

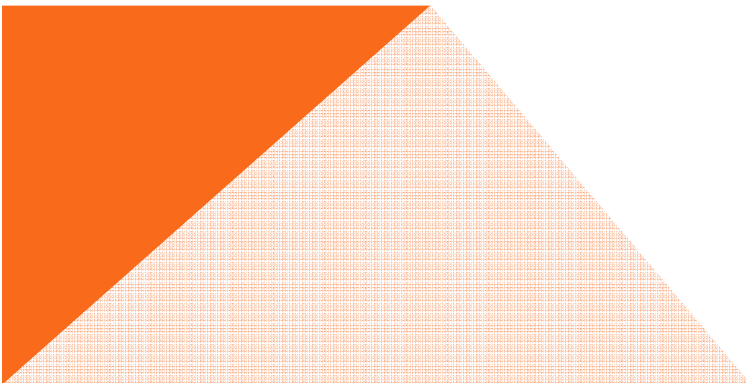


O K A N O G A N

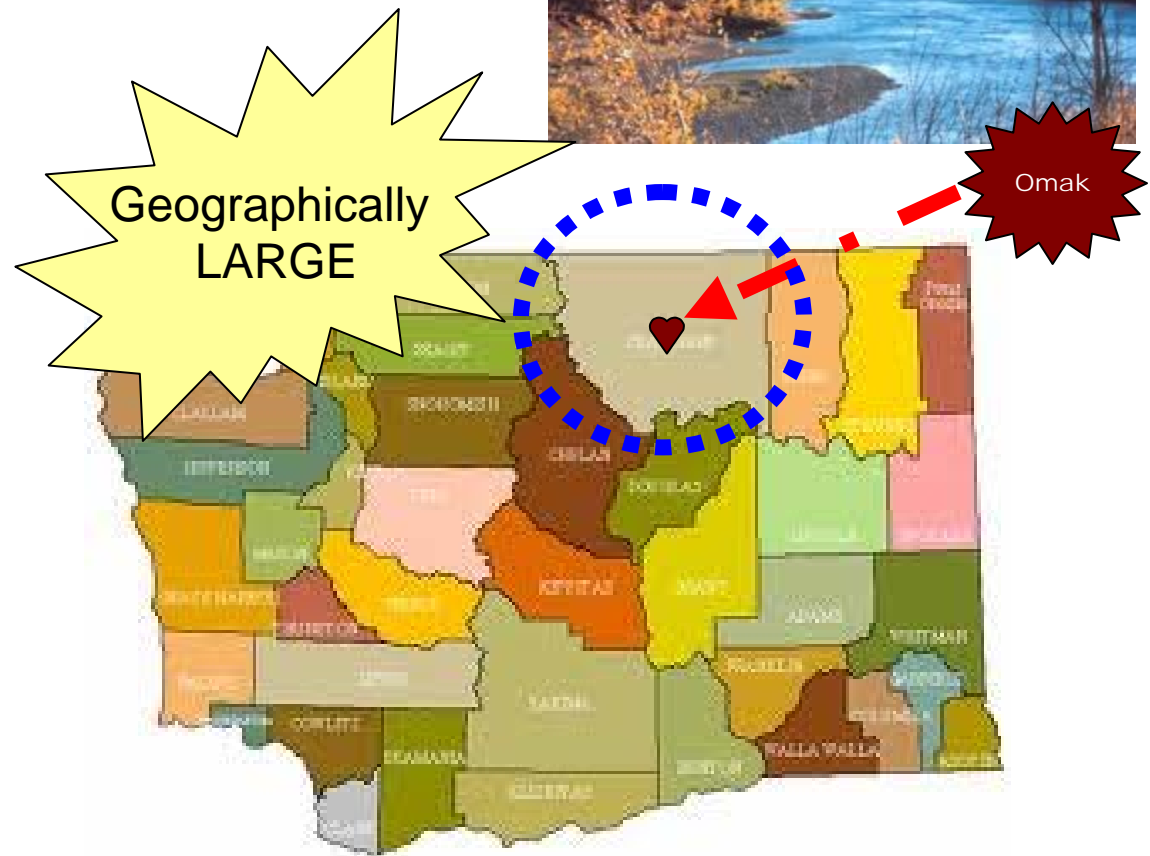
---

COUNTY COMMUNITY  
COALITION

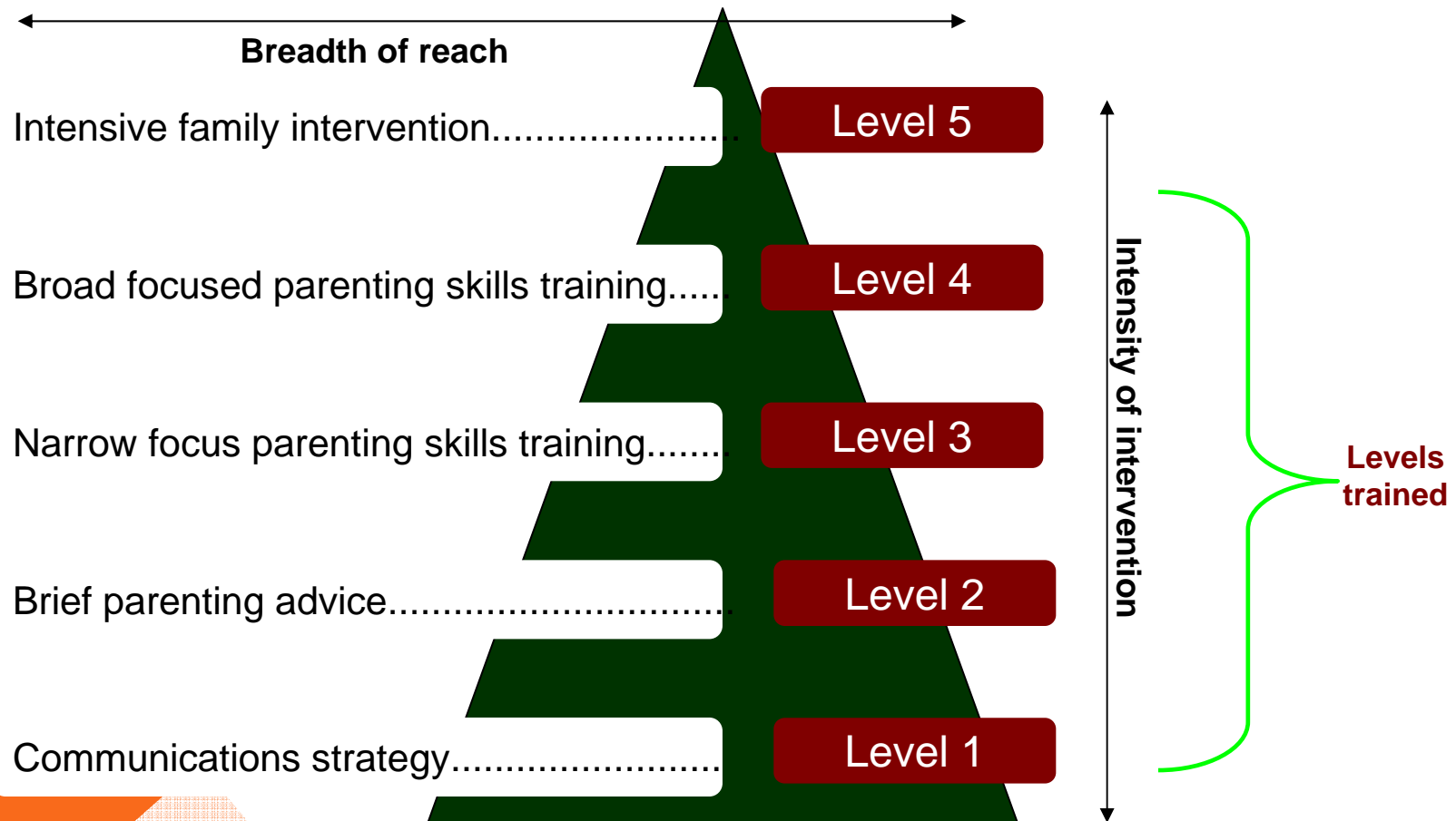
# Omak Triple P



- Okanogan County
- Rural and Remote  
(County population 40,000)
- Most services centralized in Omak (population 4,700)



# Omak Triple P – What is Triple P?



OKANOGAN  
COUNTY COMMUNITY  
COALITION

# Omak Triple P

## Focus of Triple P

- Self-sufficiency
- Self-efficacy
- Self-management
- Personal Agency
- Problem solving



**No more ~ no less**

**Providing parents with support  
~ in the dosage they need ~  
is cost effective and efficient**



OKANOGAN  
COUNTY COMMUNITY  
COALITION

# Omak Triple P

## Why Triple P?

**Identified in September 2011 by the Coalition's ACE Subcommittee as a program of interest.**

- Data indicating reduction in child maltreatment and out of home placement.
- Exploratory efforts to retain funding began during the next 6 months (led by Public Defender and CPS Supervisor).

**Triple P identified as a  
potentially sustainable  
prevention program**



OKANOGAN  
COUNTY COMMUNITY  
COALITION

# Omak Triple P



## Triple P Demonstration Grant

- Three rural communities (Omak, Othello, and Long Beach)
- Heavy emphasis on training primary care physicians, ARNP, and PA for levels 2/3
- Provide communities with a cohort of Level 4 trained providers (behavioral health)
- Seeks to de-stigmatize parent education and create an integrated approach of parent education between prevention, primary health, and behavioral health using a public health approach.



# Omak Triple P - Round 1



**Who was trained?**

## **Nurses: 45% of Cohort**

HeadStart – Home Visiting Staff

Birth-to-Three Staff

Domestic Violence Shelter Staff

Housing Authority Staff

Dispute Resolution Director

School Counselors



OKANOGAN  
COUNTY COMMUNITY  
COALITION

# Omak Triple P - Round 1

What happened?

**Not much.**

Why?



Only nurses were trained from primary health system  
No way for agency to bill for their services



OKANOGAN  
COUNTY COMMUNITY  
COALITION

# Omak Triple P - Round 2

## Level 2/3



Family Health Center  
(2) Physician's Asst.  
(2) MD's-Family



Mid-Valley Med Group  
(1) MD-Family



(1) Public Health Nurse



(4) Mental Health Prof.



**All billable**

# Omak Triple P - Round 2

## Level 4

(5) Mental Health Prof.

(1) CDP / Drug Court

(1) Coalition Staff

(1) Public Health Nurse



Referrals from Level 2/3

# Omak Triple P

## Most exciting part...?

**Potential development of evaluation tool  
to be used for local evaluation**

**Capacity built within  
community**

**Billing codes established by  
Healthcare Authority!**





# System Integration



OKANOGAN  
COUNTY COMMUNITY  
COALITION



O K A N O G A N

---

COUNTY COMMUNITY  
COALITION

# Omak Triple P

## Co-Program Directors

---

Megan Azzano  
(509) 826-8483  
mazzano@okbhc.org

Andi Ervin  
(509) 826-8454  
aervin@okbhc.org

