

Family series begins

The Chronicle

REPUBLIC — A free, seven-week series on strengthening families will begin at 5:30 p.m. Feb. 17 and continues weekly until March 31 at the Republic Elementary School, 30306 state Highway 20.

A home-style dinner will be offered from 5:30-6 p.m., followed by activities until 8 p.m.

“Strengthening Families for Parents and Youth ages 10-14 features family discussions and games, a free home-cooked dinner, weekly door prizes, and youth activities to help them prepare for teen years and avoid problems with drugs and alcohol,” spokeswoman Janine Koffel said. “Parents and caregivers will learn what youth ages 10-14 are like, how to solve problems with them, and ways

to show love and support as well as strengthen family communication.”

Koffel said youth will learn to handle frustration, resist peer pressure and get along with others.

“Together, families will have fun completing activities and playing games, solving problems together and discussing what makes each family strong.”

Free childcare for younger siblings is available with advance registration.

Navigating the pre-teen years can be a challenge for any parent, she said. Parents are often faced with busy schedules and numerous demands on their time.

Increasing substance abuse and other behavior problems among teens can strain family relationships, she said. Youth

may be frustrated by academic or social setbacks. And living in a remote community means limited resources for help.

High-risk periods for drug use among youth frequently include periods during life transitions, such as transitions between grades or schools, or when a family is split by divorce.

The event is provided by the Republic Reducing Alcohol and Drug use coalition.

Home-cooked meals are provided by the coalition community collaborators, Church of the Redeemer Episcopal Church, First Presbyterian Church of Republic, and Immaculate Conception Catholic Church, Republic Church of the Nazarene, Republic Seventh-day Adventist Church, and the Trinity Lutheran Church.

Academic honors

Okanogan High School honor roll

OKANOGAN — Okanogan High School has released its first semester honor roll for students with grade-point averages of 3.0 and higher.

Honorees are:

4.0, all A's

Seniors — Hannah Attridge, Amber Duke, Satya Kent, Nathan Linklater and Aidan O'Connor.

Junior — Clay Ashworth, Kendra Bryson, Cayden Diefenbach, Emmanuella Engle, Mistina Hartney and Anthony Klepec.

Sophomore — Rowan Bauer, Alexis Jones and Morgan Poulin.

Freshman — Jordan Marbach, Alexander Nelson, Dylan Streeter and Jillyan Taylor.

Honors, 3.5-3.99

Seniors — Benjamin Cate, Isobel Liengas, Tyler Morris, Cameron Moses, Emmy Naslund, Joseph Staggs and James Townsend.

Juniors — Erik Baker, Laura Brown, Samantha Butler, Zachary Chilcote, True Downey, Keanna Egbert, Mariah Flores, Mason Guerrette, Matthew Ladouceur, Arnulfo Mercado, Jalen Moses, Ahn Nguyen, Peyton Oules, Weibke Seeleib,

Miller, Crystal Moddison, Peter Mousseaux, Amanda Randolph, Vanessa VanderWeide and Raelee Woolschlager.

Juniors — Adrian Carrillo, Charlotte Covey, Austin Eastridge, Joe Esquivel, Arely Fonseca, Stacy Garcia, Jerin Hennigs, Charmae Lawson, Cheyenne Mair, Jesus Menchaca, Feather Monaghan, Rafael Perez, Chrissa Reeves, Natalie Soriano and Nacole Todd.

Sophomores — Emilee Beetchenow, Grace Clark, Jarah Cornelius, Cody Farmer, Dakota Fingar, Ruben Gomez, Kaira Gregory, Joshua Harris, Taylor Mair, Victor Morales-Perez, Louis Morrison-Nelson, Trysten Nelson, Marko Ornelas, Olivea Oyler, Steven Roberts, Chase Rubert, Montanna Schreder, Emily Stevens, Brandon Strader, Hailea Swayze and Artemio Torres.

Freshman — Tammi Agpalza, Faith Bent, Brady Cate, Genesis Chavarria, Rebekah Clark, Caulan Culp, Halley Davis, Isabella Hansen, Cody Hawley, Tehya Huff, Kyleigh McNeil, Layne Motes, Jay Nearents, Parker Shropshire, Hanna Smith, Anahi Torres, Tylin Tugaw and Magali Villaraldo.

Okanogan Middle School honors

Berthelson, Logan Bird, Jacob Bryson, Vanessa Cardenas, William Clark, Kaedn Daling, Bryce Dixon, Kody Erickson, Sheldon Fields, Kynadee Gavin, Brady Harvey, Laynee Hubbard, Kaitlyn Ingram, Payton Judd, Chasity Lambert, Makayla Million, Mya Moses, Anthony Olson, Abbigail Popelier, Natalee Reed, Reyna Rivera, Jarrett Smith, Maria Sturlaugson, Brooklyn Swager, Julianna Utigard and Jackson Whitley.

Sixth-graders — Sydney Bates, Piper Bauer, Quinn Cantlon, Alena Carlson, Hannah Chalmers, Addey Christmann, Riannon Clark, Bailey Cline, Carson Clough, Kyle Clough, Jordynn Cook, Makayla Duran, Gloria Escalera, Emma Freel, Crystal Harrison, Kayla Keith, Dakota Lind, Roger Mills, Hector Mota, Roselynn Olson, Corbin Peterson, McKade Peterson, Sylvanna Read, Blake Richter, Madison Shiflett, Edwin Tixta, Katelyn Torres, Kharina Torres, Kolbe Tverberg, Matthew Waggoner, Weston Wood and Emma Workman.

Honorable mention,

3.0-3.49

Eighth-graders — Felicia Allen, Adriana Andriano, Samaira Bates, Julian Cates, Chet Craigen, Agustin Garcia-Dutton, Sydnee Gavin, Martir Grooms, Dallas Heindselman

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