

Appendix 6: Action Plans

Goal 1: Capacity Building

Objective 1.1: Increase community capacity to address ATOD in Monroe

Strategy 1.1.1: Community-based Process

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
Cultural Competency	Cultural competence training	Biennial	Self-evaluation and instruction training during MCC meeting	Coalition Members	MCC	Chair and Training Sub-Committee
Boundaries	Training to set personal, professional and ethical boundaries	TBD	Self-evaluation and instruction training during MCC meeting	Coalition Members	MCC	Chair and Training Sub-Committee
Conflict Resolution	Training appropriate communication and interaction concerning the Coalition	TBD	Self-evaluation and instructional training during MCC meeting	Coalition Members	MCC	Leadership Team
Prevention Summit	State sponsored prevention training	Annually	Yakima Conference	Coalition Members TBD	MCC	Leadership Team
Counterproductive Strategies	Training on Prevention Best Practices	Annually	MCC regular meeting	All Coalition	MCC	Coalition Coordinator
Robert’s Rules of Order	Training appropriate order concerning meetings	TBD	TBD on an as-needed basis	All Coalition	TBD	Chair and Training Sub-Committee
ACES & Kernels	ACES Research, Implications and Interventions	TBD	Presentation and Coalition Web Library	Coalition & Community	MCC	Coalition Coordinator
Talk. They Hear You	Training to equip parents to prevent s/a	Annual	School-based Evening trainings	Community	TBD	Leadership Team

Key
<ul style="list-style-type: none"> • Phase 1 – In process and/or ongoing • Phase 2 – Implemented during school year 2014/2015 • Phase 3 – Implementation TBD w/ community partners

Goal 2: Community Disorganization

Objective 2.1: Increase Community Readiness to address ATOD in Monroe

Strategy 1.2.1: Community-based Process

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
Monroe Community Coalition	To increase the efficiency and effectiveness of the work of the Coalition	Phase 1	Ongoing assessment and implementation	Home/School/Community	Snohomish County	Leadership Team and Coordinator
Website and Internet communications	Coalition website	Phase 2	Internet and social media	Coalition and Community	MCC	Coalition Coordinator and assigned workgroup

Goal 3: Community Laws and Norms Favorable to Drug Use (Alcohol and Marijuana Laws)

Objective 3.1: Decrease environmental influences

Strategy 1.3.1: Environmental - Policy Education and Advocacy

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
Municipal and Local Agency Policy Advocacy	Education and advocacy with City Hall and other influential agencies in Monroe	Phase 1	As needed	Community	MCC	Leadership Team and assigned workgroup
School ATOD and Mental Health Policy Advocacy	Education and advocacy with Monroe School Board and District Administrators	Phase 1	As needed	Schoolwide	MCC	Leadership Team and assigned workgroup

Goal 4: **Availability of Drugs (Alcohol & Marijuana)**
Objective 4.1: Increase community readiness to address ATOD issues
Strategy 1.4.1: Information Dissemination

Key
<ul style="list-style-type: none"> ● Phase 1 – In process and/or ongoing ● Phase 2 – Implemented during school year 2014/2015 ● Phase 3 – Implementation TBD w/ community partners

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
Talk. They Hear You.	PSA’s (print, audio, visual), community training and materials	Phase 1	TBD	Community	MCC	Coalition Coordinator and assigned workgroup
Locally developed public awareness campaign	Marijuana/Alcohol etc. PSA’s	Phase 3	TBD	Community	MCC	Coalition Coordinator and assigned workgroup

Goal 5: **Friends Who Engage in the Problem Behavior**
Objective 5.1: Increase refusal and resistance skills
Strategy 1.5.1: Education

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
Life Skills Training	Classroom prevention education series	Phase 1	15 sessions for 6 th grade; 10 sessions for 7 th Grade; 5 sessions for 8 th grade	Middle School	Park Place MS (teachers and p/i)	NWESD 189
HALO	Early Learning Prevention	Phase 2	11 sessions per implementation	Pre-K TBD	TBD	Project Workgroup
SPORT	Brief prevention screening and consultation	Phase 2	Once per athletic season	Middle and High School	School & YMCA	Project Workgroup
Family Matters	Family consultation/follow-up	Phase 3	Weekly for 4 weeks	Middle School	School	Project Workgroup
Second Step	Classroom Social Skills	Phase 3	4 weekly sessions annually	Elementary K-2	School (Counselors)	Project Workgroup

Key
<ul style="list-style-type: none"> ● Phase 1 – In process and/or ongoing ● Phase 2 – Implemented during school year 2014/2015 ● Phase 3 – Implementation TBD w/ community partners

Goal 6: Pro-Social Bonding

Objective 6.1: Increase opportunities, skills and recognition to promote bonding to community role models who exhibit healthy beliefs and clear standards

Strategy 1.6.1: Alternatives

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
Across Ages	Cross Generational Mentoring and Community Service	Phase 3	Weekly during School year	Elementary age paired with seniors	Senior Center / YMCA	Leadership Team/ Project Workgroup
Peer Assistance and Leadership (PAL)	Youth Peer Mentoring	Phase 2 Training Phase 3 Implementation	Weekly during School year	High School Students and Students in Transition	TBD	Leadership Team/ Project Workgroup
Social Development Strategy Projects	TBD by Coalition, Watchdogs	TBD	TBD	Youth under age 18	TBD	TBD

Key
<ul style="list-style-type: none"> ● Phase 1 – In process and/or ongoing ● Phase 2 – Implemented during school year 2014/2015 ● Phase 3 – Implementation TBD w/ community partners

Goal 7: Favorable Parental Attitudes and Involvement in the Problem Behavior

Objective 7.1: Increase parental awareness of risk/protective factors and the consequences of involvement

Strategy 1.7.1: Education

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
Strengthening Multi-Ethnic Families and Communities	Parent Training / Family Management Skill Development	Phase 1	TBD	Hispanic Families	Familias Unidas Presentations	Training Subcommittee
Parenting Wisely	Parent Training / Family Management Skill Development	Phase 2	Continuously	Parents	Email / Web	Training Subcommittee
Guiding Good Choices	Parent Training/ Family Management Skill Development	Phase 3	TBD	Parents	TBD	Training Subcommittee