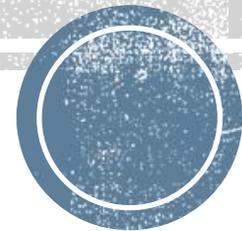


Readiness Building in the Quilteute Community

Preparing to Implement the Incredible Years Program

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Quileute Prevention Program

- What do we do?
 - Say it Straight
 - Safe Dates
 - Canoe Journey
 - Drum Group
 - Wellness Court
 - Road to Wellness
 - ...
- Funding Sources
 - State DBHR, MHPP, DMA
 - DOJ - New Beginnings



Family Programs and Parenting Classes at Quileute

- Strengthening Families and Guiding Good Choices
 - Staff trained, but hard to get families to attend
 - Parents wanting something for their younger children
- BabyFACE Program
 - Grant ended in 2016, which decreased access to early childhood and home visiting program
 - Parents who loved the program wanted something for their older children
- Positive Indian Parenting
 - Historically, a high level of court-ordered participation created a negative connotation
- Youth and Family Intervention
 - Family Fun Nights => Family Fun Packs - High participation, but hard to track real results



Marijuana is Legal – Now What?

More Prevention Funding!!

- We were excited for the opportunity to increase prevention services.
- We don't necessarily like choosing from a list of interventions, but it was exciting to see a parenting class that would work in Native communities and would reach our target age group, the 6-11 year olds, our other classes were missing.
- Funding came out late - so we barely had enough time to get it through the internal budget process to buy supplies. DBHR helped with extra funding to contract for training.



Incredible Years

- Why?
 - It fit our target age group
 - We had lots of interventions and supports for birth to five and teens, but hardly anything for school-aged children
 - There are lots of opportunities to expand and add more Incredible Years' trainings
 - Multiple learning approaches - video, discussion, workbook, interactive play
 - We could finally afford it!



Partnerships

- One of the things we do best is collaborate. We do it so well that people can't even tell it's happening.
- We knew we wanted training right away, and DBHR took care of the training contract with the Incredible Years trainer
- With extra DBHR funding for a trainer, we expanded the first training and invited every partner we could think of.
 - Quileute, Hoh, Makah, Lower Elwha, Forks, Clallam Bay
 - With very short notice and a high commitment level, we had thirteen people trained as leaders in the School Age Basic Workshop



How did we pull it off?

...we're still not sure.

- It was hectic!
- We invited everyone we could think of!
- We partnered with TANF, Head Start, Child Care, Quillayute Valley School District, and Prevention to get enough leaders trained to hold classes in La Push/Forks
- We ordered supplies, used a local printer for workbooks, ordered meals from local businesses, purchased all the toys for the sessions/training, and utilized the Tribe's newest property purchase, the Kit'la, to hold the training
- DBHR helped with getting the contract for the trainer, which would have been the hardest process for us to complete internally in such a short time



How did it go?

- The trainer was well prepared, very flexible, and knowledgeable
- The space worked... even though there were internal transitions happening, we had all we needed
- Staff who were trained came back really excited to get started
- Other participants were thankful that training was available



Now What?

- We're still working on it...
 - To meet the shortfall in birth to five programming, we have also partnered internally to train leaders for the Baby and Toddler program
 - We've spent this year preparing, training, and recruiting
- It's been hard...
 - Not a lot of parents have time or want to make time to attend a "parenting class"
 - There is a negative stigma around going to any formal parenting class or training
- We've gotten creative...
 - Summer Kick Off recruitment - Parents' Night Out



Seamless Services

- All things human from the beginning to the end...
 - We want to provide services, including prevention services, from conception to end of life for every community member
- It takes partnerships and constant reassessment
 - We develop hidden interventions
 - We track what works and what doesn't
 - We brainstorm new ideas
 - We recycle and reinvent old ones
 - We learn from our mistakes
 - We aren't afraid to make more
 - We work together



Questions?

