

Prevention Redesign Initiative: Cohort 1 & 2 Meeting Notes
 Date: December 1, 2011
 Next Meeting Date: January 5, 2012

ATTENDEES

Attendee	Agency	Attendee	Agency	Attendee	Agency
Linda Becker	DBHR	Tricia Hughes	ESD 101	Edie Borgman	Adams County
Stephanie Atherton	DBHR			Carrie Gurgel	Asotin County
Steve Smothers	DBHR	Susan Martin	ESD 105	Joel Chavez	Benton/Franklin Counties
Cristal Connelly	DBHR	Cathy Kelley	ESD 105	Teresa Bell	Benton/Franklin Counties
Julia Greeson	DBHR	Deb Drandoff	ESD 112	Renee Hunter	Chelan/Douglas Counties
Aaron Starks	DBHR	Sandy Mathewson	ESD 112		
Deb Schnellman	DBHR	Erin Riffe	ESD 113	DeDe Sieler/Colleen Wato	Clark County
Scott Waller	DBHR	Michelle Dower/Ann Burns/Jill Dole	ESD 114	Tiffany Schwieterman	
Elizabeth Speaker	DBHR	Dan Bissonnette/Kim Beeson	Puget Sound ESD/121	Jude Anderson	Clallam County
Ivon Urquilla	DBHR	Diane Shepherd	ESD 123	Kelly Matlock	Jefferson County
Sarah Mariani	DBHR	Mike Lynch/Carolyn Pence	N. Central ESD/171	Sharon Toquinto/Carol Jernigan/Jackie Berganio	King County
		Maureen Stanton	ESD 189	Randy Beaulieu	King County
Dixie Grunenfelder	OSPI			Melanie Hopkins	Kittitas County
				Darren Mattozzi	Lincoln County
				Andi Ervin	Okanogan County
				Megan Azzano	Okanogan County
				Katie Lindstrom/Monica Younger	Pacific County
				Renee Tinder/Hae Man Song	Pierce County
				Joe Neigel/Mary Wysocki	Snohomish County
				Alan Zeuge	Spokane County
				Joe Avalos/Tim Stampfli	Thurston/Mason Counties
				Joe Fuller	Whatcom County
				Sigrid Gaugher	Whitman County
				Nancy Fiander	Yakima/White Swan

Topics/Decisions	Questions/Discussion
Introductions	DBHR: Elizabeth Speaker has been hired as a prevention systems coordinator – she will assist with designing the strategic plan for PRI.
Cohort 1 – Roles Clarification	<p><u>What is the P/EI Role? How is this working?</u></p> <ul style="list-style-type: none"> • They are to be active members of the coalition. • Primary role is to screen, refer, run group sessions for intervention, work with families. • Participate in PRI community activities. • For some it is business as usual, for others there are new duties, depending on size of student body. • ESD 105 contracts with treatment centers for PE/I. They were already doing a cash-match prior to PRI. • White Swan already had a SPF SIG project so had relationships established. Darleen Cash is the PE/I. She attends coalition meetings, using Project Success model, works closely with school principal. Darleen: Completed Project Success last month – sessions were everyday. New one starts on Dec 6 – has 7 groups – works elementary to high school. Was voted in as co-chair of the coalition. Has a group of kids called “DreamMakers” who help other students. They will go to the CADCA conference in Feb. Resource Management Team is a student staffing team that meets weekly. • Dan Bissonnette: Works with 4 PRI communities. The cash-match was negotiated and is not an issue any longer in any of the four communities. All communities have DFC grants and already had coalitions. They meet regularly to learn from each other. All four sites follow the SAP model and PEIs were trained in Project Success. In Franklin-Pierce, PIs are members of the coalition and the core workgroup. Orting: 2 P/EIs are job sharing and both are members of the coalition and chairing youth leadership sub-committee.
	<p>Prevention education series is underway. Central Seattle: member of coalition but not yet up to speed with involvement in the coalition. Prevention Education series will start in Jan. Vashon: member of coalition and planning workgroup and doing PEd series, and Project Success is underway.</p> <ul style="list-style-type: none"> • DBHR: Is there an interest in coalition training? Dan B: yes, coalition training would be valuable. The relationship with the counties and the prev coord has been a regular, positive relationship. Have talked a lot with RMC and PBPS – Dan wants to be trained in PBPS. Cathy Kelley: training would be valuable. • What kinds of issues do people need to be trained in? Introduction to Communities that Care model, overview of purpose and mission of coalitions, new language. Some PE/I’s have never worked with a coalition. • Edie B: It would be helpful to have a common language, and to have coordinators hear the same presentation as the PE/I’s. • Linda Becker: Suggested we get the outline of the training and send it to PRI Cohort to see what typically is covered in the training. <p><u>What is the ESDs Role?</u></p> <ul style="list-style-type: none"> • They’ve been pretty involved as we have started up. Their role will be less as time goes on.

- Nancy F: With the DFC year-one done, we will be doing coalition training and can share how we do the training. The ESD in this community continues to be involved in the coalition.
- Diane: In the beginning we were more involved with Othello, as they have a long-standing coalition. We are staying directly involved in Pasco since it's a new coalition, and will work with Teresa to help establish the coalition.
- Maureen: I go to all four coalition meetings every month.

What is the county's role?

- Joe Fuller: Our coalition has been around for a while – sustainability is on the front burner. We have ½ of one-percent funding but need to continue to find more funding. We are looking at training opportunities for members, planning a retreat for coalition members, getting lots of community feedback about trends. It's been great to have Maureen's expertise.
- Joe Niegel: Maureen has been very valuable. Over the last 12 months the challenge has been being a govt representative, and not being accepted as a community member. Working on building relationships, and tempering good intentions with research and doing what is known to be effective, laying foundations for a meaningful coalition experience.
- King: Four of our two coalitions we have had a slow start. It's a learning process as a county person. We are trying to make sure the coalitions have the resources they need. We are enhancing what is being done at the Vashon middle school with prevention education, looking at their strategic plan and helping them to update it. Trying to figure out titles for each of our roles.
- Pierce: It is a challenge to separate our county role from our community coordinator role. Balancing act of helping and getting involved, but not taking over.
- Randy, Central Seattle Coordinator: We have strategies, and the coalition wonders if we need help from the county on updating them. This is not an immediate concern for us – we can update our strategies at any time.
- Renee Hunter: I play a dual role – a little of the county role and a little of the community coordinator. Our coalition was a SPF-SIG community. With PRI it's more environmental and policy issues, so it's a bit of a challenge to get the coalition to change direction. Our meetings are held at the schools so this helps bridge the relationships. We have a very active youth coalition – I'm not sure if I can ask the PI to help with getting them involved in PRI. Who do I ask? This should be the coalition's decision. OSPI: youth groups are an important component of Project Success, but need to discuss whether there will be staffing/time issues with direct services.
- Megan Azzano: We are actively collaborating on data sources with our PI to figure out what to report to the coalition. We have a DFC grant that I coordinate, along with being the community coordinator for PRI, and county coordinator.
- Teresa Bell: There is sometimes some conflict among roles. The coordinator role is really about building relationships with the community at large and within the coalition. The county position is more focused on PBPS reporting and other DBHR requirements. Tommy Otis is our new PEI. He has been a big part of a recent, successful school event, where he got to meet local providers and family members. His school is

about 1,000 students with a large percentage who are English language learners.

What is the coalition coordinator role?

- When we talk about the coordinator, we are talking about the community coordinator. In some counties there are already community coordinators there who are managing DFC grants. When the county employee says they are the community coordinator, this can be confusing.
- DBHR suggests choosing another title for county staff. DBHR wants to have direct contact with the actual community coordinators.
- Some of the larger counties like King have had several discussion about this. King thinks a better title may be PRI project coordinator (who is the liaison between DBHR and the coalition). Jackie: we are not funding the DFC coordinator with PRI funds, so concerned about direct contact with DBHR. The county staff are trained to keep in close contact with the community coordinators.
- DBHR: It is mostly during our monthly meetings that we want to have community coordinators present. Eventually, we will not need as many DBHR meetings. We need the community coordinator to follow the PRI guidelines, regardless of who their funding source is.
- King County/Jackie: I try to make sure the community coordinators are following the guidelines, but will need to have a discussion with them about attending the DBHR meetings.
- Pierce/Hae Man: Coalition members are confused about roles and some still ask what is PRI? What might help for Orting is if the coalition members understood more about PRI, and how their involvement helps with this project. It would be helpful if DBHR came out and did a presentation on PRI.
- DBHR/Linda B: It may help all of us if we went back to basics and discussed what the fundamental approach is for PRI. A comprehensive community-based strategy includes a coalition, but this is only one part of it. A P/EI specialist is important, school-based programs, strategies that involve families, other domains. We will be collecting pre and post data, as well as data about the coalition process. We want to find out if we can make significant changes through implementing a comprehensive, community-wide strategy, across many domains.
- Hae Man: Getting all the players at the same table, with coalition members not being paid, is an issue.
- Randy: We have multiple coalitions, community agencies, churches, hospitals in our community. Local conditions and what you have there already can differ and need to be part of an ongoing discussion.
- Diane S: We've had coalitions for a long time. They have had all the sectors represented, but there is an ebb and flow with economic situations. We may need to identify those who have had lots of experience with coalitions, what changes they had to deal with over time, and what we can learn from them.
- Randy: My community has 3,000 students so one P/EI may not be enough to see change, compared to communities that have one P/EI for 1,000 students.
- Aaron Stark shared sector reports. Cohorts need detailed instruction on setting up access for online coalition surveys.

Environmental Prevention Applications – Scott Waller/DBHR

The application packet went out Nov 21. Due date is Dec 14. We will score applications based on readiness to participate. In early January we will announce which communities will be involved. Call Scott if you have questions. Question: Didn't DBHR say there would be a pool of applicants that would then be randomly selected? Scott: We

	<p>need to fund communities that can begin working immediately with Dr. Holder, as there is a short time frame.</p>
<p>SPE Grant – Sarah Mariani/DBHR</p>	<p>You should have all received an email before the Prevention Summit asking for interest in an SPE project. We have received responses for Part A (involving a primary care rep on your coalition) and B (\$23,000 available for a collaborative project with primary care). The RFP letter is out – let Sarah know right away if you did not receive it – this was sent out from our contracts office. Key dates: Dec 5 to submit questions to the DBHR contracts office – Sandra Elliott. Dec 7: Answers to questions will be distributed. Dec 21: proposals due by 8pm. DBHR will announce proposals selected within one week after due date.</p>
<p>Budget Update</p>	<ul style="list-style-type: none"> • A \$40 million budget cut to state-funded treatment is proposed. We don't know yet how prevention will be affected. So far, the federal government is not proposing a significant decrease for prevention. For the Block Grant, the House has proposed a reduction. For the Enforcing Underage Drinking Laws grant, budget was cut from \$20 million to \$7 million – we are looking at having only a quarter of the funding we have now. Community Mobilization and the Family Policy Council are still zeroed out in the Governor's Budget. For DBHR, prevention is currently 25% of the block grant, but based on the treatment cuts, this may go down to 20%. DBHR has a waiver from the feds for matching the block grant with state funds. • OSPI: For PEI we have federal block grant funding. There has been substantial cuts to basic education funding, and to student support funding, like Readiness to Learn. On Dec 8th there is a work session on the privatization of liquor sales about implementing the bill. • Healthy Youth Survey Funding: We do have funding as of right now and have a contractor in place. This would fund the state sample and the individual schools. • Youth Suicide Prevention Program – Is this zeroed out in the Governor's Budget? Dixie will find out. • Is there any chance that the legislators will look at taking out the proviso for shifting funding in county budgets? DBHR has not heard about this being removed. • DBHR: As we move forward with PRI, we recommend that DFC representatives be on board for their insight to the process. We have asked the Coalition of Coalitions (COC) to be part of PRI discussions. Randy B. is now the co-chair of the COC. He and Steve Smothers will talk. • Melanie/Yakima: Re Proviso: I'm not sure how this affects funding distribution. DBHR: A proviso came out two sessions ago that the funding formula we have now with counties can't be changed until the proviso ends. A few counties approached legislators about implementing this proviso, which then affected all counties.
<p>Cohort 2 Updates on Community Selection Process</p>	<ul style="list-style-type: none"> • In Yakima Cohort 2 received data books. People have been looking at the data to decide which community to select. Is there any feedback about decisions so far? Questions? • 101: Our highest risk school district is Spokane SD with a population of 4,800. The Spokane Regional Health District is working with us to help identify at least three distinct communities. • Asotin: Our human services board has agreed to be our core workgroup. We have not yet identified a school district but know which community. • Whitman: Most of our services are based in Pullman. • Lincoln: We will be meeting with the ESD next Fri to go over our data. • 105: We've been meeting with our prevention manager and the ESD. We only have one community that is above 50 percent and want to know where the data came from since the sample was so small for the Thorp

	<p>SD. It is census data? We want to look at a community that is below 50% and will talk with our school districts. Will follow up with Linda Becker.</p> <ul style="list-style-type: none"> • Yakima: We've met with our advisory groups about the data and are in the process of choosing between four communities. We still have 8 communities above 90%. • 112: We've met as a group and the obvious choice was the Stevenson/Carson SD. • 114: One of our communities has emerged above the 50th risk percentile. We are still looking at data and making sure important partners are on board with our focus. Going well with ESD partner. Kitsap Co has the option of looking at a second community? If so, is there some way to get a formal notification of this? DBHR: yes, Kitsap is expected to bring in two communities, but it is not required until C-3. Steve will send something to Mary Ellen. • Clallam: We are getting started with reviewing the data. We will know more in January. • Puget Sound ESD: With Sumner, they are not a DFC coalition but are a well-functioning coalition. We are looking at developing a core group in January. They sent two members to CADCA. • King: Planning to bring in two more communities and will do a competitive process. Will work with our ESD to develop the RFP. • 171: We have two remaining counties. Douglas looks like it will be C-3, so we are focusing on Grant County. We will have our selection by the end of December. • 189: We have selected a community and school and they have agreed to the match. • DBHR: There is a formal community selection packet that is being updated and will be sent out to you by next Monday. This will need to be completed and sent back to DBHR for approval.
<p>Cash Match for Prevention/Intervention Services</p>	<ul style="list-style-type: none"> • OSPI: Cohort 2 is better prepared because you are having these conversations early in the process. • Q: Has OSPI thought about the cash match for next year if the school can't do it? A: No one can guarantee what the funding will be a year from now. A contingency plan for funding should be discussed with all involved. The match does not have to come from the school district – treatment agencies have helped with this for C-1. • If anyone wants to be on the sustainability committee with DBHR, let Steve or Ivon know. • Diane: Cash/In Kind combination...money will be a bigger issue next year for schools and some communities. • Dixie: Right now the OSPI funding is to pay for 80% of the program. In the past, districts would cover the match through SDFS funding, or from other budgets. If the ESD can take in-kind contributions, this is a good option. • Q: What will auditors be looking for in documenting in-kind match? A: When you fill out your PEI application that goes to Dixie, the budget worksheet has a place to document this.
<p>Training/Timelines: Scott Waller</p>	<ul style="list-style-type: none"> • March 31: Community selections are due, but you can let us know as soon as you have it. • April 1: Think of this as the beginning of your time line, with Key Leader Orientations (KLO) to PRI. We have developed two trainings: one for communities that have new coalitions, and one for existing coalitions. Begin the process by contacting your DBHR prevention system manager. We want to tailor trainings to your needs. • KLO: For those currently registered on the Athena Forum website, you can see the trainings available. Be sure to register on Athena – email Scott re: how to register and get information about how to use the

	<p>website: Scott.Waller@dshs.wa.gov.</p> <ul style="list-style-type: none"> • Substance Abuse Prevention Specialists Training: This is a required, four-day training which gives an important overview of prevention theory (see dates on website). • DBHR will come on-site and work with you on getting started, if desired, on needs assessment. • Other required trainings: The annual All Provider Meeting and Prevention Summit. • Are there strategic planning guidelines available? Yes, they are on Athena Forum. On the home page there are also guides for the task categories.
	<p>Questions: What's the process for notifying DBHR of our community selection? A: Steve Smothers will send out the notification packet by Monday.</p>
<p>Process Evaluation-Linda</p>	<p>We are in the middle of a new community selection process, and people are working with coalitions and taking surveys, so it's time to do another process evaluation for PRI. Let Linda know if you have any ideas for this, how it has been going, and suggestions for the survey. Last time we were able to get results out from the surveys within a couple of weeks. Linda.Becker@dshs.wa.gov.</p>
<p>End of meeting</p>	