

Appendix D –Prevention CSAP Categories

Below is a list of CSAP strategies developed and approved by the Substance Abuse Mental Health Services Administration. These are categories that capture the work of several types of prevention programming that are utilized amongst communities to address substance use disorders by prevention providers.

Alternative Activities (Cultural Programs): Activities that involve participation by targeted groups/individuals that purposefully exclude alcohol and other substances by way of providing prosocial and healthy alternatives.	<ul style="list-style-type: none"> • Community Drop-In Centers • Community Service Activities • Drug-Free Social Recreational Activities • Mentoring Programs • Youth/Adult Leadership Activities • Other Alternative Activities • Youth Cultural Program
Community-Based Process: Providing an organized forum to enhance prevention activities by forming a group. The group organizes, plans, and implements prevention activities through this format.	<ul style="list-style-type: none"> • Community Team Building • Systematic Strategic Planning • Multi-agency Coordination n& Collaboration/Coalition • Community Prevention Coalition
Education: Activities to provide education to identified group/individuals aimed at teaching decision making skills, refusal skills, parental management skills, social skill development etc. Education activities involve two-way communication and involve an educator teaching participant's.	<ul style="list-style-type: none"> • Ongoing Classroom &/or Small Group Sessions • Parenting & Family Management • Peer Leader/Helper Programs • Preschool ATOD Prevention Programs • Other Education Activities • Traditional Teaching
Environmental: Establish or change community attitudes, norms, and policies that can influence substance use occurrence within the community.	<ul style="list-style-type: none"> • Modifying Marijuana Practices • Promoting Establishment/Review of School/Workplace • Marijuana Policies • Public Policy Efforts • Social Marketing Campaign • Social Norms Campaign
Information Dissemination: Provide information about drug use, misuse, and abuse, effects of substance use on individuals. Provide information on prevention related programs and resources available.	<ul style="list-style-type: none"> • Brochures, Fact Sheets, Newsletters & Handouts • Information Resource Centers • Health Fairs, Other Health Promotion • Information Lines/Hotlines • Media Campaign • Radio & TV Public Service Announcements • Speaking Engagements
Problem Identification and Referral: Identify individuals with misuse/abuse of substances in order to provide interventions	<ul style="list-style-type: none"> • DUI Education Programs • Employee Assistant Programs • Student Assistant Programs

Request for Applications – Tribal Dedicated Marijuana Account Youth Prevention and/or Treatment Projects 18/19-005

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that can deter those individuals of continued misuse through education and motivation strategies.	
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Resources:

Colorado and CSAP Primary Prevention Strategy Definitions. Division of Behavioral Health. (2010). *Efforts to Outcomes (ETO) Data Collection Resource: IOM Classifications*.

Delaware Health and Social Services. (ND). *Prevention Definitions and Strategies*.

<http://www.dhss.delaware.gov/dsamh/files/pds.pdf>

Substance Abuse and Mental Health Services Administration, Center of Substance Abuse Prevention, Division of Knowledge Development and Evaluation. (2001). *Principles of Substance Abuse Prevention*. (DHHS Publication No. (SMA) 01-3507). Rockville, MD.

<http://www.theathenaforum.org/sites/default/files/CSAP%20Principles%20of%20Substance%20Abuse%20Prevention.pdf>