

# Community Prevention and Wellness Initiative

## *Partners for Healthy Communities*

### North Kitsap Substance Abuse Prevention Coalition

#### Coalition Mission:

To create a framework of resources, support and partnerships to combat youth substance abuse in North Kitsap thus providing for a safe and healthy environment for all.

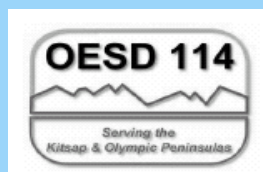
#### Coalition Coordinator

Kitsap County Human Services

Name: Deanne Jackson-Montgomery

Phone: 360-337-4878

Email: [dmontgom@co.kitsap.wa.us](mailto:dmontgom@co.kitsap.wa.us)



## *North Kitsap Substance Abuse Prevention Coalition*

### *North Kitsap School District*

### *Kitsap County, WA*



#### **About the Community Prevention and Wellness Initiative (CPWI):**

CPWI is a partnership of state agencies, counties, schools and local prevention coalitions supporting communities in preventing alcohol and other drug abuse and its negative consequences. Our highest priority is to reduce underage drinking among 8<sup>th</sup> and 10<sup>th</sup> grade students. By providing evidence-based practices and promoting the positive changes in communities, we can build healthier communities.

#### **About the Coalition: Communities and Schools Working Together**

The North Kitsap Substance Abuse Prevention Coalition is a grassroots volunteer organization formed in November of 2013 for the purpose of mobilizing the community to prevent and reduce youth substance abuse. We work in partnership with representation from all parts of the community: youth, education, law enforcement, local government, healthcare, treatment, faith-based organizations, volunteer groups, youth organizations, parents, business, and the media to effectively support our children and youth to live substance free. In the spring of 2013 our newly formed youth prevention club at Kingston High School, assisted by the CPWI funded Prevention Interventionist, conducted a successful student social norms prevention campaign.

---

## Other Contacts

Kitsap County Youth  
Services

Laura Hyde

[lhyme@co.kitsap.wa.us](mailto:lhyme@co.kitsap.wa.us)

|  
Student Assistance Program  
Coordinator:

Michelle Dower

[mdower@oesd.wednet.edu](mailto:mdower@oesd.wednet.edu)

360-478-6893

Olympic Educational Service  
District 114

CPWI is funded by:

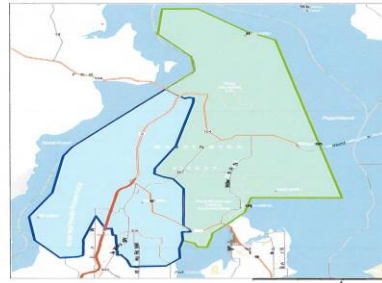


*Transforming lives*

For more information about  
CPWI visit

[http://www.dshs.wa.gov/dbhr/  
dapreventionservices.shtml](http://www.dshs.wa.gov/dbhr/dapreventionservices.shtml)

---



## About Our Community

The North Kitsap School District is located on the north end of the Kitsap peninsula in western Washington State. We are directly west of Seattle across Puget Sound, surrounded by hundreds of miles of shoreline. The district covers approximately 110 square miles and serves the communities of Poulsbo, Kingston, Suquamish, Hansville, Indianola and Port Gamble. We are home to two sovereign nations, the Port Gamble S'Klallam Tribe and the Suquamish Tribe. In addition to the two Tribes, our coalition region includes unincorporated county, and one small city, Poulsbo, WA. Our community is home to a total of six law enforcement jurisdictions, which presents unique funding, regulatory and policy challenges. The population of North Kitsap is best represented by our county data. Its population is 83.3% White, 7.2% Hispanic or Latino, 2.9% African American, 5.4% Asian, and 1.2% American Indian.

The district serves about 5,900 students with six elementary schools, two middle schools, and two high schools. The percentage of students of free and reduced lunches is approximately 34%. The largest employer is the Federal defense agency which includes Naval Base Kitsap. It is the largest active shipyard in the nation and employs over 16,000 civilians and active duty military. Our coalition is concentrating efforts to provide a web of support to North Kitsap children, youth, parents, and the community as a whole. Our greatest challenges are the use of legal marijuana & the increase in opiate use. Our greatest strength is our ability to work together effectively to solve community problems and fill gaps in services.

## About Prevention Programs in our Community

Our main goal is to decrease youth substance use.

To accomplish this task we identified priorities. A community needs and resource assessment was completed and a plan developed to increase public awareness of substance use effects and strategies to support youth. Our program provides community-wide collaboration with the schools and provides school-based intervention and prevention services. We offer topic specific prevention education including strategies to recognize and prevent youth substance use, Youth Mental Health First Aid, Retailer Education, resiliency building strategies, Strengthening Families Program and youth leadership development.