

February Prevention Learning Community Meeting *Optional

Hosted by: Division of Behavioral Health and Recovery

February 23, 2022

9:00 a.m. – 11:00 a.m.

No third hour

Today's agenda

Time	Agenda
9:00-9:10 a.m. 10 min	Welcome <i>Kasey Kates</i>
9:10-10:00 a.m. 50 min	Legislative Updates <i>Sarah Mariani & Prevention Section Subject Matter Experts</i>
10:00-11:00 a.m. 60 min	Prevention Services Overview <i>Sarah Mariani</i> <ul style="list-style-type: none">• Services activities and outcomes• Budget review

Reminder: Next LCM

- ▶ March 23rd from 9:00-10:00 AM
- ▶ Focused on high priority updates only
- ▶ Register at <https://theathenaforum.org/training-calendar/month/2022-03>.

Question of the day!

- ▶ What are you looking forward to the most as we approach the spring season?
- ▶ Type your response into the chat!



2022 Legislative Session- Learning Community Meeting

Sarah Mariani, Section Manager

Division of Behavioral Health and Recovery

February 23, 2022

Overview

- Important Legislative Dates
- Prevention Notable Bills
- Prevention Bills Dead But Watching

Important dates

- ▶ **Short Session:** January 11th to March 10th, 2022 – 60 days
- ▶ Bills are now out of their house of origin and are in the opposite house
- ▶ The last day bills from the opposite house can be voted out of a policy committee. **February 24th**
- ▶ The last day bills from the opposite house can be voted out of a fiscal committee. **February 28th**
- ▶ The last day to consider opposite house bills (5 p.m.) **March 4th**
- ▶ Last day of regular session, **March 10th**

2022 Legislative Update

Topic	Bill Number	Title	Status
Alcohol	3SHB1359	Reducing liquor license fees temporarily.	Feb 23 Scheduled for executive session in the Senate Committee on Labor, Commerce & Tribal Affairs at 10:30 AM
Alcohol	SB 5940	Creating a liquor license endorsement.	Feb 22 Scheduled for <u>executive session</u> in the House Committee on Commerce & Gaming – Do Pass
Alcohol	HB 1734	Concerning taxation of low-proof beverages	NTIB
Cannabis	HB 2122	Concerning cannabinoid products.	Feb 21 First reading, referred to Appropriations

2022 Legislative Update

Topic	Bill Number	Title	Status
Cannabis	2SHB 1827	Community Reinvestment	Feb 24 Scheduled for executive session in the Senate Committee on Labor, Commerce & Tribal Affairs at 8:00 AM
Cannabis	2SSB 5796	Restructuring Cannabis revenue appropriations	Feb 22 Scheduled for public hearing in the House Committee on Appropriations at 3:30 PM
Cannabis	2SHB 1210	Replacing the term "Marijuana" with "Cannabis" throughout RCW	Feb 22 Passed to Rules Committee for second reading
Cannabis	HB 1105	Concerning arrest protections for the medical use of cannabis	Feb 18 Passed to Rules Committee for second reading
Cannabis	ESSB 5004	Providing a tax exemption for medical marijuana patients	Feb 24 Scheduled for executive session in the House Committee on Finance at 8:00 AM

2022 Legislative Update

Topic	Bill Number	Title	Status
Cannabis	SHB 1859	Concerning quality standards for laboratories conducting cannabis analysis	Feb 24 Scheduled for public hearing in the Senate Committee on Ways & Means at 4:00 PM
Mental Health	SHB 1074	Concerning overdose and suicide fatality reviews	Feb 17 Passed to Rules Committee for second reading
Mental Health	E2SHB 1181	Establishing programs and measures to prevent suicide among veterans and military members.	Feb 24 Scheduled for executive session in the Senate Committee on Human Services, Reentry & Rehabilitation at 1:30 PM
School	HB 1834	Concerning student excused absences for mental health reasons	Feb 21 Scheduled for <u>executive session</u> in the Senate Committee on Early Learning & K-12 Education Do Pass
School	2SHB 1664	Concerning prototypical school formulas for physical, social, and emotional support in schools	Feb 22 Scheduled for public hearing in the Senate Committee on Ways & Means at 4:00 PM

2022 Legislative Update

Topic	Bill Number	Title	Status
Healthy Youth Survey	SHB 1759	Requiring school districts and public education entities to make data available through their website and other communication resources	Feb 21 Scheduled for <u>executive session</u> in the Senate Committee on Early Learning & K-12 Education- Do Pass with Amendments
WSU - Youth Survey	SHB 1746	Updating the 2015 report measuring and mitigating community risk and protective predictors	Feb 15 First reading, referred to Early Learning & K-12 Education.
Vaping/ Tobacco	HB 1676	Using the taxation of vapor products to fund additional tobacco and vapor use prevention and cessation programs and services. (NTIB)	Jan 13 Scheduled for public hearing in the House Committee on Finance at 8:00 AM

The following bills did **not** pass the house of origin cutoff. These bills are *likely* to return next session...and/or may reappear during this session.

2022 Legislative – Dead But Watching

Topics	Bill Number	Title
Cannabis	SHB 1710	Establish a Washington State Cannabis Commission
Cannabis	HB 1855	Craft Cannabis
Cannabis	HB 1933	Authorizing smaller local governments with a scarcity of manufacturing and industrial lands to establish a tax on cannabis producers and processors
Cannabis	HB 1667	Ownership of cannabis-related businesses
Cannabis	SB 5767	Regulating hemp-derived cannabinoids
Cannabis	SB 5671	Modifying composition of Liquor and Cannabis Board
Cannabis	SSB 5706	Creating the community reinvestment account and community reinvestment program
Cannabis	SB 5547	Expanding regulatory authority over cannabinoids that may be impairing
Cannabis/DMA	SB 5959	Concerning the financial stability and solvency of the family and medical leave insurance account

2022 Legislative – Dead But Watching

Topics	Bill Number	Title
Cannabis	2SHB 1668	Expanding regulatory authority over impairing cannabinoids
Cannabis	SHB 2022	Concerning social equity in the cannabis industry
Cannabis	SSB 5699	Cannabis Analysis Labs
Cannabis	SSB 5951	Concerning agricultural hemp products
School	2SSB 5595	Concerning prototypical school formulas for physical, social, and emotional support in schools.

2022 Legislative – Dead But Watching

Topics	Bill Number	Title
Mental Health	2SHB 1354	Concerning suicide review teams.
Mental Health	HB 1600	Concerning the installation of signs displaying the 988 national suicide prevention and mental health crisis hotline."
Vaping/Tobacco	SSB 5129	Concerning the possession of vapor, vapor products, tobacco, and tobacco products by minors
Vapor/Tobacco	HB 2039/SB 5768	Regulation of Vapor Products
Marketing	SHB 1697	Privacy Rights for Washington Minors
Drug Policy	SB 5743	Designating kratom as a controlled substance
Drug Policy	SB 5941	Establishing the Washington kratom consumer protection act.
Drug Policy	SB 5660	Concerning Access to Psilocibin services for adults 21 years and older

2022 Legislative – Dead But Watching

Topics	Bill Number	Title
Alcohol	SHB 1483	Concerning workforce development in the beverage alcohol industry
Alcohol	HB 2080	Creating a liquor license endorsement.
BH Prevention	HB 2035	Establishing a behavioral health prevention and equity impact framework for the Washington state liquor and cannabis board

Marijuana Legalization/I-502 Legislative Fact Sheet



Marijuana legalization/Initiative 502 mandates for HCA's Division of Behavioral Health and Recovery (DBHR)

Overview

Washington Initiative 502 (I-502) to legalize recreational use of marijuana for those 21 and older was approved by popular vote in 2012 and was updated in the 2015 Legislative Session through 2E2SH2136. For I-502 and amending law, the Health Care Authority (HCA), Division of Behavioral Health and Recovery (DBHR) is directed to do the following:

- **Design and administer the Healthy Youth Survey (HYS) and Young Adult Health Survey (YAHS):** the surveys are used to identify trends about youth and young adult use of substances, behaviors, risks, and outcomes as well as school, community, family, and peer-individual risk and protective factors. Due to COVID-19, the HYS survey was delayed from Fall 2020 to Fall 2021 and will now be administered in odd years moving forward.
- **Contract with the Washington State Institute for Public Policy (WSIPP)** to conduct cost-benefit evaluation of I-502 and provide quarterly updates with data pertaining to rates of adult and youth substance use and the economic impact of I-502. WSIPP will produce reports in 2023 and 2032.
- **Use funding for the development, implementation, maintenance, and evaluation of prevention and treatment programs and practices, mental health services for children and youth, and services for pregnant and parenting women.** Of the funds appropriated for new programs and new services:
 - 85% must be directed to evidence-based or research-based programs and practices that produce objectively measurable results and are cost-beneficial.
 - Up to 15% may be directed to proven and tested practices, emerging best practices or promising practices.

HCA, DBHR prevention services are focused on community-level programs delivered by Tribes or contracted through Community Prevention and Wellness Initiative (CPWI) coalitions, Educational Service Districts (ESDs), Office of Superintendent of Public Instruction (OSPI), Department of Children, Youth and Families (DCYF), and Community-Based Organizations (CBO).

HCA, DBHR was allocated funds to increase home visiting services-DCYF, providing family-focused services to expectant parents and families with new babies and young children to support the physical, social, and emotional health of the children.

HCA, DBHR was also directed to provide training on evidence/researched-based and promising practices programs for treatment and prevention.

Eligibility requirements
Community Prevention and Wellness Initiative (CPWI) communities must show higher risk in the following categories: academic failure, crime, prevalence of alcohol, marijuana, and other drug use, and mental health problems.

Eligibility for treatment services: residential services are available for youth ages 13-17 with substance use disorders who meet the American Society of Addiction Medicine (ASAM) criteria for this level of care. Youth younger or older than 13-17 are served in youth facilities on a case-by-case basis when clinically appropriate. Priority is given to youth who are pregnant, intravenous drug users, referrals from detoxification, involuntary Treatment Act referrals, and at-risk/runaway youth.

Authority
WA State Initiative Measure No. 502, authorized in Chapter 4, Laws of 2015 (2nd Special Session), 2E2SHB 2136, RCW 69.50.545, and Washington State Liquor and Cannabis Board.

Budget
Initiative 502 established a Dedicated Marijuana Account (DMA). For the 2019-2021 biennium DBHR was given specific appropriations for services

Division of Behavioral Health/Children and Youth Prevention and Treatment – Retail Marijuana/I-502
November 19, 2021



<https://www.hca.wa.gov/assets/program/retail-marijuana/legalization-fact-sheet.pdf>

Other 2022 Prevention Legislative Fact Sheets

Legislative fact sheets

Behavioral health and recovery >

2022

Prevention services

- [Community Prevention and Wellness Coalition Initiative \(CPWI\)](#)
- [Emergency response suicide prevention grant](#)
- [Healthy youth survey](#)
- [Homeless Outreach Stabilization and Transition \(HOST\)](#)
- [Partnerships for success](#)
- [Prescription drug/opioid prevention](#)
- [Prevention workforce development](#)
- [Retail marijuana](#)
- [School based prevention and intervention](#)
- [State prevention consortium and plan](#)
- [Suicide prevention and mental health promotion](#)
- [Washington Healthy Youth \(WHY\) coalition](#)
- [Washington Strategic Prevention Framework for Prescription Drugs Grant \(WA SPF Rx\)](#)
- [Young adult health survey](#)

To access all the
[Prevention and
Treatment legislative Fact
Sheets](#)

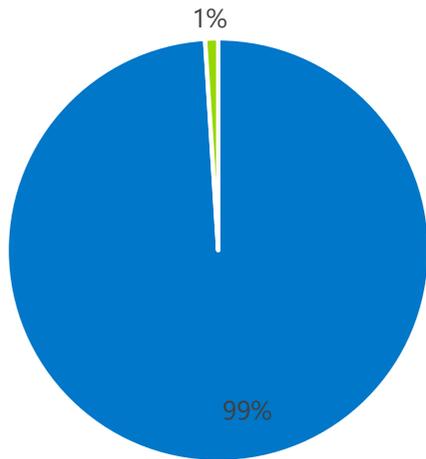
Resources

- ▶ Bill information page: <https://app.leg.wa.gov/billinfo/>
- ▶ TVW: <https://www.tvw.org/>
- ▶ Agendas, Schedules and Calendars:
<http://leg.wa.gov/legislature/Pages/Calendar.aspx>
- ▶ Prevention Voices WA
- ▶ Weekly DOH/DBHR Leg Session Meetings
- ▶ WASVAP: <https://wasavp.org/>

Budget Overview

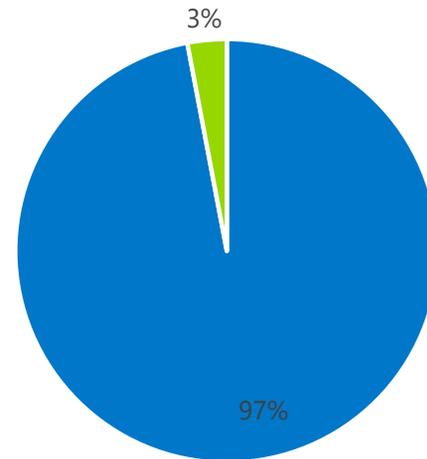
Budget Overview

**Total SUD Funding in Washington State
Federal and State**



■ Treatment/RSS ■ Primary Px

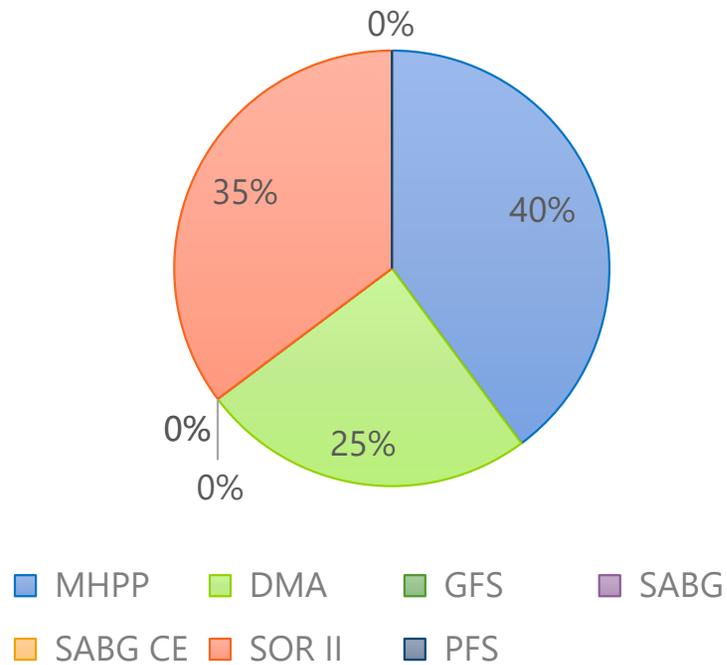
**Total SUD Funding in Washington State
State Only**



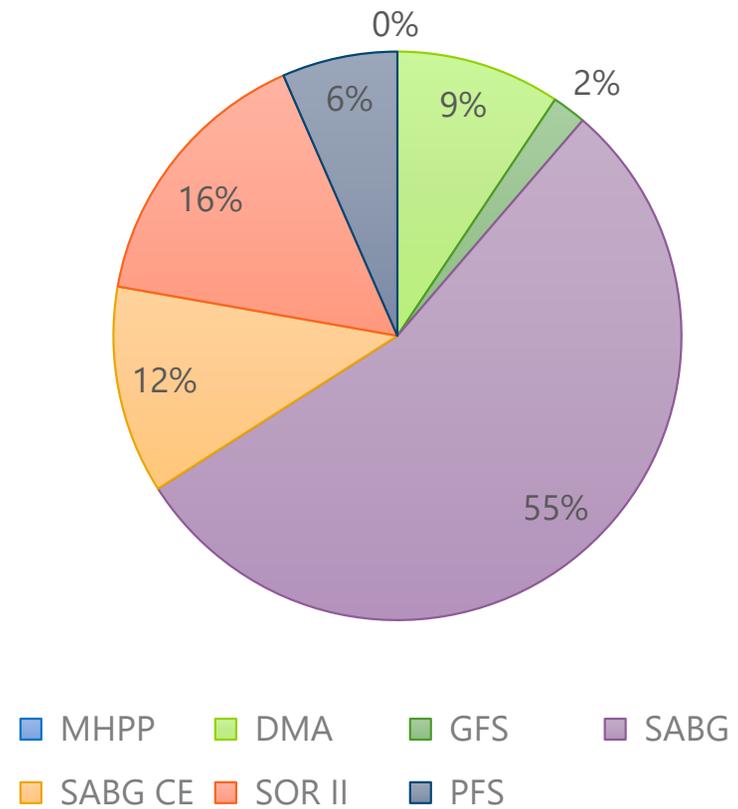
■ Treatment/RSS ■ Primary Px

Budget Overview

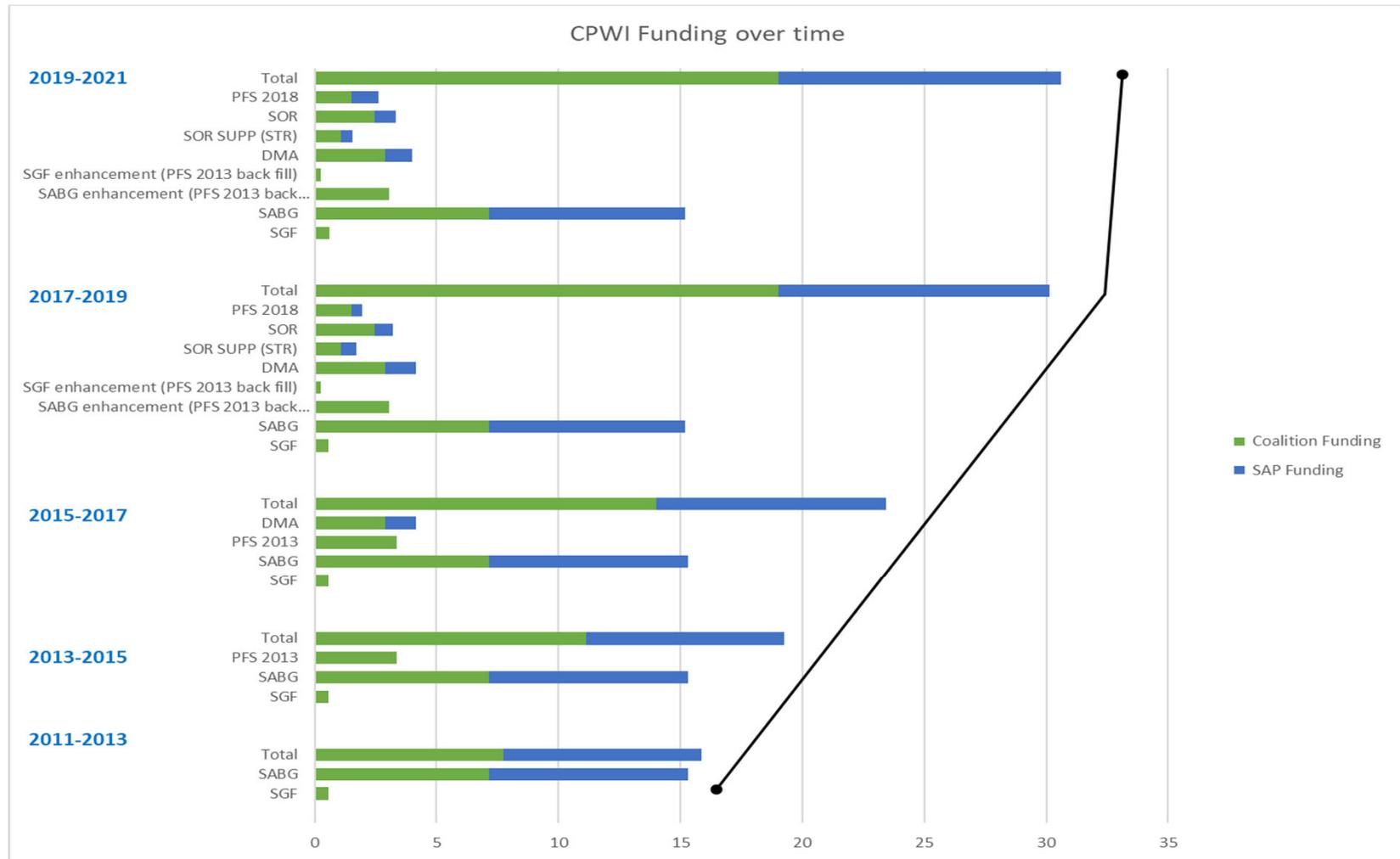
CBO Funding Percent by Funding by Source



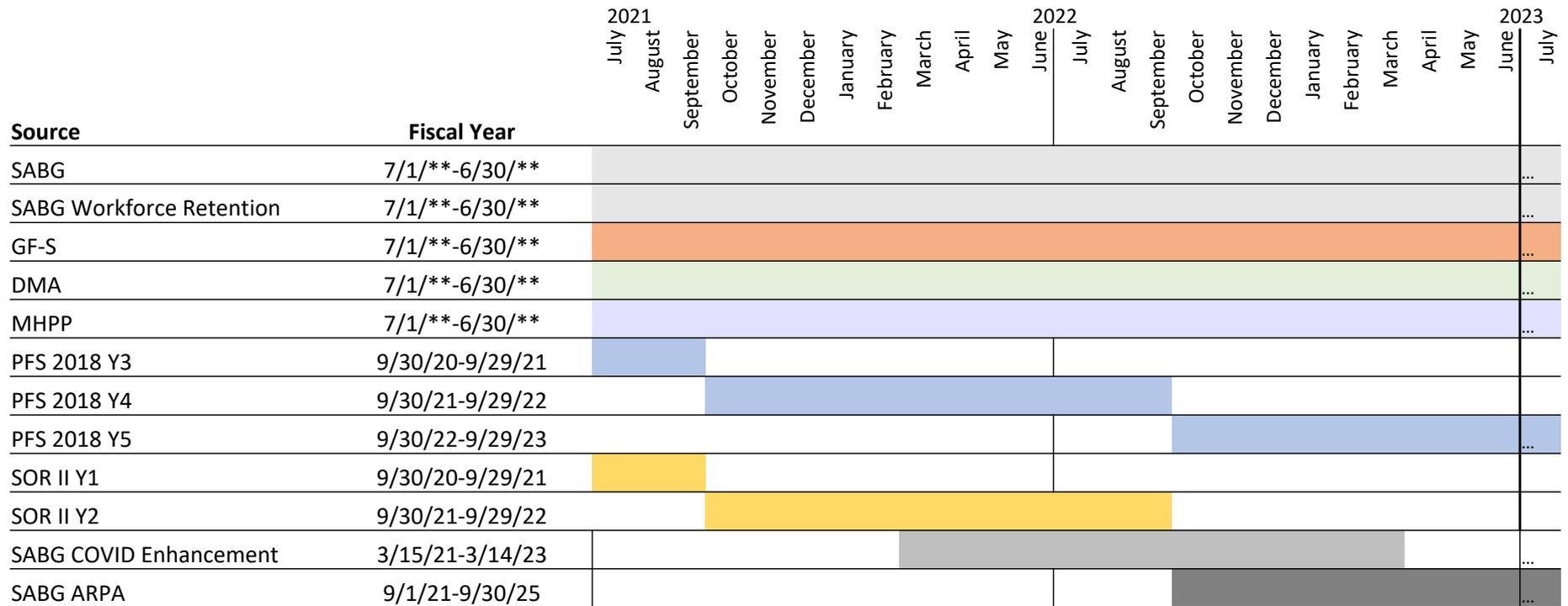
CPWI Funding Percent by Source



Px Funding Diagram



Px Funding Timelines



Substance use disorder prevention and mental health promotion programs

Prevention and wellness key values

- ▶ Protect vulnerable populations
- ▶ Protect youth and young adults
- ▶ Build healthy communities and families

Key statewide prevention initiatives and programs

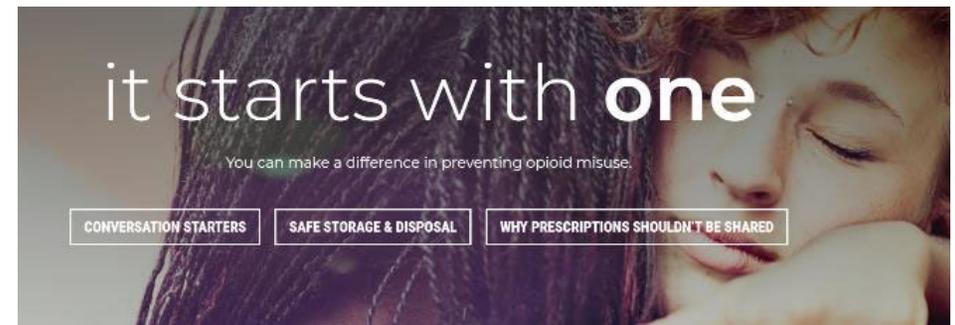
- ▶ **State Prevention Enhancement (SPE) Policy Consortium and State Plan**
- ▶ **Washington Healthy Youth (WHY) Coalition**
- ▶ **Policy Efforts**
- ▶ **Healthy Youth Survey (HYS)** in collaboration with OSPI, Department of Health (DOH), and the Liquor and Cannabis Board (LCB)
- ▶ **Young Adult Health Survey** in collaboration with University of Washington.
- ▶ **Workforce Development** – Fellowship, trainings, Athena Forum, E-learning courses
- ▶ **Annual Prevention Summit, Spring Youth Forum, Tribal Gathering and Coalition Leadership Institute**
- ▶ **Evidence-based Programs and Strategies and Prevention Evaluation**
- ▶ **College Coalition**
- ▶ **Public Education Campaigns**
- ▶ **Key partnerships** – SEOW, Prevention Research Committee, Homeless Youth Task Force, Action Alliance, VA Governor's Challenge, 988 Implementation Coalition, Law Enforcement Mental Health Task Force, Social Emotional Learning Task Force, and Prevention Advisory Workgroup

Policy impacts

- ▶ Efforts to inform state policy
- ▶ Completion of bill analysis
- ▶ Research Briefs
- ▶ Ensuring prevention continues to have a voice

Campaigns

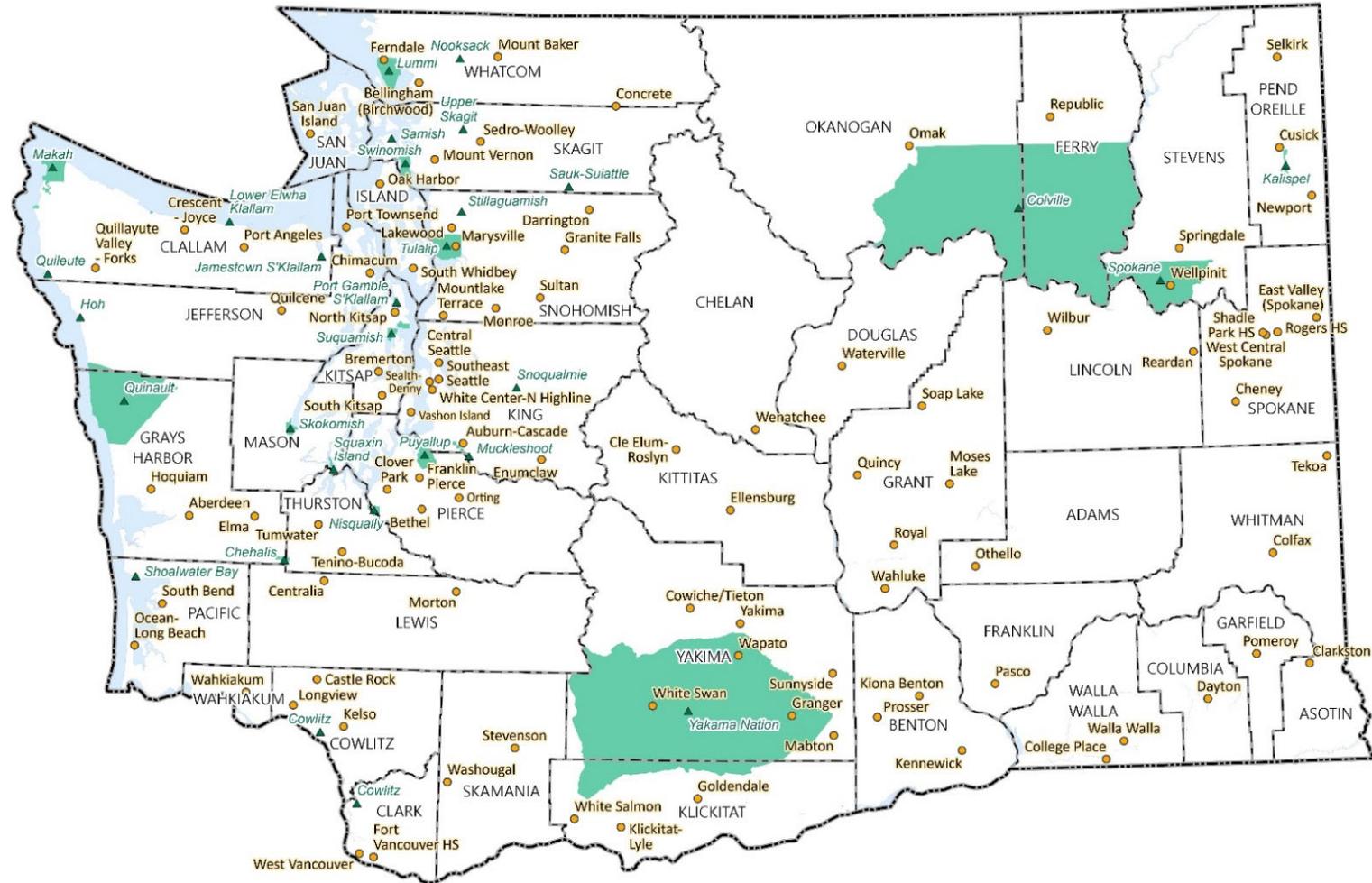
- ▶ Starts with One
- ▶ Out of the Picture
- ▶ Rethinking College Drinking Campaign – Not a Moment Wasted
- ▶ SUD Prevention and Wellness Campaign
- ▶ Spread the Facts



Direct prevention services

- ▶ **Tribal prevention programming:**
 - ▶ 27 Tribes implementing prevention programming.
- ▶ **The Community Prevention and Wellness Initiative (CPWI):**
 - ▶ 40 high-need communities across the state.
 - ▶ Two-pronged approach: community coalitions and school-based prevention/intervention services.
- ▶ **Community-Based Organizations (CBOs):**
 - ▶ SUD prevention and MH promotion/suicide prevention.
 - ▶ 10 CBOs in over 59 high-need communities
- ▶ **Young Adults Services**
 - ▶ First Years in College Program
 - ▶ Check-in with Yourself Program

Prevention services are focused in communities and Tribes throughout Washington



LEGEND

- Community Prevention and Wellness Initiative Communities
- ▲ Tribal Prevention and Wellness Programs
- Tribal Lands
- Counties

SOURCES: DSHS Research and Data Analysis, Community Outcome and Risk Evaluation Geographic Information System (CORE).

CONTACT: Irina Sharkova, DSHS/FFA/RDA, irina.sharkova@dshs.wa.gov, 360-902-0743.

September 14th, 2021

Best practice program list results



EBP/RBP

19 Evidence-based Programs (EBP) and Research Based Programs (RBP)



Promising Programs

5 Promising Programs (PP)
5 Promising Environmental Strategies



We found more programs!

We identified a total of 29 programs

List is available at: www.theathenaforum.org/I502PreventionPlanImplementation

Evidenced-based prevention services

- ▶ Community/coalition development
 - ▶ Communities that Care®
 - ▶ Strategic prevention Framework planning
- ▶ Policy/environmental/media strategies
 - ▶ Advertising restrictions
 - ▶ Public education, social norms
- ▶ Mentoring
 - ▶ Big Brothers Big Sisters
 - ▶ Seventh Generation National Tribal Mentoring Program
- ▶ Parenting education
 - ▶ Strengthening families
 - ▶ Strengthening African American families
 - ▶ Guiding good choices
 - ▶ Family matters
- ▶ Tribal traditional teaching
 - ▶ Healing of the canoe
 - ▶ White Bison
- ▶ Youth education/skill building
 - ▶ Good Behavior game
 - ▶ Life skills training
 - ▶ Positive action
- ▶ Youth leadership

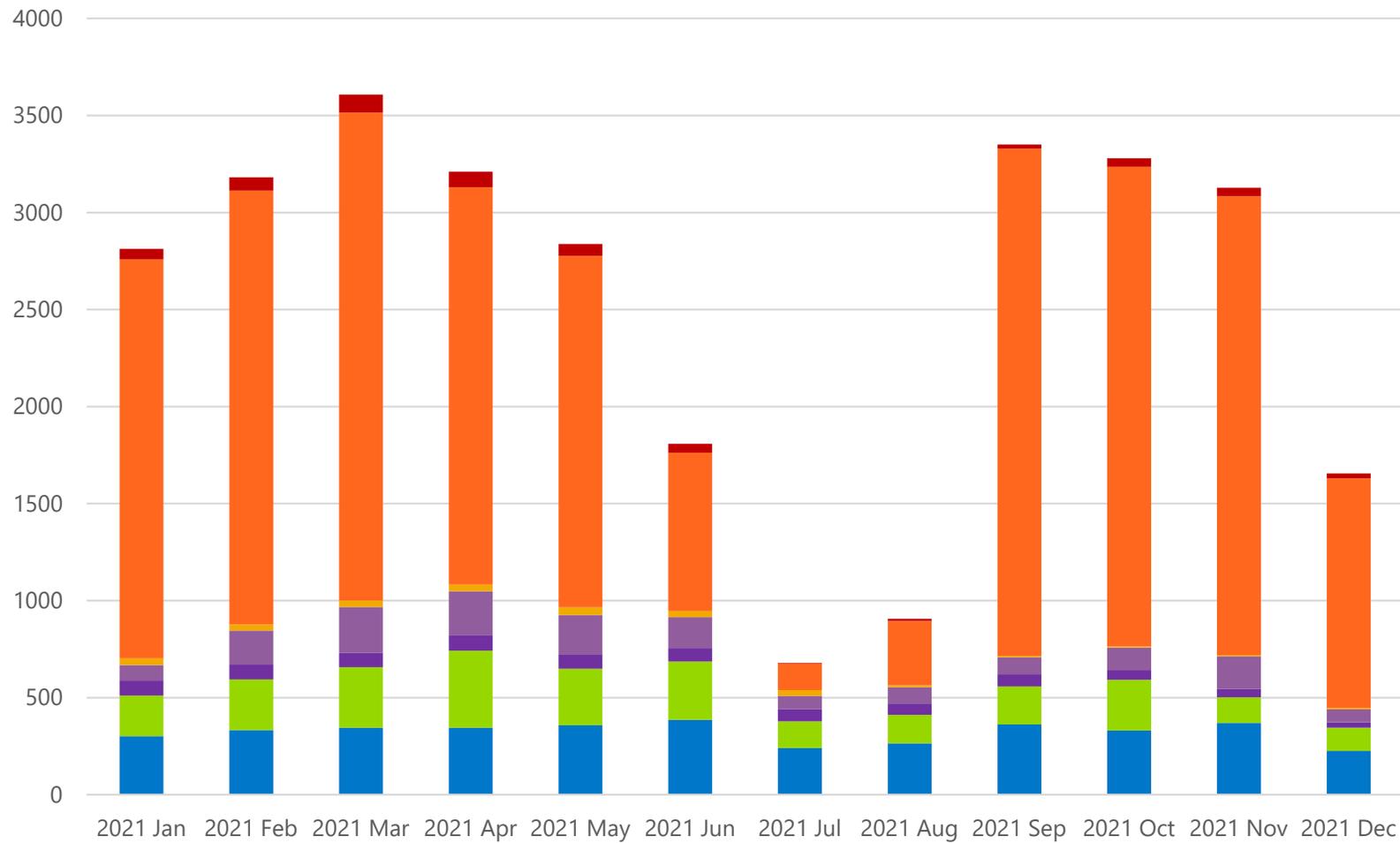
Impact of our collective efforts

Sarah Mariani, Section Manager
Division of Behavioral Health and Recovery
February 23, 2022

All Funded Entities in SFY 2021

- ▶ 14,945 unique participants
- ▶ Aggregate reach of ~2m
- ▶ Population reach of ~40m
- ▶ 30,456 services provided
- ▶ 1,109 programs
- ▶ 89% participants are in evidence-based programs (EBPs)

Services by Category SFY 2021



- Community Engagement/Coalition Development
- Environmental/Media Strategies
- Mentoring
- Parenting Education
- Tribal Traditional Teaching
- Youth Education/Skill Building
- Youth Leadership

The CPWI Model

Washington State's Community Prevention and Wellness Initiative (CPWI)



The CPWI Model

Washington State's Community Prevention and Wellness Initiative (CPWI)

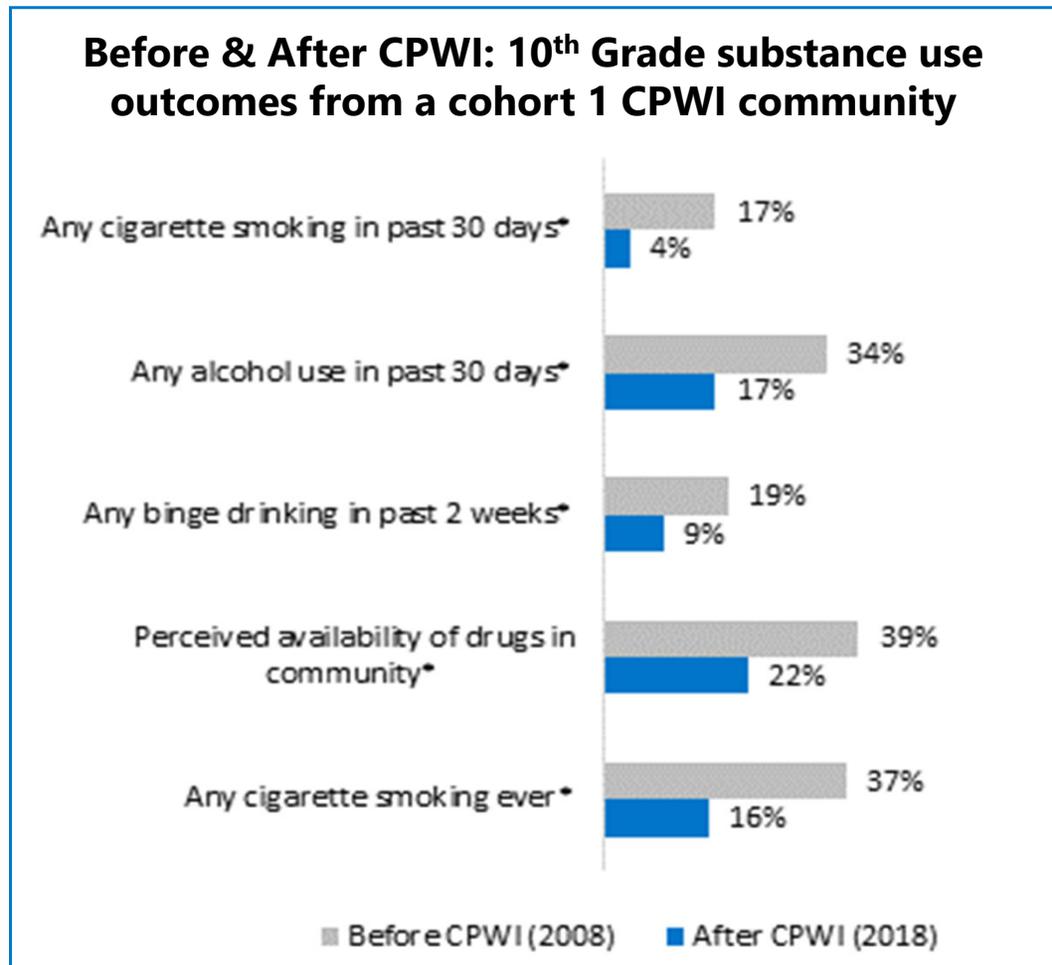


Pre vs. Post CPWI: Substance Use

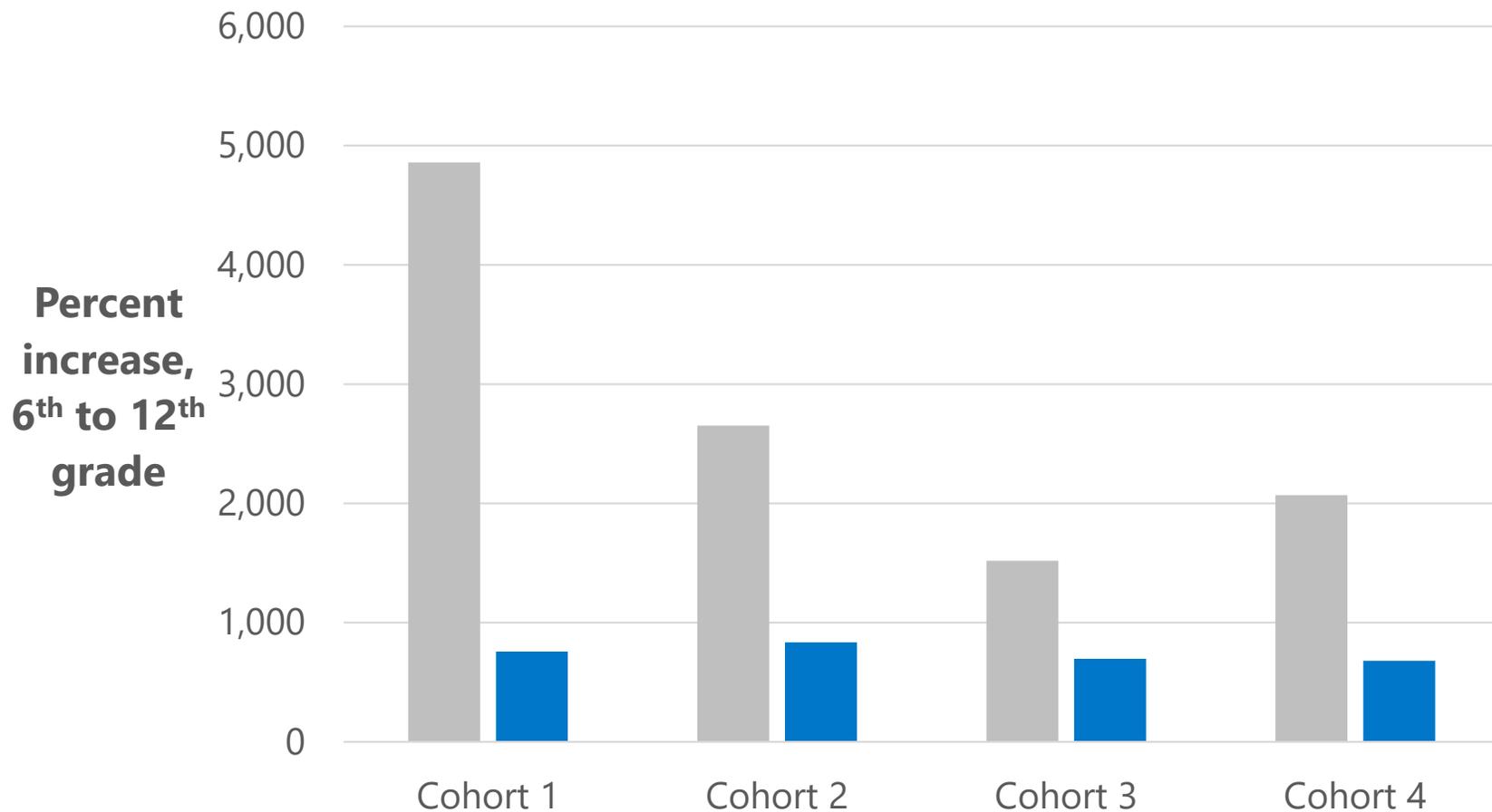
- ▶ **94%** of CPWI communities had significant decreases or remained neutral across most substance use outcomes (>80%)
- ▶ **76%** of CPWI communities showed reductions in youth **access to cigarettes**
- ▶ **73%** of CPWI communities showed reductions in **heavy drinking** among youth
- ▶ **53%** of CPWI communities showed reductions in youth **access to alcohol**

CPWI evaluations & outcomes

- ▶ Decreased substance use indicators:
 - ▶ alcohol use
 - ▶ binge drinking
 - ▶ cigarette use
 - ▶ marijuana use
 - ▶ prescription drug misuse



Increases in Marijuana Use: non-CPWI vs. CPWI



CPWI evaluation

- ▶ Improved school outcomes:

- ▶ Improved graduation rate
- ▶ Decreased dropout out rate
- ▶ Improved grades



- ▶ **..and Community Prevention and Wellness Initiative (CPWI) communities were at higher risk, but they closed the gap.**

Questions?

General questions:

prevention@hca.wa.gov

take care of yourself today.
future you appreciates it.



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