

# Building Resiliency: Understanding Trauma and Overcoming Toxic Stress

*A free presentation for parents,  
caregivers and community members.*

**Wednesday February 12, 2020  
6:00 - 7:30 p.m.**

**Tumwater High School Theatre  
700 Israel Rd. SW  
Tumwater, WA 98501**

*Get concrete and practical advice on how to  
help kids in your life thrive.*

Scott Hanauer, MA CMHS MHP, local and nationally recognized expert in trauma informed care will bring over 30 years of professional experience, the wisdom of lived experience and the many inspiring stories and lessons from local families to help you build resiliency in youth, families, schools and communities.



**For more information contact Jennifer Simmons:  
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*Learn how to help  
youth in your life feel  
better, stronger and  
more hopeful.*

*A painful childhood  
doesn't define a  
person's future.*

*It's impossible to shield  
children from all of life's  
stresses, but we can  
make things easier.*

*You don't need to be a  
professional to make  
a difference in a  
child's life.*



Washington State  
Health Care Authority

  
**Family Education  
& Support Services**  
Supporting Families...Strengthening Communities

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