

October 2013 Community Forums I-502 Implementation Planning



October 2nd Yakima, Washington | October 3rd Spokane, Washington | October 4th Seattle, Washington
October 8th Vancouver, Washington | October 9th Webinar Online

<ul style="list-style-type: none"> ❖ Welcome and Introductions ❖ Overview of I-502 Disbursements 	<p>Michael Langer Chief, Office of Behavioral Health and Prevention Division of Behavioral Health and Recovery (DBHR)</p>
<ul style="list-style-type: none"> ❖ Healthy Youth & Young Adult Survey <ul style="list-style-type: none"> ▪ Questions or Comments? 	<p>Sarah Mariani Behavioral Health Administrator DBHR</p> <p>Grace Hong, Ph.D. Epi Prevention Manger DBHR</p>
<ul style="list-style-type: none"> ❖ Youth Marijuana Use Treatment <ul style="list-style-type: none"> ▪ Questions or Comments? 	<p>Amy Martin Behavioral Health Manager DBHR</p>
<ul style="list-style-type: none"> ❖ Youth Marijuana Use Prevention <ul style="list-style-type: none"> ▪ Questions or Comments? 	<p>Julia Greeson Prevention System Manager DBHR</p>
<ul style="list-style-type: none"> ❖ Benefit-cost Evaluation <ul style="list-style-type: none"> ▪ Questions or Comments? 	<p>Sean Hanley Senior Research Associate Washington State Institute for Public Policy (WSIPP)</p>
<ul style="list-style-type: none"> ❖ Public Health Hotline ❖ Grants for Coordinated Interventions ❖ Media-based Education Campaigns <ul style="list-style-type: none"> ▪ Questions or Comments? 	<p>Paj Nandi Section Manager Community Based Prevention</p> <p>Paul Davis Manager Tobacco Prevention & Control and Oral Health</p> <p>Washington State Department of Health (DOH)</p>
<ul style="list-style-type: none"> ❖ Closing Comments 	<p>Michael Langer Chief, Office of Behavioral Health and Prevention DBHR</p>

Topics for Community Forums

- Overview of I-502 disbursements
- Healthy Youth Survey and young adult survey
- Evaluation
- Youth marijuana use treatment
- Youth marijuana use prevention
- Media-based education campaigns
- Prevention hotline

I-502 Primary Disbursement Highlights - **Disbursement of marijuana excise taxes, license fees, penalties, and forfeitures every three (3) months as follows:**

- **\$1,250,000** – Liquor Control Board – Administration of the initiative.
- **\$125,000** - Department of Social and Health Services (DSHS) – Healthy Youth Survey (Collaboration with Office of the Supt. of Public Instruction, Dept. of Health, Dept. of Commerce, and Liquor Control Board.)
- **\$50,000** - DSHS - Contract with the WA State Institute for Public Policy to conduct a cost-benefit evaluation.
- **\$5,000** - University of Washington Alcohol & Drug Abuse Institute - Web-based public education materials.

Of the remaining funds after primary disbursement dollar amounts, these agencies receive a percentage:

- **15%** - DSHS, Division of Behavioral Health and Recovery (DBHR) – Prevention and reduction of substance abuse (85% of funding for Evidence-based Programs, up to 15% for Research-based and Promising Programs).
- **10%** - Department of Health - Marijuana education and public health program that contains a public health hotline, grants program for local health departments or community agencies, and media-based education campaign.
- **.6%** - University of Washington – Research on the short- and long-term effects of marijuana.
- **.4%** - Washington State University – Research on the short- and long-term effects of marijuana.
- **50%** - Deposit into Basic Health Plan Trust Account – To be used as provided under RCW 70.47.
- **5%** - Washington State Health Care Authority – For health care contracts with community health centers to provide primary health and dental care, migrant health and maternity health care services.
- **.3%** - Office of the Superintendent of Public Instruction – Building Bridges (drop-out prevention program).
- **9.7%** - (Remainder) – General Fund.

Healthy Youth Survey: Overview

- Conducted jointly by DSHS, DOH, LCB, and OSPI
- Administered every two years
- Surveys public school students in 6th, 8th, 10th, and 12th grade
- Voluntary and anonymous

Healthy Youth Survey: Participation

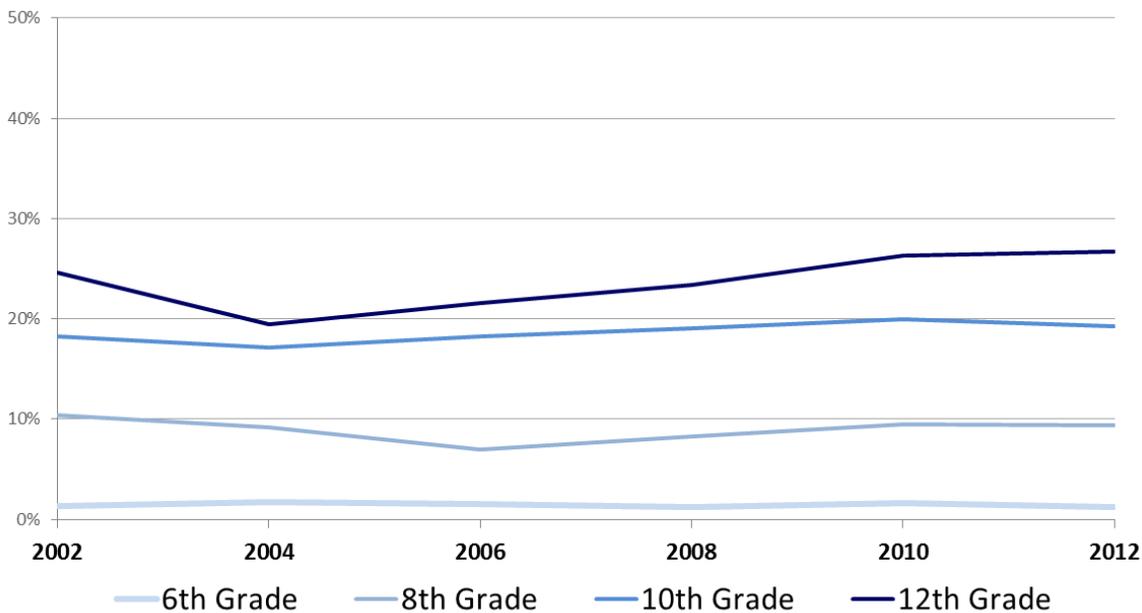
- Most recent survey: October 2012
 - All 39 counties
 - 224 (out of 295) school districts
 - 204,929 students
 - Almost 80% of the schools participated
- Next survey: October 2014

Healthy Youth Survey: Contents

- Health and health behaviors
- Drug use history
- Marijuana:
 - Consumption and frequency of use
 - Individual, family, school, and community characteristics that make marijuana use more or less likely

Marijuana Use Trends

Q: Smoked marijuana/hashish during the past 30 days?



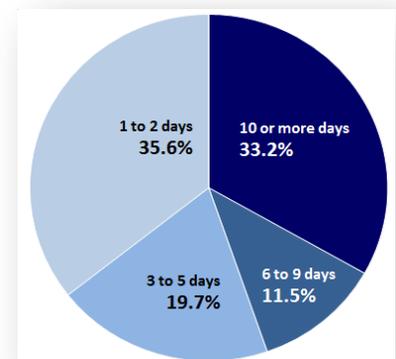
SOURCE: Washington State Healthy Youth Survey, 2012

Marijuana Use Frequency

Of the Washington State 10th graders who used marijuana in the previous 30 days, 33% used on 10 or more days

Proposed Additions for 2014

- Types of marijuana usually used
- How do youth get marijuana
- Driving after marijuana use/riding in cars with marijuana users



SOURCE: Washington State Healthy Youth Survey, 2002-2012

Young Adult Survey

Importance: Population with the highest rate of marijuana use

Goal: Reach young adults in universities, community colleges, trade schools, military, and those not in school

Timing: Need baseline data

Treatment Works! We provide youth in our state with the following treatment services:

- Outpatient and Intensive Outpatient
- Detoxification/stabilization
- Level I services
- Level II services
- Recovery House

Treatment Overview <http://www.dshs.wa.gov/dbhr/dadirectory.shtml>

- Youth Outpatient County Contractors – Appendix J
- Youth Residential – Appendix K
- Native American Treatment & Prevention Providers – Appendix N

Evidence-based Practices

The **UW Alcohol and Drug Abuse Institute** created a preliminary inventory of Evidence Based Practices that have good outcomes for marijuana abuse or dependence in adolescents, ages 12-17.

Identified Evidence-based Practices

- **Cannabis Youth Treatment (CYT) including:**
 - **Adolescent Community Reinforcement Approach (A-CRA)** and **Assertive Continuing Care (ACC)**
 - **Family Support Network** for Adolescent Cannabis Users (FSN)
 - **Motivational Enhancement Therapy** and **Cognitive Behavioral Therapy (MET/CBT)** for Adolescent Cannabis Users
 - **Multidimensional Family Therapy (MDFT)** for Adolescents
- **Multisystemic Therapy (MST)** for Substance-Using Juvenile Offenders
- **Project ASSERT** (Alcohol & Substance Abuse Services, Education, and Referral to Treatment)

Current Program Trends, Surveyed:

- Youth residential providers
- County contracted youth outpatient providers
- Tribal contracted youth outpatient providers

Program Criteria - *DSHS Guiding Principles*

- Family and Youth Voice and Choice
- Team-based
- Collaboration
- Individualized
- Family-focused and Youth-centered
- Natural Supports
- Culturally Relevant
- Outcome-based

Program Outcomes

- Expand utilization of Evidence-based Programs, Research-based Programs and Promising Practices and choose the ones that can be implemented with fidelity.
- Focus on outcome measures related to marijuana abuse and dependency.

Brief Overview of Prevention

In July 2011, DBHR began the redesign of the prevention delivery system:

- To better target and leverage funding through active partnerships.
- To provide long-term support for positive community change.
- To measure impacts and build the case for greater investments in prevention.

Community Prevention and Wellness Initiative (CPWI)

Our Goal: Reduce underage drinking in 8th and 10th grades

- By reducing underage drinking, we also expect to reduce youth crime, mental health problems, and improve school performance.

Partnership effort among DBHR, County Human Services, local school districts, Educational Service Districts, and the Office of the Superintendent of Public Instruction.

Community Prevention and Wellness Initiative

- Includes 52 communities across the state.
- Focuses resources in the highest-risk communities in Washington.
- Community-driven and data-informed planning.
- Concentrated prevention-intervention services.

From County-wide Services to High-need Communities

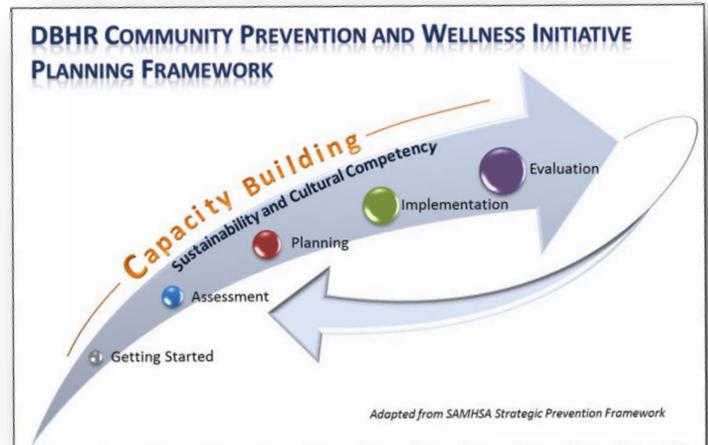
- Communities were identified using a risk score for each school district in the county.
- Risk profile scores were created using youth alcohol use data and levels of community problems that can increase youth risk for substance use and abuse.

Community Prevention

- Coalitions review data, make decisions, plan prevention services, and evaluate their efforts.
- Coalitions provide evidence-based programs, environmental strategies, and public awareness.
- Includes one full-time prevention-intervention specialist to serve middle or high school in each community.

Training and Technical Assistance

- DBHR has provided or developed over 15 unique trainings and presentations.
- 20 free online courses available plus additional viewing content.
- Trainings and other resources are posted on www.TheAthenaForum.org.
- DBHR staff provide support in assessing, planning, implementing and evaluating prevention services.



Evidence-based Programs

- Currently: Preliminary list of 13 Evidence-based Programs shown to reduce or prevent youth marijuana use and have cost-benefit.
- Next step: Determine risk factors that most strongly impact youth marijuana use; find programs that are shown to impact those risks and have cost-benefit when known.

Prevention with I-502 Funds

- Enhance funding in Community Prevention and Wellness communities for youth marijuana use prevention.
- Enhance funding for Native American Tribes for youth marijuana use prevention and reduction programs.
- Expand Community Prevention model to new communities with high-risk profiles for youth marijuana use.

Additional Needs for I-502 Funding Support for Prevention

- Research-based and promising programs
- Training
- Program quality assurance and fidelity
- Expanding to new communities
- Other

For Additional Information

- Liquor Control Board (LCB) <http://www.liq.wa.gov/marijuana/I-502>
- University of Washington's Alcohol & Drug Abuse Institute (ADAI) Learn about Marijuana – Science-based information for the public <http://www.LearnAboutMarijuanaWA.org>
- DSHS, Division of Behavioral Health and Recovery <http://www.dshs.wa.gov/DBHR/> or <http://www.TheAthenaForum.org>

Thank You for Attending

If you have further comments or questions feel free to contact:

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