

February Prevention Learning Community Meeting

Hosted by: Division of Behavioral Health and Recovery

February 22, 2023

9:00 a.m. – 11:00 a.m.

3rd hour training from 11:00 a.m. – 12:00 p.m.

Time	Agenda
9:00-9:10 a.m. 10 min	Welcome / Introduce new prevention providers to the call <i>Kasey Kates</i>
9:10-9:50 a.m. 40 min	Statewide Updates <i>DBHR Prevention Section</i> <ul style="list-style-type: none"> • CPWI & CBO Updates • Minerva Updates • Other statewide updates and announcements.
9:50-10:50 a.m. 60 min	Legislative Session – Bills to watch <i>Harrison Fontaine</i>
10:50-11:00 a.m. 10 min	Break
11:00-12:00 p.m. 60 min	3rd Hour Training (Optional) Engaging Youth in Prevention <i>Elizabeth Weybright, Melanie Greer, Jennifer Fees</i> <p>Experts from the Washington State University IMPACT lab and 4-H Youth Extension will provide an overview of youth engagement models and tools for assessing your readiness and goals to involve youth in meaningful prevention efforts.</p> <p>For further hands-on support and opportunities to share youth engagement experiences, this panel will host an interactive follow-up workshop via Zoom on Tuesday, February 28 from 12pm-1pm via Zoom.</p>

welcome

- ▶ Deisy Rodriguez, Coalition Coordinator, Highland
- ▶ Amanda Sanders, Coalition Coordinator, Port Angeles
- ▶ Ryan Boldman, Coalition Coordinator, Soap Lake
- ▶ Crystal Cruz, Coalition Coordinator, Quincy

HYS & CPWI Statewide Updates

Kasey Kates | CPWI & School-Based Services
Supervisor | HCA/DBHR

HYS 2023

▶ Timeline

- ▶ Registration starts April 3, 2023
 - ▶ Kickoff Conference 1-3pm, invites coming soon
- ▶ Administration in October 2023

▶ Changes for 2023

- ▶ New www.AskHYS.net website with data dashboard (coming Spring 2023)
- ▶ Electronic survey administered in person

▶ More information to be shared at the March LCM!



CPWI

- ▶ Coalition Progress Tool (CPQ) implementation
April and May
 - ▶ Your manager will schedule this with each coordinator
- ▶ Closing out the biennium
 - ▶ Minerva reporting
 - ▶ Invoice due dates
 - ▶ Expenditure request
 - ▶ SABG CE NCE amendments update
- ▶ Prepping for next biennium
 - ▶ Contract negotiations to be scheduled depending on timeline from contracting office

CBO Statewide Updates

Sonja Pipek | Tribal & CBO Services Supervisor
| HCA/DBHR

CBOs

▶ Closing out the SFY

- ▶ Minerva reporting
- ▶ Invoice due dates
- ▶ Expenditure request
- ▶ Record retention

▶ Prepping for the next biennium

- ▶ NEW RFA DCA, MHPP, and potentially opioid-related funding
 - Updates to Program selection lists

Review example of previous CBO RFAs by visiting:

https://theathenaforum.org/previous_funding_opportunities_dbhr

Minerva 2.0 Updates

Lauren Bendall | Prevention System Project
Manager | HCA/DBHR

Evaluate Channel - Reports, Reports, Reports!

▶ CAT Report:

- ▶ CAT Reports have been distributed into their respective Minerva 2.0 Accounts:
 - ▶ If you are concerned that you do not have a CAT Report, please contact your Px manager!

▶ Report updates:

- ▶ Program Implementation Report (PIM)
 - ▶ Available for use!
 - ▶ PIM includes planning data as well as service implementation data.

Build Capacity Channel – Program Start-Up

▶ Program Start-Up

- ▶ Program Start-Up has been created as a sub-category under the Development category!
 - ▶ It is applicable for use in the following circumstances:
 - time spent researching and purchasing program or strategy curriculum or supplies;
 - registration fees, flights, and/or hotel costs for trainings or conferences ;
 - staff time spent planning and organizing for trainings and program or strategy service delivery to participants.
- ▶ To learn more about this, please view the updated **Build Capacity Channel Reporting Guidance** document. Once updates are finalized, you will find it on the Minerva Knowledge Base: <https://theathenaforum.org/MKB>

Minerva 2.0

New User Training Dates

- ▶ Completed:
 - ▶ Quarter 1 on February 16
- ▶ Upcoming:
 - ▶ Quarter 2 on May 4 from 9AM-3PM
 - ▶ Quarter 3 on August 24 from 9AM-3PM

Visit the Athena Forum training calendar for more Minerva Training and TA calls: <https://theathenaforum.org/event-calendar/month>

SAMHSA Community Talks Statewide Updates

Martha Williams | Prevention System Manager |
HCA/DBHR

SAMSHA Community Talks History

- ▶ History
- ▶ Typically, what happens
- ▶ To request a participation invitation:
 - ▶ info@stopalcoholabuse.net
- ▶ More information about community Talks events:
 - ▶ <https://www.stopalcoholabuse.gov/communitiestalk/default.aspx>

Community Talks 2023

- ▶ What is SAMHSA asking?
- ▶ 2023 Budget
 - ▶ \$750 per event
 - ▶ Restrictions
- ▶ Ideas and Toolkits
 - ▶ https://www.samhsa.gov/sites/default/files/programs_campaigns/nation_prevention_week/npw-catalogue-prevention-resources-healthy-communities.pdf



National Prevention Week

May 7 - 13, 2023

POLICY EVENTS

Event	Description & Purpose	Potential Budget Range & Cost-Saving Tips	Potential Partners
Town Hall	Host a town hall Q&A session with local officials, leaders, and representatives, where members of the community can ask a panel of officials about prevention, substance use, mental health, bullying, community efforts and programs in these areas, and more.	\$100–\$500 <ul style="list-style-type: none"> • Ask a local school, community center, or Chamber of Commerce to sponsor your event by providing you with meeting space or a hall for an evening at no cost. • Use social media to spread the word about your event. 	<ul style="list-style-type: none"> • Elected officials • Local business organizations • Media organizations • Community-based organizations • Check SAMHSA's <i>Communities Talk: Town Hall Meetings to Prevent Underage Drinking</i> schedule: www.stopalcoholabuse.gov/townhallmeetings/default.aspx

Questions



▶ More Information:

- ▶ https://www.samhsa.gov/sites/default/files/programs_campaigns/nation_prevention_week/npw-catalogue-prevention-resources-healthy-communities.pdf

▶ Contact:

- ▶ Martha Williams, Prevention System Manager/
HCA/DBHR/SUD Px and MHP Section
 - ▶ Email: martha.williams@hca.wa.gov
 - ▶ Telephone: 360-622-1289

Legislative Session 2023

Harrison Fontaine | Policy & Project Manager |
HCA/DBHR

Overview

- ▶ Important dates and terms
- ▶ Current bills that have passed cutoff
- ▶ Dead but watching
- ▶ Resources

Important dates

House of Origin

- ▶ **January 9:** 1st day of session
- ▶ **February 17th:** Policy committee cutoff (Day 40)
- ▶ **February 24th:** Fiscal Committee cutoff (Day 47)
- ▶ **March 8th:** House of Origin Cutoff (Day 59)



Cross over (process repeats)

- ▶ **March 29th :** Policy committee cutoff (Day 80)
- ▶ **April 4th:** Fiscal committee cutoff (Day 86)
- ▶ **April 12th:** Last day to consider bills UNLESS Necessary to Implement the budget (NTIB)

Key Terms/Concepts

- ▶ Companion Bill- introduced in the opposite house that has similar language
 - ▶ Effect: Expedites and improves likelihood of passage
- ▶ Agency Request Bill- request for legislation proposed by an agency of the executive branch
 - ▶ Effect: Has executive support, increasing likelihood of passage
- ▶ Amended bill versions: SSB→2SSB→E2SSB
- ▶ Necessary to implement the budget (NTIB): Bills that the budget relies on in order to be complete (i.e., revenue, fiscal impact)

The Current Session: Big Picture Pt 1.

▶ Cannabis

- ▶ Social Equity/Retail Owner Equity
- ▶ Retailer advertising
- ▶ Hemp-derived Cannabinoids

▶ Alcohol

- ▶ Lowering DUI threshold
- ▶ Making COVID allowances permanent

2023 Bills of Interest- Cannabis

<u>Bill #</u>	<u>Title</u>	Status
SSB 5080	Expanding and improving the social equity in cannabis program [Agency Request]	S Ways & Means
HB 1159	Allowing interstate cannabis agreements	H Rules R
SB 5069	Allowing interstate cannabis agreements	S 2nd Reading
SB 5546	Establishing a Washington state cannabis commission	S Ways & Means
SB 5123	Concerning the employment of individuals who lawfully consume cannabis.	S 2nd Reading
HB 1650	Requiring voter approval for local government prohibitions on cannabis businesses	H Rules R
SB 5363	Concerning cannabis retailer advertising	S Rules 2
SSB 5367	Concerning the regulation of products containing THC [Agency Request]	S Ways & Means

Regulating Chemically Created Cannabinoids: SSB 5367

- ▶ Derived from hemp
 - ▶ Legal due to technicality in federal law
- ▶ Sold online, at gas stations, and in grocery stores
 - ▶ Not age restricted
 - ▶ Often not clearly labeled
 - ▶ Can contain residual chemicals from processing
- ▶ SSB 5367
 - ▶ Draws a line for THC content and expands definition of THC's
 - ▶ Above- regulated like cannabis
 - ▶ Below- regulated as 'hemp consumable'



2023 Bills of Interest- Cannabis

<u>Bill #</u>	<u>Title</u>	<u>Status</u>
HB 1772	Prohibiting products that combine alcohol and tetrahydrocannabinol	H Rules R
HB 1249 SB 5340	Limits on the sale and possession of retail cannabis products	H Rules R S Rules 2
SHB 1131	Improving Washington's solid waste management outcome	H Approps
HB 1822	Concerning complimentary products provided by short-term rental operators to guests.	H Rules R
HB 1614	Concerning the home cultivation of cannabis.	H Approps
HB 1563	Concerning arrest protections for the medical use of cannabis	H Rules R
HB 1453	Providing a tax exemption for medical cannabis patients.	H Finance

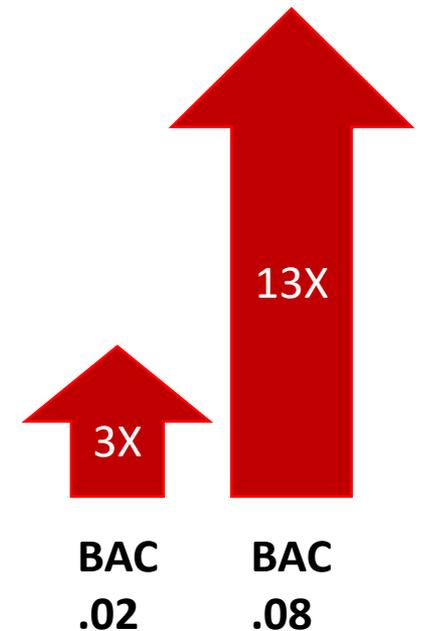
2023 Bills of Interest- DUI

<u>Bill #</u>	<u>Title</u>	Status
HB 1493	Concerning impaired driving	H Rules R
SB 5032	Extending DUI lookback period	S Ways & Means
2SSB 5002	Concerning alcohol concentration	S 2nd Reading

Impaired Driving and Lowering the BAC Limit: 2SSB 5002

- ▶ Alcohol drastically impairs ability to drive
 - ▶ Fatal crashes decreased by 10% when national BAC limit was lower from .10 to .08
- ▶ When Utah lowered BAC limit to .05, 22% of drivers reported modifying their behavior
- ▶ 2SSB 5002 lowers BAC limit to .05
 - ▶ Requires a public information campaign prior to lowered limit
 - ▶ Requires evaluation of effects on safety and equity

Fatal Crash Odds Ratio



2023 Bills of Interest- Alcohol

<u>Bill #</u>	<u>Title</u>	<u>Status</u>
HB 1375 SB 5448	Delivery of alcohol	H Approps S Ways & Means
SB 5375	Concerning taxation of low-proof beverages	S Ways & Means
HB 1730	Allowing people 18 years of age or older to work in certain 21 year and older establishments.	H Rules R
SB 5614	Concerning adult entertainment establishments	S Rules 2
HB 1731	Concerning complimentary liquor by short-term rental operators.	H Rules R
SB 1128 SB 5013	Providing a tax exemption for the first 20,000 gallons/yr of wine sold by a winery in Washington	H Finance S Business, Fin
HB 1765	Concerning special occasion liquor licenses	H Finance

The Current Session: Big Picture Pt 2.

▶ Drug Policy

- ▶ Blake Decision

▶ Schools

- ▶ Modifying prototypical school formula
- ▶ Increasing rural access to MH professionals

▶ Tobacco

- ▶ Purchase, use, and possession penalties

2023 Bills of Interest- Drug Policy

<u>Bill #</u>	<u>Title</u>	Status
HB 1209	Restricting the possession, purchase, delivery, and sale of certain equipment used to illegally process controlled substances	H Rules R
SSB 5010	Including synthetic opioids in the endangerment with a controlled substance statute.	S 2nd Reading
SSB 5536	Concerning controlled substances, counterfeit substances, and legend drug possession and treatment.	S Ways & Means
SB 5263	Concerning access to psilocybin services by individuals 21 years of age and older	S Ways & Means

2023 Bills of Interest- Schools, MH, & Tobacco

Bill #	Title	Status
SB 5710	Providing access to behavioral health services to youth in rural and underserved areas.	S Ways & Means
HB 1230	Requiring Schools to make DOH info available	H 2nd Reading
HB 1741	Increasing prototypical school formulas to support student health, well-being, and educational outcome	H Approps
SHB 1134	Implementing the 988 system	H Approps
SB 5095	Creating the "parks Rx" health and wellness pilot programs.	S Ways & Means
SSB 5365	Preventing use of vapor and tobacco products by minors	S Rules 2

Preventing use of vapor & tobacco products by minors: SSB 5365

- ▶ Since TV21 went into effect, a disparity in the tobacco possession law exists:
 - ▶ 18–21: no penalties
 - ▶ Below 18: civil infraction
- ▶ Current enforcement disproportionately affects BIPOC youth
- ▶ SSB 5365 removes penalties for youth
 - ▶ Increases penalties for retailer violations
 - ▶ Limits enforcement actions to LCB officers pursuing evidence in immediate proximity to retail violation



Dead But Watching

<u>Topic</u>	<u>Bill #</u>	<u>Title</u>	<u>Status</u>
Alcohol	HB 1016 SB 5007	Establishing a wine retailer shipper's permit	H Reg Substance and Gaming S Labor & Commerce
Alcohol	HB 1587	Spirit tax/veterans' orgs.	H Reg Subst & GA
Alcohol	HB 1672	Providing a spirits tax exemption on spirits purchased for veterans' service organizations' fund-raising.	H Reg Subst and Gaming
Alcohol	SB 5568	Creating an endorsement to the beer and/or wine specialty shop license.	S Labor & Comm
Cannabis	HB 1595	Decreasing Cannabis Excise Tax	H Reg Subst & Gaming

Dead But Watching

<u>Topic</u>	<u>Bill #</u>	<u>Title</u>	<u>Status</u>
Cannabis	HB 1642	Cannabis excise tax	H Reg Subst & Gaming
Cannabis	HB 1641	Regulating the sale of cannabis concentrates.	H Reg Subst & Gaming
Cannabis	SB 5404	Addressing public health challenges of high-potency cannabis products	S Labor & Comm
Cannabis	HB 1162	Concerning minors in possession of alcohol, cannabis, or controlled substance	H Community Safe
Cannabis	SB 5624	Expanding and improving the social equity in cannabis program	SLaw & Justice
Cannabis	HB 1520	Increasing cannabis revenue distributions to local governments	H Community Safe

Dead But Watching

<u>Topic</u>	<u>Bill #</u>	<u>Title</u>	<u>Status</u>
Drug Policy	SB 5422	Expanding Penalties and Offenses for Controlled Substances	S Health & Long
Drug Policy	SB 5239	Implementing the recommendations of the substance use recovery services advisory committee.	S Health & Long
Opioids	HB 1497	Concerning Fentanyl	H Reg Substance and Gaming
Schools	HB 1675	Providing access to behavioral health services to children using licensed clinicians colocated within the school	H Education
Schools	HB 1802	Establishing a school safety dashboard	H Community Safe
Tobacco	HB 1790	Enhancing the regulation of vapor products and tobacco products	HReg Subst & Ga
Tobacco	HB 1803	Preventing use of vapor and tobacco products by minors	HReg Subst & Ga

Prevention Research Briefs & Fact Sheets

Concise documents emerging prevention, mental health, and substance use topics

Washington State Health Care Authority

Goal: Protecting Youth from the Harmful Effects of Alcohol, Cannabis, and Commercial Tobacco (Nicotine) Marketing and Promotion

Because underage youth are frequently exposed to alcohol, cannabis, and tobacco promotion and marketing

Why It Matters

- Most youth exposure is through outdoor advertisement, social media, and television.¹⁻³ Billboards and radio advertisements are especially influential in rural areas.
- Underage exposure to alcohol, cannabis, and tobacco marketing increases the risk of early use.^{4,5} The earlier youth begin use, the more likely they will develop a substance misuse disorder as an adult.^{6,7}
- Advertisements and social media content normalize substance use which can lead to increased use. The greater the exposure to marketing, the more likely that youth are going to start use early, use more, and engage in risky use.^{3,4,8-15}

The most frequent related marketing in Washington State is on spaces such as signs and billboards.



Washington State Health Care Authority

Location Matters: Access, Availability, Density of Substance Retailers

Policies that limit youth access to substances foster health for healthier youth.

Why It Matters?

Youths' substance use increases when they are more able to obtain alcohol, commercial tobacco, and cannabis. The earlier youth initiate use, the more likely they will experience neurological problems and/or develop a substance misuse disorder as an adult.

Washington can help delay youth substance use initiation by limiting access, availability, and density of substances.

Most Vulnerable Are Most At Risk

Access and proximity don't work the same for everyone. Those at greatest risk (e.g., youth from lower income families) and those most vulnerable (e.g., youth of color) are more likely to increase use as substances become more available.¹

COVID-19 prompted relaxation of some alcohol regulations, allowing curbside pick-up and home delivery, including use of app technology to obtain alcohol. ID checks are not consistently practiced for home deliveries.



Washington State Health Care Authority

Smart Investment: Costs and Benefits of Prevention and Behavioral Health Promotion

We can improve the lives of young people, their families, and communities – and save money – by investing in effective prevention.

Why It Matters

Every year, early substance use and mental health problems affect far too many people younger than age 21 in Washington State.¹

Access, Availability, Use and Related

Accessibility: proximity to services
Availability: the number of services
Density: the number of services for purchase or use

The number of commercial...
The number of delivery... where ID...
Increasing in Wash... related... department... higher treatment rates for...



In the past month, 1 in 5 high school students:

- Drank alcohol
- Used e-cigarette or vaping products

2 in 5 tenth-graders felt so sad or hopeless that they stopped doing their usual activities

Source: 2018 Healthy Youth Survey data

These problems have a human toll in pain and suffering, and school, work, and leisure time lost to treatment services. They also have a statewide financial toll. Treatment costs alone cost Washington State \$415,370,973 each year.¹ Juvenile justice costs \$2,756,887,000.²

These costs can be reduced if greater investments are made 'up stream' in effective and cost-beneficial prevention programs that keep young people healthy and away from choices that may lead to harms.

Substance use and mental health problems in Washington's young people can be reduced through high-quality delivery of effective prevention programs and policies.

More than 70 prevention programs have been shown in high-quality research studies to reduce problems like substance use and mental health problems and to improve wellbeing.³

These programs can be offered to children, youth, and families in schools, community agencies, primary care, and other community-wide settings where they live, work, and play.

Resources

- ▶ Bill information page: <https://app.leg.wa.gov/billinfo/>
- ▶ TVW: <https://www.tvw.org/>
- ▶ Agendas, Schedules and Calendars:
<http://leg.wa.gov/legislature/Pages/Calendar.aspx>
- ▶ Prevention Voices WA
 - ▶ Weekly Bill Analysis call
 - ▶ 12-part mini-series on WA Legislature 101:
https://youtube.com/playlist?list=PLCXsF_GjPf4yG6hv3sywZJjLvC2SIALiT
- ▶ Weekly WA Breathes Policy Learning Circle call
- ▶ WASVAP: <https://wasavp.org/>

Workforce Development & Training Announcements

Endalkachew Abebaw | Policy and Project
Manager | HCA/DBHR

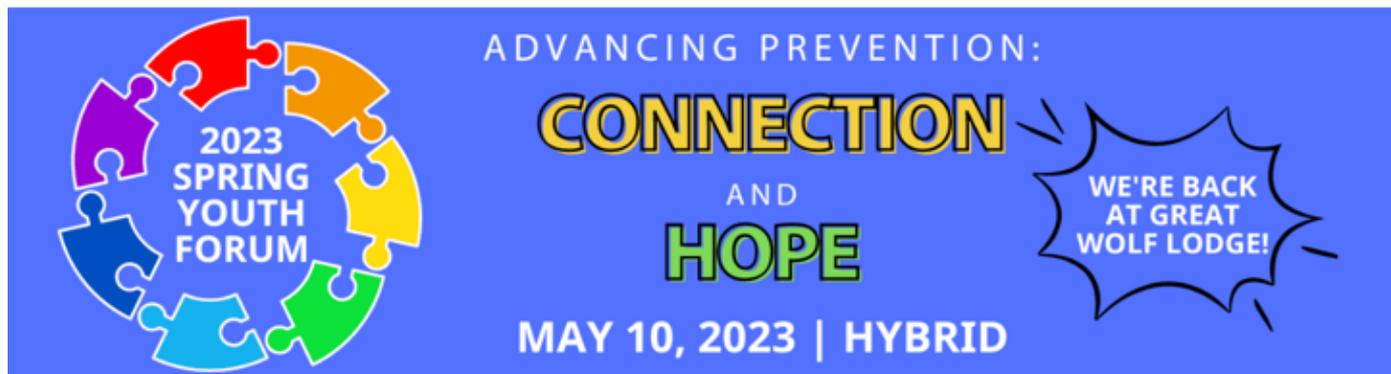
Workforce Dev. & Training Updates

Training	Date(s) and Location
PTTC: Advancing Community Prevention Efforts in an Era of Scientific Distrust	Feb 23 (Virtual)
HCA & WSU: Strengthening Families Program Facilitator Training (In-Person)	Feb 27 – Mar 1 (Bremerton, WA) Mar 1-3 (Tacoma, WA)
HCA & WSU: Youth Engagement Training	Feb 28 (Virtual)
HCA: New Coordinator Basic Training (Registration: Closed)	Mar 2 – 30 (Virtual)
PTTC: Sustainability Planning: An Enhanced Prevention Learning Series	Mar 2 – April 13 (Virtual)
WASAVP: Spring 2023 Art & Science of Community Organizing (ASCOT)	Mar 8 – April 19 (Virtual)
HCA & WSU: Guiding Good Choices New Facilitator Training	Mar 13 – 17 (Virtual)
Media in Prevention Webinar 1: Social Media Best Practices	Mar 21 (Virtual)
DBHR Learning Community Meeting	March 22 (Virtual)

For more info, visit <https://www.theathenaforum.org/event-calendar/month>.

Spring Youth Forum Update

- ▶ Spring Youth Forum – Tony Edwards-Lenton
 - ▶ Great Wolf Lodge in Grand Mound, WA
 - ▶ May 10, 2023
 - ▶ Visit our website for more info:
<https://springyouthforum.org/>



Region 10 Opioid Summit & Coalition Leadership Institute Updates

- ▶ Region 10 Opioid Summit – Natalie West
 - ▶ Hilton in Vancouver, WA
 - ▶ July 19-20, 2023: Region 10 Opioid Summit
 - ▶ Visit this website for more info:
<http://region10opioidsummit.org/>



- ▶ Coalition Leadership Institute – Rachel Ray & Jordan Wolfe
 - ▶ Stay tuned for more updates!

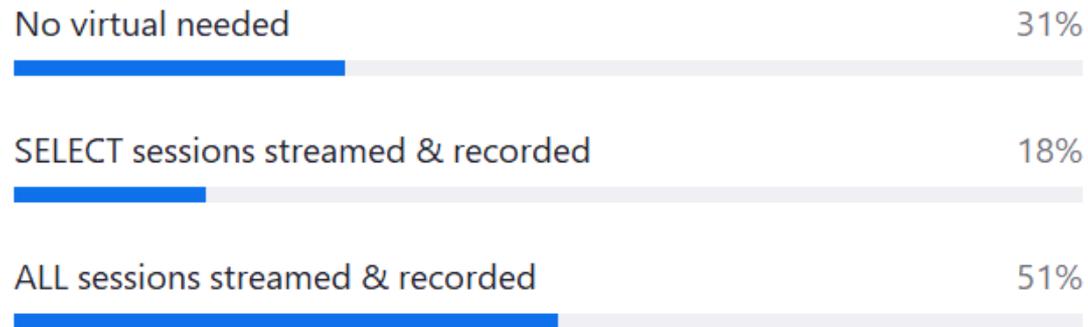
Prevention Summit Update

- ▶ All certificates have been sent out to the email you used to register and log-in to platform.
 - ▶ Common for these to be filtered or marked as spam – so check those folders!
 - ▶ Also common for IT dept. to block from receiving so also check-in with your respective IT dept.
- ▶ Still cannot track the certificates email? Email contactus@preventionsummit.org
 - ▶ Please do this sooner rather than later!

Results of the Prevention Summit Hybrid Preference Poll

Hybrid preference

1. What is your hybrid preference? (Single Choice) *



You did not answer this question

2023 Prevention Awards of Excellence

April 2023

- Nomination Form and Overview
- Nominations accepted April – August 9, 2023



2023 Prevention Awards of Excellence



Categories:

- Tribal and Urban Indian Prevention efforts
- Youth Leadership
- Young Adult Leadership
- Prevention Professional/Community Prevention Supporter
- Community Coalition or Prevention Group
- Contributions to Prevention by an Organization, Business, or Agency
- Outreach or Implementation of a Prevention Program
- Early-Career Prevention Professional

3rd Hour Training: Engaging Youth In Prevention

To access slides and documents for this 3rd hour training, please visit: <https://theathenaforum.org/training/trainings> and scroll down to the "2023" section, under "WSU Youth Engagement Trainings – February 22 and 28".

2023

WSU Youth Engagement Trainings - February 22 and 28

Session 1 - February 22

- [Session 1 Presentation \(PPT\)](#)
- [Youth Adult Engagement Readiness Assessment](#) - Useful to review before February 28 training