

# Prevention Programs and Practices for Youth Marijuana Use Prevention

(for DMF CPWI Enhancement Services)

**Note:** No less than 85% of DMF funds can be used to support **Evidence-Based** and **Research-Based** Programs and no more than 15% of DMF funds can be used to support **Promising Programs** from the list below.

## Evidence-Based & Research-Based Programs

- Good Behavior Game (GBG)\*
- Nurse Family Partnership (NFP)\*
- Brief Strategic Family Therapy
- Case Management in Schools\* (Communities in Schools, City Connects, and Comer School Development Program) (see note below)
- Guiding Good Choices\*
- Incredible Years\*
- Keepin it Real
- Life Skills Training - Middle School
- Lions Quest Skills for Adolescence\*
- Mentoring for students: Community-based\* (Across Ages, Big Brothers Big Sisters, The Buddy System, Career Beginnings, Sponsor-a-Scholar, and Washington State Mentors program/Mentoring Works Washington. Locally developed programs may be considered but require DBHR approval and consultation with WA Mentors.)
- Project Northland (*Class Action may be done as booster*)
- Project STAR
- SPORT Prevention Plus Wellness
- Strengthening Families Program: For Parents and Youth 10-14 (*Iowa Version*) \*

## Promising Programs

- Athletes Training & Learning to Avoid Steroids
- Communities that Care
- Coping Power
- Curriculum-Based Support Group (CBSG) Program\*
- Familias Unidas
- Positive Action\*
- Project Toward No Drug Abuse
- PROSPER
- Raising Healthy Children (*using SSDP model*)
- Strong African American Families
- Teen Intervene

## Environmental Strategies (Promising)

- Policy Review and Development
- Purchase Surveys coupled with Reward and Reminder
- Restrictions at Community Events
- Social Norms Marketing

### Notes:

- (\*)These programs are also programs with Mental Health Promotion areas of interest and outcomes as found on NREPP.
- Case management involves placing a full-time social worker or counselor in a school to help identify at-risk students' needs and connect students and families with relevant services in and outside of the K-12 system. Three such models have been evaluated and are included in this analysis: Communities in Schools, City Connects, and Comer School Development Program. In practice, each of these models includes other services, but the program evaluations focus on the impact of the case management component.
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