaga ilaaliya.  
 Haa  
 Ma Ogi

11 Ma ilaalisaa daawooyinka wata qoraal dhakhtar kuwaas oo ay dhici karto in ay dhallaanka si khaldan u isticmaalaan, sida *xanuun baabi'iyasha, kuwa lidka ku ah-murugta, daawooyinka loogu talagalay firfircoonaanta xad dhaafka ah iyo kaniinada loo qaato hurdada?*  
**Dooro mid.**

Maya, anagu ma isticmaalno daawooyinkan.  
 Weligeeda madhacdo  
 Mararka qaar  
 Inta baddan  
 Marwalba  
 Ma Ogi

12 Ma ogtahay meesha kamid ah jaaliyadaada meeshaas oo aad uga takhalustid daawooyinka wata qoraalka dhakhtar kuwaas oo aadan inbaddan u baahnayn?

<sub>1</sub> Haa                      <sub>2</sub> Maya                      <sub>3</sub> Ma Ogi

13 Waxaa jira kooxo iskaada wax u qabso ah kuwaas oo laga helo bulshadaada dhexdooda oona kushaqeeya si ay u yareeyaan isticmaalka dhallaanka ay isticmaalaan khamrada iyo daroogo kale. Adigu ma ogtahay kooxdaan/isbaheysigaan?

<sub>1</sub> Haa                      <sub>2</sub> Maya                      <sub>3</sub> Ma Ogi

14 **Ma kulatahay in ay khasabtahay in ay jiraan cawaaqibo haddii uu booliisku qabto Dhallaan ah (heerka 6aad- 12aad) . . .**

	Haa	Maya	Ma Ogi
cabbida <u>khamro</u> ?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
isticmaalida <u>marijuwana ama xashiishka</u> ?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

15 **Ma kulatahay in ay khasabtahay in ay jiraan cawaaqibo haddii uu booliisku qabto gof weyn . . .**

	Haa	Maya	Ma Ogi
in la siiyo <u>khamro</u> dhallaan ah (heerka 6 <sup>aad</sup> - 12 <sup>aad</sup> )?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
in la siiyo <u>marijuwana</u> ama <u>xashiish</u> dhallaan ah(heerka 6 <sup>aad</sup> - 12 <sup>aad</sup> )?"	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

16 In intee la'eg ayaad u malaynaysaa in ay dhallinyarada khatar gelinayaan nafsadooda jir ahaan iyo qaabab kale marka ay isticmaalaan halmar ama labbo jeer marijuwana ama xashiish todobaadkii?

	Khatar Malahan	Khatar Yar	Khatar Dhexdhexaad ah	Khatar Sareysa	Ma Ogi
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

17 In intee la'eg ayaad u malaynaysaa in dhallinyarada ah (heerka 6<sup>aad</sup>-12<sup>aad</sup>) ay khatar dhibaato ah gelinayaan nafsadooda haddii ay isticmaalaan daawo aan la soconin waraaq dhakhtar ama qaab aan ahayn mid lasoo qoray?

	Khatar Malahan	Khatar Yar	Khatar Dhexdhexaad ah	Khatar Sareysa	Ma Ogi
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

18 Halkeed u malaynaysaa in ay tahay xogta aasaasiga ah ee dhallinyarada ay ka helaan daawooyinka wata qoraal midkaas oo aan si sharciyaysan looga qorin dhinaca dhakhtar?

**Dooro mid.**

Guriga  
 Saaxiibo  
 In ay soo iibsadaan  
 Ma hubi  
 Waxkale \_\_\_\_\_

19 Haddii aad hadda ku haysatid gurigaaga daawo lagu soo qoray, halkeed ku ilaalisaa ama dhigtaa inta baddan daawooyinka?

**Dooro dhammaan inta khusaysa.**

Musqusha / armaajada daawada  
 Qolka jifka / armaajada lagu labisto  
 Qol kale oo guriga ah  
 Waa la qariyaa laakiin meel laguma xiro  
 Meel lagu xiro  
 Waxkale \_\_\_\_\_

20 Adigu hadda matahay waalid ama weli carruur kujira heerka 6<sup>aad</sup> – 12<sup>aad</sup> ?

<sub>1</sub> Haa      <sub>2</sub> Maya      <sub>3</sub> Ma Ogi

[haddii ay tahay **MAYA** ama **Ma Garanayo**, aad →**Su'aasha 25**]

**Su'aalahaan soo socda waa kuwo kusaabsan waalidnimada iyo wel-welada khuseeya ku xad gudubka daroogada dadka yar-yar. Haddii aad haysatid wax ka baddan hal ilmo oo kujira heerka 6<sup>aad</sup> – 12<sup>aad</sup>, fadlan ka fikir ilmahaaga ugu weyn in uu ka jawaabo su'aalahaan.**

21 Marka ilmahaaga ah heerka (heerka 6<sup>aad</sup> - 12<sup>aad</sup>) uu aado fiidkii banaanka ama dhammaadka todobaadka, in intee la'eg **AYAAD**:

	Weligeeda	Dhif-dhif	Mararka qaar	Badanaa	Marwalba
Weydiisaa qofka asaga/ayada uu labixi doono?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Weydiisid halka asaga/ayada u baxeysa?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Haddii ilmahaaga kaqayb galayo xaflad, waxaan hubsadaa haddii ay xafladu lahaan doonto horjooge qof weyn ah?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Waxaan fiiriyaa haddii uu ilmahaaga yahay mid cabsan khamro ama daroogo (waan la hadlaa, waxaan uriyaa afkooda, waxaan ka fiiriyaa indhaha)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
U qabbatid ilmahaaga wakhti uu guriga ugu soo laabto?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sugtid illaa ilmahaaga ka imaanayo guriga?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

22	Makala hadashay ilmahaaga ah (heerka 6 <sup>aad</sup> – 12 <sup>aad</sup> ) 3-dii bilood ee ugu dambeeyay waxa kusaabsan khatarada ama dhibaatooyinka ka imaada:	Haa	Maya	Ma Ogi
	isticmaal khamro da'a yaraan ah?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	isticmaal marijuwana ama xashiish?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	isticmaalka daawada aan wadan qoraal dhakhtar ama ah qaab aan qoraal lahayn?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

23	In intee la'eg ayaad u malaynaysaa in ay khalad kutahay ilmahaaga ah (heerka 6 <sup>aad</sup> – 12 <sup>aad</sup> ) in uu . . .	Ma Ahan Gebi ahaanba Waa khalad	Xoogaa Khalad Ah	Khalad	Aad Khalad U ah	Ma Ogi
	isticmaalo xashiish halmar ama labbo jeer todobaadkii?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	isticmaalo daawo aan wadan qoraal dhakhtar ama ah qaab aan qoraal lahayn?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**Su'aalahaan waxay ku weydiinayaan waxa kusaabsan fahankaaga kusaabsan saamayntaada aad ku leedahay noloshu ilmahaaga. Mid kasta oo kusaabsan jumladaha hoose, fadlan ku sheeg haddii aad si xoogan u oggashahay, oggashahay, aadan oggolayn, ama si xoogan uga soo horjeedid:**

24		Si weyn ayaan u Oggolahay	Waan Oggolahay	Ma oggoli	Si weyn ayaan uga soo Horjeedaa	Ma Ogi
	Anigu waan oggahay waxa lagu dhaho ilmahaaga ee kusaabsan daroogooyinka (khamrada, tubaakada, xashiish, iyo daroogooyin kale).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Waxa aan dhaho waxay saamayn ku yeelan doonaan haddii uu ilmahaagu isticmaalayo daroogo (khamro, tubaako, xashiish, iyo daroogooyin kale).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Waxaa jira meelo kuyaala gudaha jaaliyadayda halkaas oo aan ka oggaan karo inbaddan oo kusaabsan sida looga hortago in uu ilmahaagu isticmaalo daroogada (khamro, tubaakad, xashiish, iyo daroogooyin kale).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Tirakoobka Dadweynaha

25 (21) Maxay tahay da'daada?  18-24  25-34  35-44  
 45-54  55-64  65+

26 (22) Muxuu yahay noocaada? <sub>1</sub> Dheddig <sub>2</sub> Labb

27 (23) Matahay adiga qof labbeeb ah? <sub>1</sub> Haa <sub>2</sub> Maya

28 (24) Matahay adiga qof u dhashay Hisbanik Laatiin/Laatiina ama asal Spain ah? <sub>1</sub> Haa <sub>2</sub> Maya

29 (25) Muxuu yahay jinsigaagu? **Dooro mid.**  
<sub>1</sub> Hindi Maraykan ah, Asal ahaan u dhashay Alaska  
<sub>2</sub> Aasiyaan  
<sub>3</sub> Madoow  
<sub>4</sub> Asal ahaan u dhashay Hawaiian ama dad dega Jasiirada Baasifiga Kale  
<sub>6</sub> Caddaan  
<sub>5</sub> Labbo ama wax kabadan oo jinsiyad ah (jinsiyado baddan)  
<sub>7</sub> Waxkale

30 (26) Luuqadahee looga hadlaa gurigaaga ama dalkaaga hooyo? **Dooro dhamaan kuwa khuseeya.**  
<sub>1</sub> Kambodiyani/Khmer <sub>2</sub> Ingiriisi  
<sub>3</sub> Ruush <sub>5</sub> Isbaanish  
<sub>4</sub> Soomaali  
<sub>6</sub> Waxkale

31 (27) Muxuu yahay heerka ugu sareeya ama sannadka dugsiga aad dhammeysatey? <sub>1</sub> Weligay ma tegin iskuul <sub>5</sub> Kaqalin jebiyay dugsiga sare  
<sub>2</sub> Kayar dugsiga sare <sub>6</sub> Qaar kulliyadood  
<sub>3</sub> Qaar dugsiga sare ah <sub>7</sub> Kulliyad/jaamacad kaqalin jebiyay  
<sub>4</sub> Dugsiga sare /GED <sub>8</sub> Jaamacadkadib

32 (28) Muxuu yahay furahaaga xaafada meeshaas oo aad inta baddan ku nooshahay?

**Waad kumahadsantahay buuxinta tirakoobka!  
 Kaqayb qadashadaada waxaa loo qadarinayaa si weyn.**