

# Community Prevention & Wellness Initiative

Partners for Healthy Communities

## Coalition Mission

The mission of San Juan Island Prevention Coalition is to reduce substance abuse by youth and to create a community culture supporting healthy choices and responsible behaviors by youth and adults.



## Coalition Coordinator

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*CADCA Training Coalition team*

## San Juan Island Prevention Coalition

### Friday Harbor, WA



## About the Community Prevention and Wellness Initiative (CPWI)

CPWI is a partnership of state agencies, counties, schools and local prevention coalitions supporting communities in preventing alcohol and other drug abuse and its negative consequences. CPWI priorities include reducing underage drinking, marijuana use and opioid misuse/abuse among middle and high school aged youth. By providing evidence-based practices and promoting the positive changes in communities, we can build healthier communities.

## About the Coalition: Communities & Schools Working Together

San Juan Island Prevention Coalition (SJIPC) was founded in 2002 following a series of fatal alcohol-related motor vehicle crashes on the island. CPWI carries forward the vision, mission, and work of the community coalition to save lives by increasing healthy behaviors through protective factors while decreasing risk factors in individuals, families, schools, and the communities.

Since 2003, SJIPC has engaged multiple community members and organizations representing youth in both public and private schools, parents, businesses, non-profits, churches, law enforcement, government, youth-serving organizations, the media, and health and medical providers, both primary care and mental health or chemical dependency treatment. The coalition has grown from the original 12 members to over 45 active members.

CPWI continues to strengthen the island's prevention capacity while also providing great influence on county-wide prevention initiatives. SJIPC initially received a Drug Free Communities Support Program grant from the Office of National Drug Control and Policy and the support of the Substance Abuse and Mental Health Services Administration from 2004 - 2014. The ten years of federal support grew the coalition to a high level of capacity that reflects the involvement of youth and adult leaders and members on a local, county, regional, state and federal level.



## About Our Community

With 8,000 year round residents, the community of San Juan Island is the most populated rural island off the northwest Pacific Coast. Islanders can see Canada from the rocky shores and mountain tops. The many coves and beaches of the island have a history of serving as a transfer point in smuggling wool and opium from Canada in the 19th century, then liquor and drugs in the 20th century. Islanders continue to be diligent in "keeping drugs off the island."

SJIPC continues to manage and encourage the use of the medication drop boxes located at the local pharmacy and the Sheriff's Office.

San Juan Island has noted an increase of youth depression and anxiety. A concerted effort continues to provide a range of prevention and intervention services to youth and their families.

## About Prevention Programs in our Community

### Goals include:

- Increase community connectedness
- Reduce favorable attitudes toward alcohol and drug use among youth
- Decrease community laws and norms favorable to youth use of alcohol and marijuana.
- Increase family management skills

### Strategies and Programs include:

- The continued collaboration and work of the coalition
- Project SUCCESS in San Juan Island School District
- LifeSkills Training in Friday Harbor Middle Elementary School
- Second Step in Friday Harbor Elementary School
- Strengthening Families Program for Parents and Youth
- Underage Use Prevention Public Awareness Campaigns

Results are measured by the Washington State Healthy Youth Survey, the annual Community Survey, and program evaluations. Results are reported at coalition meetings, key leader events, and community meetings.

## Other Contacts

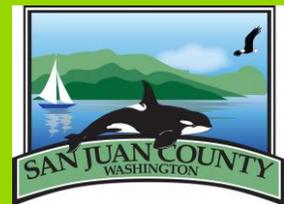


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## CPWI is funded by

Washington State  
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For more information  
about CPWI visit

[www.TheAthenaForum.org](http://www.TheAthenaForum.org)