

Community Prevention & Wellness Initiative

Partners for Healthy Communities

Coalition Mission

Cascade Prevention Coalition is a sustaining community-based effort to promote substance abuse prevention, healthy activities, and safe environments for our youth.



Cascade Prevention Coalition

Coalition Coordinator

McKenzie Knowlden

Community Coalition Coordinator

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coalitioncoordinator@youthserviceskc.org

McKenzie earned her B.S. in Public Health from Central Washington University in 2018. She has experience with prevention programming and health and safety intervention in the university, county and non-profit sectors all within Kittitas County. She has begun her work implementing CPWI for Youth Services Mentor Program of Kittitas County, who has taken over the Upper County Coalition from KCPHD as of August 2020.

Cascade Prevention Coalition

Upper Kittitas County (UKC)



About the Community Prevention and Wellness Initiative (CPWI)

CPWI is a partnership of state agencies, counties, schools and local prevention coalitions supporting communities in preventing alcohol and other drug abuse and its negative consequences. CPWI priorities include reducing underage drinking, marijuana use and opioid misuse/abuse among middle and high school aged youth. By providing evidence-based practices and promoting the positive changes in communities, we can build healthier communities.

About the Coalition: Communities & Schools Working Together

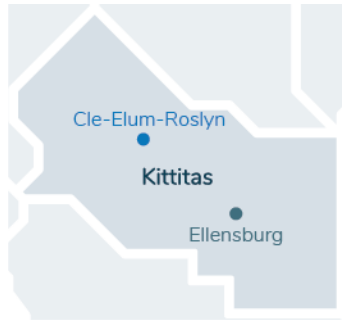
The Cascade Prevention Coalition was founded in 2011. Since that time many UKC key leaders and volunteers have become members and work hard to make a difference in our community.

Over the past year the coalition has revised the school Athletic and Activities Code, provided parenting programs, and supported the development of a Youth Coalition Team.

The Cascade Prevention Coalition (CPC) represents schools, law enforcement, public health, youth-serving organizations, mental health providers, civic organizations, city and county government, parents, and youth from our community.

The communities of Cle Elum, Ronald, Roslyn and South Cle Elum are passionate about supporting youth, taking care of their community and upholding cultural traditions. CPC has the privilege of working with the people of these communities to develop protective factors and strengthen prevention for their youth.

The Coalition is in need of more parents to help with educational presentations and programs. Contact coalition coordinator for more information!



About Our Community

The communities of Cle Elum, Ronald, Roslyn and South Cle Elum are located in rural Upper Kittitas County.

Cle Elum means “Swift Water” in the language of the Kittitas Indians. Coal was first noted in Roslyn in 1883. Many UKC residents are descendants of immigrants from Europe who settled here to work in the mines.

General Statistics

- Population: 8,995
- Ethnic Diversity:
 - 95% Caucasian
 - 4% Hispanic
 - 3% Multi-racial
 - 1% Asian
 - 1% Indigenous American
- Median Income: \$51,139 (2019)

Underage drinking and a low perception of risk are a problem in Cle Elum and Roslyn, 34% of 8th-10th graders say that they do not think regular marijuana use is risky and 35% of 8th-10th graders say that they do not think regular alcohol use is risky. 49% of 8th-10th graders have friends that have tried alcohol and 42% of 8th-10th graders have friends that have tried marijuana. (Data utilized from Cle Elum-Roslyn Community Needs Assessment, April 2020)

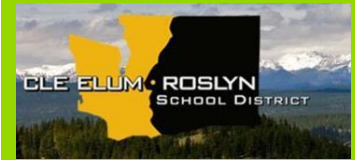
About Prevention Programs in our Community

CPC’s goals are to increase prevention leadership in UKC, reduce alcohol and marijuana availability to youth, increase consistent enforcement of policies/regulations related to underage drinking and drug use, decrease the number of friends who use, and increase positive family management practices. CPC seeks to increase community collaboration and youth bonding.

It supports Parenting the Love and Logic Way and Start Talking Now.

CPC also conducts an annual community survey, and key informant interviews to gather data about community change. It also supports the Healthy Youth Survey which provides a youth perspective on community problems and attitudes.

Other Contacts



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CPWI is funded by

Washington State
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For more information
about CPWI visit

www.TheAthenaForum.org