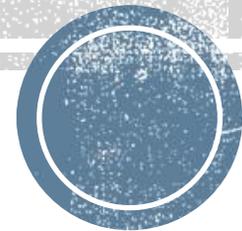


# Readiness Building in the Quilteute Community

Preparing to Implement the Incredible Years Program

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# Quileute Prevention Program

- What do we do?
  - Say it Straight
  - Safe Dates
  - Canoe Journey
  - Drum Group
  - Wellness Court
  - Road to Wellness
  - ...
- Funding Sources
  - State DBHR, MHPP, DMA
  - DOJ - New Beginnings



# Family Programs and Parenting Classes at Quileute

- Strengthening Families and Guiding Good Choices
  - Staff trained, but hard to get families to attend
  - Parents wanting something for their younger children
- BabyFACE Program
  - Grant ended in 2016, which decreased access to early childhood and home visiting program
  - Parents who loved the program wanted something for their older children
- Positive Indian Parenting
  - Historically, a high level of court-ordered participation created a negative connotation
- Youth and Family Intervention
  - Family Fun Nights => Family Fun Packs - High participation, but hard to track real results



# Marijuana is Legal – Now What?

## More Prevention Funding!!

- We were excited for the opportunity to increase prevention services.
- We don't necessarily like choosing from a list of interventions, but it was exciting to see a parenting class that would work in Native communities and would reach our target age group, the 6-11 year olds, our other classes were missing.
- Funding came out late - so we barely had enough time to get it through the internal budget process to buy supplies. DBHR helped with extra funding to contract for training.



# Incredible Years

- Why?
  - It fit our target age group
    - We had lots of interventions and supports for birth to five and teens, but hardly anything for school-aged children
  - There are lots of opportunities to expand and add more Incredible Years' trainings
  - Multiple learning approaches - video, discussion, workbook, interactive play
  - We could finally afford it!



# Partnerships

- One of the things we do best is collaborate. We do it so well that people can't even tell it's happening.
- We knew we wanted training right away, and DBHR took care of the training contract with the Incredible Years trainer
- With extra DBHR funding for a trainer, we expanded the first training and invited every partner we could think of.
  - Quileute, Hoh, Makah, Lower Elwha, Forks, Clallam Bay
  - With very short notice and a high commitment level, we had thirteen people trained as leaders in the School Age Basic Workshop



# How did we pull it off?

...we're still not sure.

- It was hectic!
- We invited everyone we could think of!
- We partnered with TANF, Head Start, Child Care, Quillayute Valley School District, and Prevention to get enough leaders trained to hold classes in La Push/Forks
- We ordered supplies, used a local printer for workbooks, ordered meals from local businesses, purchased all the toys for the sessions/training, and utilized the Tribe's newest property purchase, the Kit'la, to hold the training
- DBHR helped with getting the contract for the trainer, which would have been the hardest process for us to complete internally in such a short time



# How did it go?

- The trainer was well prepared, very flexible, and knowledgeable
- The space worked... even though there were internal transitions happening, we had all we needed
- Staff who were trained came back really excited to get started
- Other participants were thankful that training was available



# Now What?

- We're still working on it...
  - To meet the shortfall in birth to five programming, we have also partnered internally to train leaders for the Baby and Toddler program
  - We've spent this year preparing, training, and recruiting
- It's been hard...
  - Not a lot of parents have time or want to make time to attend a "parenting class"
  - There is a negative stigma around going to any formal parenting class or training
- We've gotten creative...
  - Summer Kick Off recruitment - Parents' Night Out



# Seamless Services

- All things human from the beginning to the end...
  - We want to provide services, including prevention services, from conception to end of life for every community member
- It takes partnerships and constant reassessment
  - We develop hidden interventions
  - We track what works and what doesn't
  - We brainstorm new ideas
  - We recycle and reinvent old ones
  - We learn from our mistakes
  - We aren't afraid to make more
  - We work together



# Questions?

