

Community Prevention Wellness Initiative Cohort 7 Training Plan October – December 2021

Meeting Date and Title	Training Objectives	Topics	Reference Materials
<p>Session 1: Thursday, October 7, 2021; 9 AM – Noon Introduction to CPWI and the Positive Impact of Coalitions: Getting Started</p>	<ol style="list-style-type: none"> Increase understanding of CPWI system Increase knowledge of prevention science basics Increase ability to develop coalition infrastructure 	<p>Introducing:</p> <ul style="list-style-type: none"> CPWI foundations: purpose, background, history, Cohort 7 timeline Strategic Prevention Framework (SPF) theory and application in community coalition building Risk and Protective Factor framework for prevention initiatives (see post-reading videos) First steps in coalition organizational development 	<p>Suggested pre-reading:</p> <ul style="list-style-type: none"> CPWI Community Coalition Guide Athena Forum Coalition Coordinator Welcome Site HHS Office of Minority Health ThinkCulturalHealth Website <p>Post-reading:</p> <ul style="list-style-type: none"> Prevention Science (video) The Science of Risk Factors (video) The Prevention Paradox (video) US Surgeon General’s Report Chapter 3: Prevention Programs and Policies
<p>Session 2: Thursday, October 14, 2021; 10 AM – Noon Getting Started and Building Capacity for Your Coalition: Next Steps</p>	<ol style="list-style-type: none"> Increase knowledge of resources and strategies to increase diversity and cultural competence in community outreach/coalition development Increase ability to facilitate first two stages of the Strategic Prevention Framework: Getting Started and Capacity Building Increase ability to guide CPWI coalition processes and actions 	<p>Preparing for Coalition Coordinator role and responsibilities:</p> <ul style="list-style-type: none"> Explore the focus on cultural competence and sustainability in each stage of the Strategic Prevention Framework Introduce theory and application of first two stages of the SPF – Organizational Development (Getting Started) and Capacity Building Identify strategies to facilitate first two stages of the SPF including holding action-based meetings, effective coalition management, and facilitating core outreach, communications, and training strategies 	<p>Suggested pre-reading:</p> <ul style="list-style-type: none"> CADCA Capacity Building Primer CPWI Community Coalition Guide Chapter 3 <p>Stakeholder Analysis Resources:</p> <ul style="list-style-type: none"> Tips for Healthy Collaboration Identifying New Partners For more readings and tools on collaborating and engaging with stakeholders, please click here <p>Post-reading:</p> <ul style="list-style-type: none"> HHS Office of Minority Health Improving Cultural Competence for Behavioral Health Professionals Training The Six Elements of Effective Coalitions

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<p>Session 3: Thursday, October 21, 2021; 10 AM – Noon <i>Coalition Development within the Framework of Strategic Planning</i></p>	<ol style="list-style-type: none"> 1. Increase ability to align coalition development with simultaneous strategic planning process 2. Increase knowledge of resources and methods to engage potential new members and partners in coalition work including strategic planning 3. Increase knowledge of assessment basics 	<p>Connecting coalition development with strategic planning:</p> <ul style="list-style-type: none"> • Discuss strategic planning as the vehicle to move the coalition forward – its purpose, processes, resources, and template • Review strategic planning template • Identify effective documentation methods throughout the strategic plan • Introduce assessment basics 	<p>Suggested pre-reading and ongoing resource:</p> <ul style="list-style-type: none"> • CPWI Strategic Planning Resources Guide • CADCA Community Coalitions Handbook-Primer
<p>Session 4: Thursday, October 28, 2021; 9 AM – Noon <i>Introduction to Community Assessment Processes: Understanding and Analyzing Data</i> <i>Guest Trainers: Sandy Salivaras-Bodner, Miranda Pollock, and Tyler Watson</i></p>	<ol style="list-style-type: none"> 1. Increase knowledge of community assessment data sources with focus on data book 2. Increase knowledge of qualitative data sources and use in assessment processes 3. Increase ability to use data to tell the community’s story 	<p>Using assessment resources and tools:</p> <ul style="list-style-type: none"> • Discuss data books, including social indicator data, Healthy Youth Survey data, and other quantifiable data • Review methods to add depth to assessment process through qualitative data 	<p>Suggested pre-reading:</p> <ul style="list-style-type: none"> • CADCA Assessment Primer
<p>Session 5: Thursday, November 4, 2021; 10 AM – Noon <i>Part II Community Assessment Processes: Using Data to tell the Story and Integration with Strategic Planning</i></p>	<ol style="list-style-type: none"> 1. Increase ability to use data effectively to understand and prioritize community issues and strengths 2. Increase ability to document assessment processes, results, and proposed actions in strategic plan 	<p>Conducting assessment processes:</p> <ul style="list-style-type: none"> • Discuss how to guide a coalition through assessment and planning stages of the Strategic Prevention Framework • Explore how to use assessment processes to increase culturally sensitive outreach and engagement • Review needs and resources assessment timing, coalition involvement, methods, and data sources • Identify how to document assessment processes, results, and proposed actions in strategic plan 	<p>Suggested pre-reading:</p> <ul style="list-style-type: none"> • Chapter 3, CPWI Community Coalition Guide

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<p>Session 6: Wednesday, November 10, 2021; 10 AM – Noon From Assessment to Planning: Connecting Goals and Objectives to Effective Action</p>	<ol style="list-style-type: none"> 1. Increase understanding of logic models as program planning tool 2. Increase ability to guide planning phase of coalition strategic/action planning process 3. Increase ability to link assessment results to relevant actions that will lead to positive change 4. Increase understanding of action planning process 	<p>Tying assessment results and planning together:</p> <ul style="list-style-type: none"> • Identify how to analyze gaps between needs and resources to prioritize coalition’s focus, and document results in strategic plan • Discuss how to align risk and protective factors with goals and objectives • Take next steps to link goals and objectives to comprehensive strategies, programs, and actions • Identify how to document planning decisions, adding detail in action plans 	<p>Suggested pre-reading:</p> <ul style="list-style-type: none"> • Chapter 3, CPWI Community Coalition Guide • Review Survey Selection in Minerva Guide
<p>Session 7: Thursday, November 18, 2021; 10 AM – Noon From Planning to Implementation: Evidence-Based Programs and Environmental Prevention Strategies</p>	<ol style="list-style-type: none"> 1. Increase knowledge of evidence-based prevention 2. Increase understanding of environmental prevention strategy impacts within a comprehensive coalition strategic plan 3. Increase ability to identify environmental strategies that align with prioritized local problems 	<p>Understanding effective programming options:</p> <ul style="list-style-type: none"> • Define evidence-based prevention programs; review DBHR Evidence-Based Program lists • Explore environmental strategies CPWI communities have successfully implemented to impact community-wide change • Identify ways to present and process program and strategy options with coalition members 	<p>Suggested pre-reading:</p> <ul style="list-style-type: none"> • Excellence in Prevention Strategy List • Review Survey Selection in Minerva Guide • Blueprints • Washington State Institute for Public Policy (WSIPP)
<p>Session 8: Thursday, December 2, 2021; 10 AM – Noon Implementation through the Lens of Sustainability: Producing Effective Action</p>	<ol style="list-style-type: none"> 1. Increase knowledge of effective implementation processes and practices 2. Increase ability to work with coalition members and community partners 3. Increase understanding of sustainable practices 	<p>Carrying out the plan:</p> <ul style="list-style-type: none"> • Discuss forming community partnerships to implement programs, strategies, and activities • Review the use of fidelity assessment guidelines to improve quality of environmental prevention implementation • Expand sustainability practices • Identify how to document implementation strategies and practices in strategic plan 	<p>Suggested pre-reading:</p> <ul style="list-style-type: none"> • CADCA Implementation Primer • Environmental Fidelity Assessment Guide

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<p>Session 9: Thursday, December 9, 2021; 10 AM – Noon Evaluation Basics: Purpose, Effective Practices, and Coalition Involvement</p>	<ol style="list-style-type: none"> Increase understanding of evaluation processes in CPWI communities Increase ability to collect and report data 	<p>Preparing for evaluation:</p> <ul style="list-style-type: none"> Discuss how to collect, track, monitor, and report data Determine strategies to analyze data for continual process improvement as well as outcomes Identify how to document evaluation plans and processes within strategic plan framework 	<p>Suggested pre-reading:</p> <ul style="list-style-type: none"> Strategy Selection in Minerva Guide
<p>Session 10: Thursday, December 16, 2021; 10 AM – Noon Adding Emphasis: Coalition Coordinators Identify Training Needs</p>	<ol style="list-style-type: none"> Increase understanding of coalition development-related processes, strategies, tools, resources 	<p>Discussion:</p> <ul style="list-style-type: none"> Based on interests of Cohort 7 coalition coordinators, topics will focus on areas which participants identify as requiring more intensive focus 	