

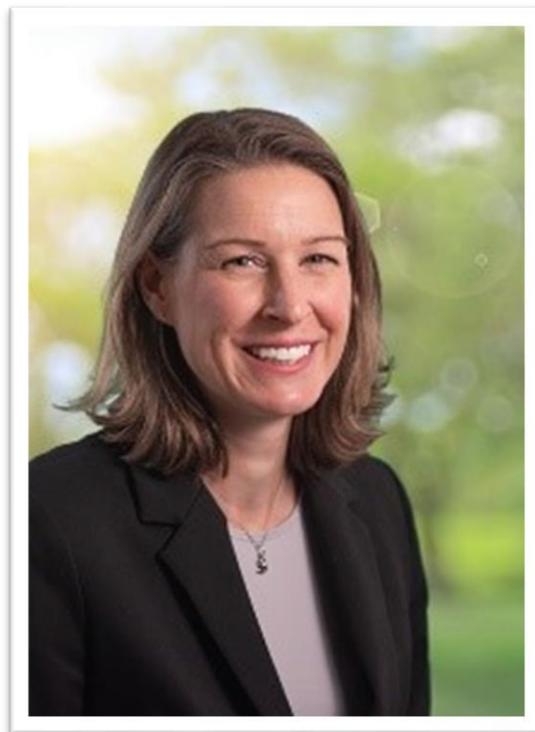
# 2022 Washington State Prevention Provider Meeting

Hosted by: Division of Behavioral Health and  
Recovery

November 8<sup>th</sup>, 2022

8:30-12:00 PM

7:30-8:30 a.m.	<b>Virtual Platform Meeting Opens</b> *Please note, you will login via the 6connex virtual platform
8:30-8:35 a.m.	<b>Welcome</b> <b>Kasey Kates</b>   CPWI and School-Based Services Supervisor
8:35-9:35 a.m.	<b>Health Care Authority / Division of Behavioral Health and Recovery Statewide Updates</b> <b>Sarah Mariani</b>   SUD Prevention and MH Promotion Section Manager <b>Sonja Pipek</b>   Tribal and CBO Services Supervisor <b>Kasey Kates</b>   CPWI and School-Based Services Supervisor
9:35-9:50 a.m.	<b>Break &amp; Virtual Energizer</b>
9:50-11:00 a.m.	<b>The Statewide 5-Year Plan – How it affects you and how you can help!</b> <b>Erika Jenkins</b>   Prevention System Manager <b>Isaac Wulff</b>   Prevention System Manager
11:00-11:30 a.m.	<b>Washington’s Young Adult Health Survey – 8 years of trends and findings</b> <b>Jason R. Kilmer, Ph.D.</b>   University of Washington
11:30-12:00 p.m.	<b>Listening Session</b> <b>Keri Waterland</b>   Director <b>Michael Langer</b>   Deputy Director
12:00-12:30 p.m.	<b>Lunch &amp; Transition to Prevention Summit Day 1</b>



Sarah Mariani | Substance Use Disorder Prevention  
and Mental Health Promotion Section Manager |  
HCA/DBHR



## Time for a celebration

- ▶ Let's celebrate each of **YOU!**
- ▶ Thank you to everyone who helps make today and the **Prevention Summit** possible!
- ▶ Let's celebrate the **Prevention Section!**

# Over the last year we also want to celebrate:

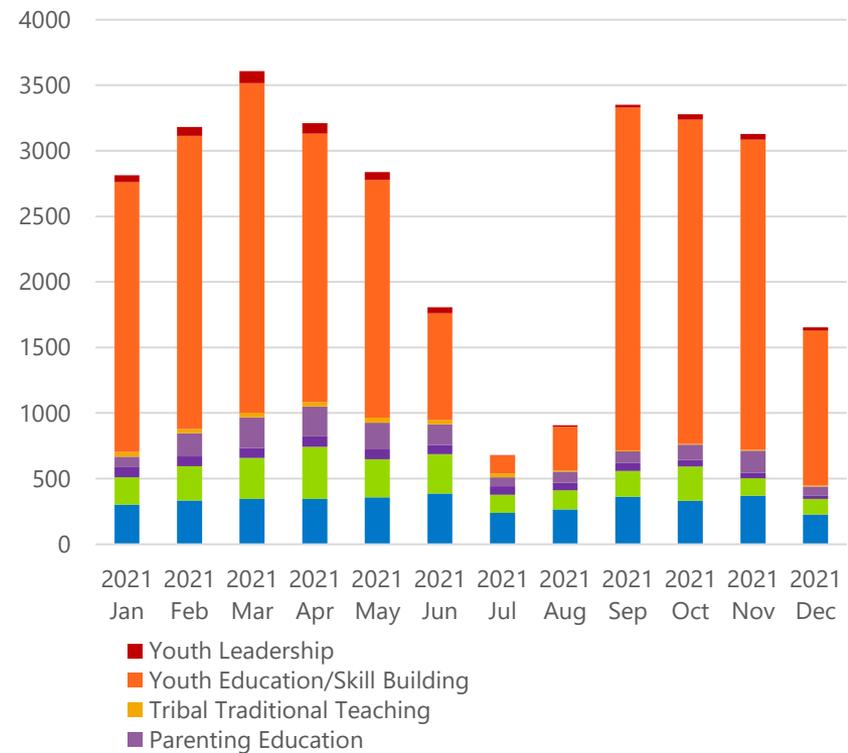
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- ▶ The Prevention and Mental Health Promotion Services **Advisory Workgroup**
- ▶ The State Prevention Enhancement (SPE) Consortium five-year **Strategic Plan update**
- ▶ Continued compliance with the **Synar** amendment through the completion of the coverage study
- ▶ Those who have received new or continued **Drug Free Community (DFC)** grants
- ▶ Our ability to continue prevention funding for **local services**

# Prevention's reach across the state: all funded entities

## ▶ In SFY 2021

- ▶ 14,945 unique participants
- ▶ Aggregate reach of ~2m
- ▶ Population reach of ~40m
- ▶ 30,456 services provided
- ▶ 1,109 programs
- ▶ 89% participants are in evidence-based programs (EBPs)



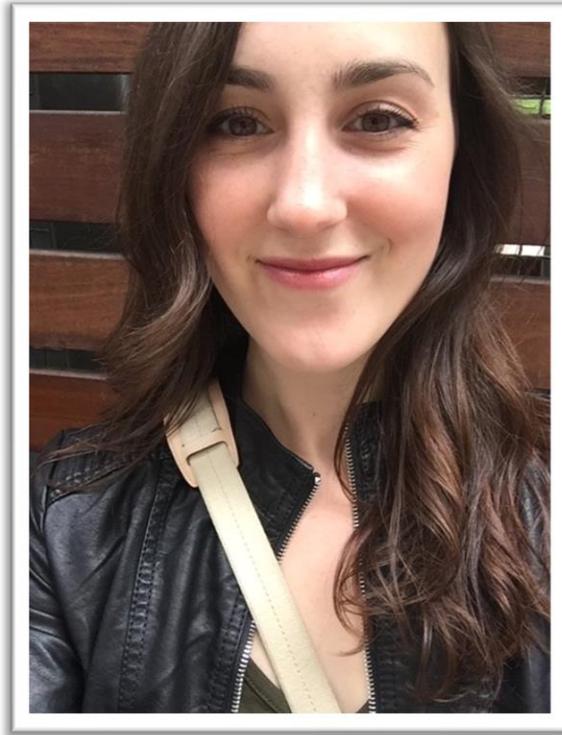


Sonja Pipek | Tribal and CBO Services Supervisor |  
HCA/DBHR

# Over the last year we also want to celebrate:

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- ▶ Continued focus on **workforce development** including through the fellowship program
- ▶ Commitment to **diversity, equity, and inclusion**
- ▶ The **new** State Opioid Response (SOR) III Community-Based Organization (CBO) **grantees!**
- ▶ Ongoing efforts and success of **Tribes** and **other Tribal entities**
- ▶ Ongoing **mental health promotion** and **suicide prevention** efforts
- ▶ Continued creation and dissemination of **campaigns**



Kasey Kates | Tribal and CPWI Implementation  
Supervisor | HCA/DBHR

# Over the last year we also want to celebrate:

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- ▶ Continued process improvement for **contracting and invoicing**
- ▶ Another successful virtual **Spring Youth Forum!**
- ▶ Nearly **100 CPWI** communities
  - ▶ Implementation of the 2022 Coalition Assessment Tool and the 2022 Community Survey
- ▶ Association of Educational Service Districts (AESD) and Educational Service District (ESD) **Student Assistance Program partnership**

As we  
look  
forward

THE  
GREATEST  
ADVENTURE  
IS WHAT  
LIES AHEAD

J.R.R. TOLKIEN

# DBHR Promotion/Prevention Strategic Plan

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- ▶ Goals and vision for future:
  - ▶ Stabilize,
  - ▶ Enhance, and
  - ▶ Grow

# DBHR Promotion/Prevention Strategic Plan

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## ▶ Cross-cutting themes:

- ▶ Advancing support for promotion/prevention policy
- ▶ Equity throughout entire system and efforts
- ▶ Workforce development
- ▶ Data, research, eval
- ▶ Partnering, collaboration, gathering input

## ▶ Services:

- ▶ Commitment to local services
- ▶ Commitment to state projects
- ▶ Expand delivery system model (i.e primary care)
- ▶ Young adult service expansion
- ▶ Advancing next phase of mental health promotion and SUD prevention

# Looking at the year ahead

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- ▶ 2023 administration of the **Healthy Youth Survey (HYS)**
- ▶ Preparing for the **Legislative Session**
- ▶ Upcoming **Learning Community Meetings**
- ▶ Continuing to **advance prevention** through our **collaboration** and through our capacity to have **hope** for a bright future!



# The Statewide Five-Year Strategic Plan

*How it affects you and how you can help.*

# GOALS!

- ▶ Explain the history and purpose of the SPE Consortium and the 5 Year Strategic Plan.
- ▶ Gather feedback and from YOU on what the new 5 Year Plan update should include.
- ▶ Provide opportunities for more in-depth support of the current 5 Year Plan update.

# What is the SPE Consortium?

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## ▶ Full Name

- ▶ State Prevention Enhancement (SPE) Policy Consortium.

## ▶ Who can participate?

- ▶ Any statewide organization working on preventing substance use disorder and/or promoting mental health.

## ▶ What do they do?

- ▶ Inform – partners, funders, leaders
- ▶ Support – workgroups and partners
- ▶ Coordinate – reduce duplication and ensure system efficiency.



# Timeline of the SPE Consortium and 5 Year Plan

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<b>October 2011</b>	<b>First Meeting of the SPE Consortium – Sue Grinnell (DOH) and Michael Langer (DBHR) presiding.</b>
August 2012	First publication of the 5 Year Strategic Plan – Reinforces the use of the Strategic Prevention Framework statewide.
Fall of 2017	First full update of the 5 Year Strategic Plan – David Hudson (DOH) and Sarah Mariani (DBHR) now presiding.
Fall of 2019	Last update to the 5 Year Strategic Plan – Patti Migliore-Santiago (DOH) and Sarah Mariani (DBHR) current chairs.
Present Day	Currently working on the next 5 Year Plan update, to be published in Spring of 2023.

# Where to Learn More...

The screenshot displays the ATHENA website interface. At the top, the ATHENA logo is accompanied by the tagline: "The site for substance use disorder prevention and mental health promotion professionals and volunteers." A search bar is located in the top right corner with the text "Enter your search terms" and a magnifying glass icon. Below the logo, a navigation menu includes "Home", "Headlines", "Prevention priorities", "Training", "Providers", "Prevention 101", and "Who's who". A red circle highlights the "Prevention priorities" menu item. A secondary navigation bar below the main menu contains a warning icon and the text: "The Athena Forum has launched a page to support the prevention field in response to COVID-19. Find more information".

The main content area is divided into several sections:

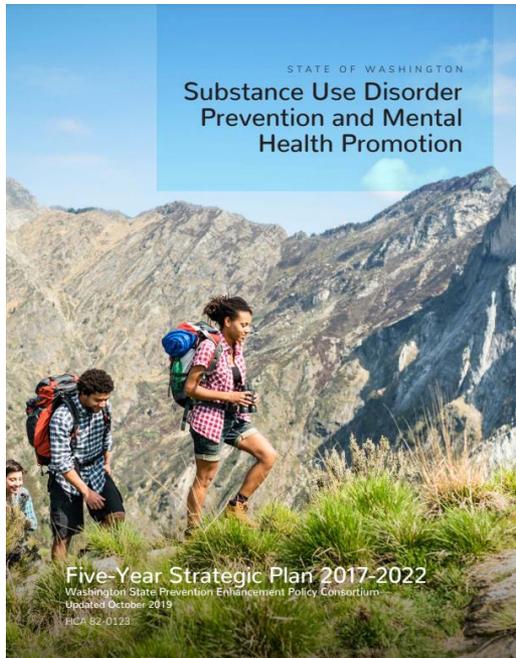
- News from DBHR:** Includes items like "SAVE THE DATES: New Coordinator Basic Training Series (05/20/22)", "Tribal opioid misuse and suicide prevention campaign localization (06/15/21)", and "Community-based organization grantees awarded (06/11/21)".
- All providers:** Lists "Minerva - online reporting system", "Prevention Provider Learning Community - current meeting", and "Prevention Provider Learning Community - past meetings".
- Announcements:** Features "Healthy Community Coalition Coordinator/Educator (.75 FTE) - (11/03/22)", "Brief Introduction to Prevention Plus Wellness Programs & Professional Training: Free Webinar - (11/03/22)", and "Data-Driven Substance Use Prevention Plus Wellness Program Implementation".
- Community library:** Lists "Tribal bulletin, Issue 68 (October 11, 2022) - October 11, 2022", "Town Hall Resources - October 7, 2022", and "CPWI and CBO Annual Contractor Meeting Presentation".

The right side of the page features a section titled "State Prevention Enhancement (SPE) Policy Consortium". A breadcrumb trail reads "Home » State Prevention Enhancement (SPE) Policy Consortium". Below this is a "Prevention priorities" list with items such as "Diversity, Equity, and Inclusion", "Cannabis use and misuse prevention", "Mental health promotion and suicide prevention", "Opioid misuse prevention", "State Prevention Enhancement (SPE) Policy Consortium", "Tobacco use prevention", and "Underage drinking prevention". A red circle highlights the "State Prevention Enhancement (SPE) Policy Consortium" item in this list. To the right of this list is a "MEETING AGENDAS AND NOTES 2021" section with a list of dates and links for "meeting notes" and "presentations":

- January 11: [meeting notes](#) | [presentations](#)
- March 8: [meeting notes](#) | [presentations](#)
- May 10: [meeting notes](#) | [presentations](#)
- July 12: [meeting notes](#) | [presentations](#)

The main text of the "State Prevention Enhancement (SPE) Policy Consortium" section states: "The State Prevention Enhancement (SPE) Policy Consortium is comprised of representatives from 26 state and tribal agencies and organizations. The goal of the Consortium is that through partnerships we will strengthen and support an integrated, statewide system of community-driven substance misuse prevention, mental health promotion, and related issues. The Consortium is responsible for the state-level planning and implementation of collaborative strategies to address substance misuse prevention and mental health promotion. The Consortium completed an updated Five-Year Strategic Plan in October 2019. Focusing on a data driven process, the Consortium completed a needs assessment that identified the following priority areas:"

# Once you find the plan...



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# What does the 5 Year Plan contain?

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## ▶ How it's *like* your local Strategic Plan.

- ▶ **Follows the SPF** – Getting Started, Assessment, Planning, Implementation, Evaluation, with Capacity, Cultural Competence/Equity, and Sustainability throughout.
- ▶ **Based on Science** – Uses the public health approach, risk and protective factors, and evidence-based approaches.
- ▶ **Group Effort** – Respects the variety of partners involved and how they each contribute to the overall goal of health.

## ▶ How it's *different* from your local plan.

- ▶ **Less connected to funding** – the 5 Year Plan is not specifically grant funded for implementation; it informs current agency funding and can support new opportunities.
- ▶ **More general, less specific** – for community plans it is meaningful to identify specific local conditions; for the statewide plan, it is important to ensure inclusivity across all communities.
- ▶ **Prioritizing long term outcomes** – The larger the scope of work, the longer it takes to reach desired outcomes.

# Why are we here today?

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## ▶ Feedback on the 5 Year Plan

- ▶ Breakout rooms to discuss
- ▶ Participate in Menti

## ▶ After Today...

- ▶ Future opportunities – emails, LCMs, special meetings



# Next Steps

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## ▶ Publication Timeline

- ▶ 2022 – Gather all remaining feedback.
- ▶ Jan 2023 – Compile and Write
- ▶ Feb and March – Design and Layout
- ▶ April – Full Release and Presentation
  - ▶ LCMs and/or special meetings



# Gratitude

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- ▶ We couldn't do this without you.
- ▶ To get involved or learn more:
  - ▶ Erika Jenkins – [Erika.jenkins@hca.wa.gov](mailto:Erika.jenkins@hca.wa.gov)
  - ▶ Isaac Wulff – [isaac.wulff@hca.wa.gov](mailto:isaac.wulff@hca.wa.gov)



# Listening Session

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- ▶ Introductions
- ▶ Purpose
- ▶ Opening remarks
- ▶ Discussion
  - ▶ What has worked well over the last year?
  - ▶ What would you like more support on?
  - ▶ What ideas do you have for our future work together?
- ▶ Closing remarks



**Please Join Us!**

# Lunch & Transition to Day 1

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- ▶ Lunch from 12:00-12:30 PM
- ▶ Day 1 of the Prevention Summit starts at 12:30 PM
- ▶ Join back through the Virtual Platform!

