What’s Happening in Your Community?
A Community Needs Assessment Data Book
March 2017
What’s Happening in Cascadia?

A Community Needs Assessment Data Book
Have you used the data book before?

A. Yes, I have used previous versions of the data book.

B. No, this is new to me.
Learning Objectives

1. Describe the contents of this data book and articulate how the data relate to the Community Prevention Wellness Initiative (CPW) logic model.
2. Describe the two different templates of the data book.
3. Understand the source and types of data presented in the data book.
4. Understand SDLU and the new data element in 2016
5. Apply data analysis skills to interpret tables and charts included in the data book
6. Explore additional data resources

Topical questions answered
Learning Objectives

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Purpose of the Data Book

• The data book
  – provides data for your needs assessment;
  – is designed to support your communities data-based decisions for prevention work; and
  – is organized around the CPWI logic model and planning framework.

DBHR COMMUNITY PREVENTION AND WELLNESS INITIATIVE PLANNING FRAMEWORK

Adapted from SAMHSA Strategic Prevention Framework
Data Book Contents

1. Measures Available for the Community Needs Assessment
2. How to Read the Charts and Tables
3. Consequences
4. Consumption
5. Intervening Variables
6. Additional HYS Data
7. Additional CORE Data
8. Demographic Profile
9. Poverty map
10. Definitions

Core logic model domains

Data over time, Risk & protective factor summaries
[Name] Coalition Logic Model

**Long-Term Consequences** (10-15 years)
- School Performance
- Youth Delinquency
- Mental Health

**Behavioral Health Problems** (Consumption) (5-10 years)
- Any Underage Drinking
- Underage Problem and Heavy Drinking

**Intervening Variables** (Risk/Protective Factors) (2-5 years)
- Alcohol Availability: Retail or Social Access
- Promotion of Alcohol
- Alcoholic Laws: Enforcement; Penalties; Regulations
- Low Commitment to School
- Favorable Attitudes/Perception of Harm
- Friends Who Use

**Local Conditions and Contributing Factors** (6 months – 2 years)
- Community Engagement/Coalition Development
- School-based Prevention/Intervention Services:
- Student Assistance Program
- Direct Services:

**Strategies & Local Implementation**
- Environmental Strategies:

**Evaluation Plan**
- Action
- So what? How will we know?
- What are we doing about it?
- ...can be addressed thru these strategies...
- ...specifically in our community...
- ...and we will use these tools to measure our impact...

**State Assessment**
- Local Assessment
- Plan/Implementation
- Reporting/Evaluation

These types of problems...
- These problems...

[Add Yours Here]
What are the problems we are trying to address?

School performance
- Self-reported grades
- Skipping school
- Graduation rates

Youth Delinquency
- Self-reported fighting
- Carrying a weapon
- Gang membership
- Drinking and driving
- Arrest rates
- Weapon incidents in schools

Mental Health
- Depression
- Considering suicide
- Suicide attempts

Why are the problems present in our community?

Consequences
Behaviors that are known to be associated with substance use

Consumption
Measure of the number of youth using/consuming alcohol and other substances

Intervening Variables
Characteristics that are strongly predictive of underage drinking and substance use

Measures

[Community Connectedness]

Youth Alcohol Use
- Current drinking
- Problem or heavy drinking
- Other substance use – tobacco, marijuana, other illegal drugs, prescription drugs

Alcohol Availability
- Ease of access and usual sources
- Density of licenses

[Promotion of Alcohol]

Risk of Alcohol Use
- Enforcement risk
- Perception of harm

Norms
- Youth, peers, and adults

Risk & Protective Factors
- Poor family management
- Early initiation of drugs
- Intentions to use drugs
- Friends’ use of drugs
- Social skills
Consequence Data

CONSEQUENCES | Behaviors that are known to be associated with substance abuse

CORE Measures of School Performance (2012, Percent)

<table>
<thead>
<tr>
<th></th>
<th>Wherever</th>
<th>School Districts Like Us</th>
<th>State</th>
</tr>
</thead>
<tbody>
<tr>
<td>Extended Graduation</td>
<td>1</td>
<td>2</td>
<td>4</td>
</tr>
<tr>
<td>Overtime Graduation</td>
<td>1</td>
<td>2</td>
<td>4</td>
</tr>
<tr>
<td>Annual (Event) Dropouts</td>
<td>1</td>
<td>2</td>
<td>4</td>
</tr>
</tbody>
</table>

Extended Graduation Rate. The rate per 100 of students in the freshman cohort who graduate including those students who stay in school and take more than four years to complete their degree.

Wherever | School Districts Like Us | State
---|---|---
0 | 0 | 0 | 0 | 0 | 0

10
Consumption Data

HYS Measures of Youth Substance Use (2014, Percent)

- Current marijuana use Grade 8: 1%, 2%, 3%, 3%, 4%, 3%, 4%, 4%, 5%, 3%, 4%, 5%, 6%, 5%, 6%, 7%, 6%, 8%
- Current other illegal drug use Grade 8: 2%, 3%, 2%, 4%, 4%, 5%, 5%, 6%, 5%, 6%, 7%, 6%, 8%
- Current prescription drug use Grade 8: 3%, 4%, 5%, 4%, 6%, 5%, 6%, 5%, 7%, 6%, 7%, 6%, 8%
- Current marijuana use Grade 10: 4%, 4%, 4%, 4%, 5%, 5%, 6%, 6%, 7%, 7%, 8%
- Current other illegal drug use Grade 10: 3%, 3%, 3%, 3%, 4%, 4%, 5%, 5%, 6%, 6%, 7%
- Current prescription drug use Grade 10: 2%, 2%, 2%, 2%, 3%, 3%, 4%, 4%, 5%, 5%, 6%

### HYS Measures of Youth Substance Use

<table>
<thead>
<tr>
<th>GRADE</th>
<th>Wherever</th>
<th>School Districts Like Us</th>
<th>State</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>2012</td>
<td>2014</td>
<td>2012</td>
</tr>
<tr>
<td>8</td>
<td>7%</td>
<td>a</td>
<td>a</td>
</tr>
<tr>
<td>10</td>
<td>10%</td>
<td>a</td>
<td>a</td>
</tr>
</tbody>
</table>

**Current Marijuana Use.** During the past 30 days, on how many days did you: Use marijuana or hashish? (District results: Use any days)

**Current Other Illegal Drug Use.** During the past 30
Intervening Variables

INTERVENING VARIABLES | Characteristics that are strongly predictive of underage drinking/substance abuse

CORE Measures of Alcohol Availability (2013, Rate per 1,000)

Wherever | slu | State

<table>
<thead>
<tr>
<th>Active alcohol retailers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Per 1,000</td>
</tr>
<tr>
<td>0</td>
</tr>
<tr>
<td>1</td>
</tr>
<tr>
<td>2</td>
</tr>
<tr>
<td>4</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>CORE Measures of Alcohol Availability</th>
</tr>
</thead>
<tbody>
<tr>
<td>Active Alcohol Retailers. The number of alcohol retail licenses active during the year, per 1,000 persons (all ages). Retail licenses include restaurants, grocery stores, and wine shops but do not include state liquor stores and package.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Wherever</th>
<th>School Districts Like Us</th>
<th>State</th>
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</thead>
<tbody>
<tr>
<td>2012</td>
<td>2012</td>
<td>2012</td>
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<tr>
<td>2013</td>
<td>2013</td>
<td>2013</td>
</tr>
</tbody>
</table>
Learning Objectives

- Describe the contents of this data book and articulate how the data relate to the CPWI logic model.

✓ Describe the two different templates of the data book.

- Understand the source and types of data presented in the data book.

- Understand the new data element in 2016

- Apply data analysis skills to interpret tables and charts included in the data book

- Explore additional data resources
Data Book Templates: Regular

HYS Measures of Youth Substance Use (2014, Percent)

- Current drinking
- Problem/heavy drinking
- Current tobacco use

<table>
<thead>
<tr>
<th></th>
<th>Grade 8</th>
<th>Grade 10</th>
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</thead>
<tbody>
<tr>
<td><strong>Current drinking</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Community X</td>
<td>17%</td>
<td>20%</td>
</tr>
<tr>
<td>School District Like Us</td>
<td>13%</td>
<td>23%</td>
</tr>
<tr>
<td>State</td>
<td>8%</td>
<td>10%</td>
</tr>
</tbody>
</table>

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<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
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</thead>
<tbody>
<tr>
<td><strong>Problem/heavy drinking</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Community X</td>
<td>15%</td>
<td>21%</td>
</tr>
<tr>
<td>School District Like Us</td>
<td>11%</td>
<td>18%</td>
</tr>
<tr>
<td>State</td>
<td>4%</td>
<td>10%</td>
</tr>
</tbody>
</table>

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Current tobacco use</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Community X</td>
<td>5%</td>
<td>6%</td>
</tr>
<tr>
<td>School District Like Us</td>
<td>6%</td>
<td>13%</td>
</tr>
<tr>
<td>State</td>
<td>4%</td>
<td>10%</td>
</tr>
</tbody>
</table>
**Data Book Templates: Small Community**

**HYS Measures of Youth Substance Use (2014, Percent)**

<table>
<thead>
<tr>
<th>Measure</th>
<th>Grade</th>
<th>2012</th>
<th>2014</th>
<th>School Districts Like Us</th>
<th>State</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Current Drinking</strong></td>
<td>8 and 10</td>
<td>14%</td>
<td>15%</td>
<td>21%</td>
<td>18%</td>
</tr>
<tr>
<td></td>
<td>8,9,10,11,12</td>
<td>14%</td>
<td>20%</td>
<td>17%</td>
<td>15%</td>
</tr>
<tr>
<td><strong>Problem/Heavy Drinking</strong></td>
<td>8 and 10</td>
<td>9%</td>
<td>10%</td>
<td>15%</td>
<td>12%</td>
</tr>
<tr>
<td></td>
<td>8,9,10,11,12</td>
<td>9%</td>
<td>15%</td>
<td>12%</td>
<td>9%</td>
</tr>
<tr>
<td><strong>Current Tobacco Use</strong></td>
<td>8 and 10</td>
<td>5%</td>
<td>11%</td>
<td>13%</td>
<td>9%</td>
</tr>
<tr>
<td></td>
<td>8,9,10,11,12</td>
<td>5%</td>
<td>15%</td>
<td>9%</td>
<td>7%</td>
</tr>
</tbody>
</table>

*The bar chart includes 2014 HYS results for your school district area, "school districts like us" and the state.*

- The 2014 rate is significantly different from the 2012 rate.
- The “school districts like us” rate is significantly different from your school district area rate.
- The state rate is significantly different from your district area rate.
- Fewer than 30 students answered this question.
Why bother with two templates?
Small School Districts

• 186 Small School Districts in Washington State
  – less than 600 students enrolled in Grades 6, 8, 10 and 12

• Data limitations – suppression rules
  – Fewer than 15 students taking the survey

• Confidence intervals.
  – Small samples contribute to large confidence intervals.

• Stability
  – Data in small communities are not as stable as in larger communities
  – More likely that “chance” can affect survey results
  – The absence from school of only a couple of students could change results
Small School District Participation Program

• 28 CPWI Coalitions represent Small School Districts

• Goal: increase the number of respondents
  – smaller confidence intervals,
  – more stable results
Why combine results for small communities

Past 30-day alcohol use in Community X

- 10th grade only: N= 79, CI=+/-10.7%
- 8th and 10th combined: N= 166, CI=+/-6.6%
- All grade 8th - 12th combined: N= 339, CI=+/-5.2%
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Data Sources - CORE

Community Outcome and Risk Evaluation (CORE) System

• 47 indicators highly correlated with substance use and risk factors

• Archival/administrative data
  – Drug law violations
  – Hospital admission data, death certificate information

• Primary data sources
  – DSHS, DOH, OSPI, UCR
**Data Sources - HYS**

**Washington State Healthy Youth Survey (HYS)**

- School-based survey
  6th, 8th, 10th, and 12th grade participation

- Small schools/school districts program
  7th, 9th, 11th grade participation

- Conducted every two years
Types of Data

Most recent data
• Healthy Youth Survey – 2014 and 2016
• CORE data – 2 years

Trend data
• HYS: 2008 – 2016
• CORE: 2004 – 2016

School Districts Like Us comparisons
Demographic profile
Map
Most Recent Data: 2014, 2016 HYS
Regular Data Book

Charts compare 2014 community, SDLU, and state results

Tables present community and state rates, by grade and year

Table notes

HYS Measures of Youth Substance Use (2014, Percent)

<table>
<thead>
<tr>
<th>Measures of Substance Use</th>
<th>Community X</th>
<th>School District Like Us</th>
<th>State</th>
</tr>
</thead>
<tbody>
<tr>
<td>Current Drinking: During the past 30 days, on how many days did you: Drink a glass, can or bottle of beer? (District results: Drink any days)</td>
<td>8: 21% 17% a 15% b 13% b 12% c 8% c</td>
<td>10: 29% 20% a 28% 23% 23% 21%</td>
<td></td>
</tr>
<tr>
<td>Problem/Heavy Drinking: (District results: 3-5 days drinking in the past 30 days and/or 1 binge past 2 weeks, or 6+ days drinking in the past 30 days and/or 2+ binge past 2 weeks)</td>
<td>8: 19% 15% b 12% b 11% b 8% 5% c</td>
<td>10: 27% 18% b 21% 18% 17% 13% c</td>
<td></td>
</tr>
<tr>
<td>Current Tobacco Use: During the past 30 days, on how many days did you: Smoke cigarettes, or: Use chewing tobacco, snuff, or dip? (District results: Use either on any days)</td>
<td>8: 16% 5% a 7% 6% 6% 4%</td>
<td>10: 13% 10% 11% 10% 12% 10%</td>
<td></td>
</tr>
</tbody>
</table>

* The bar chart includes 2014 HYS district and state results.
* The 2014 rate is significantly different from the 2012 rate.
* The SDLU rate is significantly different from your district area rate.
* The state rate is significantly different than your district rate.
* Fewer than 30 students answered this question.
What is “school districts like us” (SDLU)?

• SDLU are communities that share similar demographic and socioeconomic characteristics as your community
SDLU - School Districts Like Us

SDLU have similar characteristics in

- Race/ethnicity
- Poverty level
- Population density
- Relationship between school district and community (% levy approved)
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Intention to Use Risk Factor - Dropped

HYS Measures of Risk and Protective Factors Most Strongly Associated with Alcohol and Marijuana Use
The following four risk factors and one protective factor were found to be most strongly associated factors with alcohol and marijuana use at the state level:

- Parental Attitudes Tolerant of Substance Use
- Friends Use of Drugs
- Social Skills
- Early Initiation of Drugs
- Intentions to Use Drugs

Data on all of the risk and protective factors are available at the end of the data book.

HYS Risk Factors (2014, Percent at Risk)

<table>
<thead>
<tr>
<th>Grade 8</th>
<th>Grade 10</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parental Attitudes Tolerant of Substance Use</td>
<td>38%</td>
</tr>
<tr>
<td>Early Initiation of Drugs</td>
<td>30%</td>
</tr>
<tr>
<td>Intentions to Use Drugs</td>
<td>22%</td>
</tr>
<tr>
<td>Friends' Use of Drugs</td>
<td>28%</td>
</tr>
<tr>
<td>Parental Attitudes Tolerant of Substance Use</td>
<td>23%</td>
</tr>
<tr>
<td>Early Initiation of Drugs</td>
<td>14%</td>
</tr>
<tr>
<td>Intentions to Use Drugs</td>
<td></td>
</tr>
<tr>
<td>Friends' Use of Drugs</td>
<td></td>
</tr>
</tbody>
</table>
Peer Individual Risk Factor – Added

Favorable Attitudes Towards Drug Use

Q. How wrong do you think it is for someone your age to:

1. Drink beer, wine, or hard liquor (for example: vodka, whiskey, or gin) regularly?
2. Smoke cigarettes?
3. Smoke marijuana?
4. Use LSD, cocaine, amphetamines, or another illegal drug?
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## HYS Participation Rate – Regular Data Book

### Example

<table>
<thead>
<tr>
<th>Grade 8</th>
<th>Grade 10</th>
</tr>
</thead>
<tbody>
<tr>
<td>Students Participating in the 2014 Survey</td>
<td>661</td>
</tr>
<tr>
<td>Survey Participation Rate</td>
<td>81%</td>
</tr>
</tbody>
</table>

- 70% + probably representative of students
- 40-69% Results may be representative
- 40% or less probably not representative of students - data are not reported (SUPPRESSED)
HYS Participation Rate – Small District Data

Book Example

Grades 8 and 10
- 77% participation: probably representative of students
- 23 students participated: small sample, less stable results

Grades 8 – 12
- Data suppressed, possible reasons:
  - 40% of enrolled students or less participated in survey
  - missing data from any grade for small school district participants
Statistical Significance

• Refers to the probability that the results of a particular question represent the true pattern and not by chance alone.

• Using 95% confidence intervals:
  – a difference between two groups is considered statistically significant if chance could explain it only 5% of the time or less.
Table Notes – statistical comparisons

a. COMPARE YEARS: The 2016 rate is significantly different from the 2014 rate.

b. COMPARE SDLU: The “school districts like us” rate is significantly different from your school district area rate.

c. COMPARE STATE vs. DISTRICT: The state rate is significantly different from your district area rate.

d. Fewer than 30 students answered this question.
How to Interpret Confidence Intervals
Interpret Confidence Interval

HYS Measures of Youth Substance Use (2014, Percent)

- 2014 community rate
- School Districts Like Us rate
- 2014 state rate
- 95% confidence interval comparisons

95% CI
Q. **What are confidence intervals and why do you need confidence intervals?**

- The confidence interval ± represents the variability of the estimate.
- It’s unlikely that 100% of your students participated in the survey.
- The reported value is unlikely to be exactly the same as the “true” value for all your students.
- The confidence intervals account for the random variation due to sampling.
- The confidence intervals help you compare your results to others and over time.
Q. What affects the size of a confidence interval?

• The size of a confidence interval is affected by:

• Sample Size

  In general, the larger the sample (Example - students surveyed) the smaller the confidence interval.

• Inherent variability.

  If most students select the same response to a survey question, there is less variability. The more variable the answers, the wider the CIs.
• Between 25% and 32% of the 8th grade students in our community had low grades in school.

OR

• About 29% of the 8th grade students who took the survey reported low grades in school.
Non-significant Difference

![Bar chart showing the percent of students who have smoked cigarettes, locally and state-wide.](chart.png)
Significant Difference

Smoked cigarettes

<table>
<thead>
<tr>
<th>Local</th>
<th>State</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Percent of students
Significance Inconclusive

Smoked Cigarettes

Percent of Students Who Smoked

State

School
Interpret HYS Data Chart

Comparisons by:
- Grade
- Community
- SDLU
- State
Interpret HYS Data Tables

<table>
<thead>
<tr>
<th></th>
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</tr>
</thead>
<tbody>
<tr>
<td><strong>Current Drinking.</strong>  During the past 30 days, on how many days did you: Drink a glass, can or bottle of beer? (District results: Drink any days)</td>
<td>8</td>
<td>22%</td>
<td>17%</td>
</tr>
<tr>
<td></td>
<td>10</td>
<td>29%</td>
<td>20%</td>
</tr>
<tr>
<td><strong>Problem/Heavy Drinking.</strong> (District results: 3-5 days drinking in the past 30 days and/or 1 binge past 2 weeks, or 6+ days drinking in the past 30 days and/or 2+ binge past 2 weeks)</td>
<td>8</td>
<td>19%</td>
<td>15%</td>
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<tr>
<td></td>
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<td>27%</td>
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<td><strong>Current Tobacco Use.</strong> During the past 30 days, on how many days did you: Smoke cigarettes, or Use chewing tobacco, snuff, or dip? (District results: Use either on any days)</td>
<td>8</td>
<td>10%</td>
<td>5%</td>
</tr>
<tr>
<td></td>
<td>10</td>
<td>13%</td>
<td>10%</td>
</tr>
</tbody>
</table>

Table notes:
- a. Community 2014 rate is significantly different from the 2012 rate.
- b. SDLU rate is significantly different from the community rate.
- c. State rate is significantly different from the community rate.
- d. Fewer than 30 students answered the question. Interpret with caution.

The bar chart includes 2014 HYS district and state results.
- The 2014 rate is significantly different from the 2012 rate.
- The SDLU rate is significantly different from your district area rate.
- The state rate is significantly different than your district rate.
- Fewer than 30 students answered this question.
Interpret HYS Data Chart – Small Districts

HYS Measures of Youth Substance Use (2014, Percent)

- 8th-10th years, state, and SDLU comparison
- 8th-12th comparison of drugs

8th & 10th Grades Combined
- Current marijuana use Grade 8,10: Community 10%, School Districts Like Us 16%, State 13%
- Current other illegal drug use Grade 8,10: Community 3%, School Districts Like Us 4%, State 3%
- Current prescription drug use Grade 8,10: Community 5%, School Districts Like Us 4%, State 3%

8th – 12th Grades Combined
- Current marijuana use Grade 8,9,10,11,12: Community 19%
- Current other illegal drug use Grade 8,9,10,11,12: Community 5%
- Current prescription drug use Grade 8,9,10,11,12: Community 4%
Why combine results for small communities

Past 30-day alcohol use in Community X

- **10th grade only**
  - N= 79, CI=+/-10.7%

- **8th and 10th combined**
  - N= 166, CI=+/-6.6%

- **All grade 8th - 12th combined**
  - N= 339, CI=+/-5.2%
Interpret the HYS Data Tables

8th and 10th grades combined, compared with SDLU and State rates

<table>
<thead>
<tr>
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<tr>
<td><strong>Current Marijuana Use.</strong> During the past 30 days, on how many days did you: Use marijuana or hashish? (District results: Use any days)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8 and 10</td>
<td>11%</td>
<td>10%</td>
<td></td>
<td>16%</td>
<td>16%</td>
<td></td>
<td>14%</td>
<td>13%</td>
<td></td>
</tr>
<tr>
<td>8,9,10,11,12</td>
<td>19%</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Current Other Illegal Drug Use.</strong> During the past 30 days, on how many days did you: not counting alcohol, tobacco, or marijuana, use another illegal drug? (District results: Use any days)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8 and 10</td>
<td>1%</td>
<td>3%</td>
<td></td>
<td>4%</td>
<td>4%</td>
<td></td>
<td>4%</td>
<td>3%</td>
<td></td>
</tr>
<tr>
<td>8,9,10,11,12</td>
<td>5%</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Current Prescription Drug Use.</strong> During the past 30 days, on how many days did you: Use a pain killer to get high, like Vicodin, OxyContin or Percocet? (District results: Use any days)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8 and 10</td>
<td>4%</td>
<td>5%</td>
<td></td>
<td>5%</td>
<td>4%</td>
<td></td>
<td>5%</td>
<td>3%</td>
<td></td>
</tr>
<tr>
<td>8,9,10,11,12</td>
<td>4%</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

* The bar chart includes 2014 HYS results for your school district area, "school districts like us" and the state.

a The 2014 rate is significantly different from the 2012 rate.

b The "school districts like us" rate is significantly different from your school district area rate.

c The state rate is significantly different from your district area rate.

d Fewer than 30 students answered this question.

All grades 8th to 12th combined for 2014
Interpret CORE Data Charts and Tables

- Community rate
- SDLU rate
- State rate
- No confidence intervals

Denominators may be different for different measures

May have missing data

SDLU rate is presented in table; county rate can be found in trend charts
**Trend Data: Large Communities**

**Perceived Availability of Drugs**

- **State Grade 8**
  - 2006: 23%
  - 2008: 21%
  - 2010: 25%
  - 2012: 24%
  - 2014: 23%

- **State Grade 10**
  - 2006: 32%
  - 2008: 33%
  - 2010: 34%
  - 2012: 34%
  - 2014: 28%

- **Community X Grade 8**
  - 2006: 26%
  - 2008: 22%
  - 2010: 28%
  - 2012: 25%
  - 2014: 23%

- **Community X Grade 10**
  - 2006: 33%
  - 2008: 35%
  - 2010: 25%
  - 2012: 28%

**SCALE QUESTIONS**

- If you wanted to get some beer, wine, or hard liquor (for example, vodka, whiskey, or gin), how easy would it be for you to get some?
- If you wanted to get some cigarettes, how easy would it be for you to get some?
- If you wanted to get some marijuana, how easy would it be for you to get some?
- If you wanted to get a drug like cocaine, LSD, or amphetamines, how easy would it be for you to get some?
Trend Data: Small Communities

Parental Attitudes Tolerant of Substance Use

<table>
<thead>
<tr>
<th></th>
<th>State Grade 8,9,10,11,12</th>
<th>Community X Grade 8 and 10</th>
</tr>
</thead>
<tbody>
<tr>
<td>State Grade 8,9,10,11,12</td>
<td>37%</td>
<td>29%</td>
</tr>
<tr>
<td>Springdale Grade 8 and 10</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2006</td>
<td>46%</td>
<td>40%</td>
</tr>
<tr>
<td>2012</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Scale Questions:
- How wrong do you parents feel it would be for you to drink beer, wine, or hard liquor regularly (at least once or twice a month)?
- How wrong do your parents feel it would be for you to smoke cigarettes?
- How wrong do your parents feel it would be for you to smoke marijuana?
How to Interpret Trends: HYS Data

HYS Measures of School Performance

Low Grades in School

Trend lines present state and community results by grade.

Unconnected lines indicate gap in data.
How to Interpret Trends: CORE Data

Youth Delinquency

Arrests (Age 10-17), Alcohol Violation (Rate per 1,000)

Check the units of measurement.

County level data presented here
How to Interpret Trends: CORE Data

Youth Delinquency

Arrests (Age 10-17), Alcohol Violation (Rate per 1,000)

Check the units of measurement.

County level data presented here
Demographic Profile – Race/Ethnicity

Race/Ethnicity (count/percent)  Age Composition (count/percent)

Community Demographics

The racial/ethnic and age composition below can help prevention planners better understand the community’s diversity.

Race and Ethnicity (Count, Percent)
Persons whose race or ethnicity is: (1) “American Native” – American Indian or Alaska Native, one race only; (2) “Asian” – Asian, one race only; (3) “Black” – African American, one race only; (4) “Hawaiian/PI” – Native Hawaiian/Other Pacific Islander, one race only; (5) “White” – White, one race only; (6) “Multi-Racial” – Two or more races; (7) “Hispanic” – Persons whose ethnicity is Hispanic or Latino, of any race; (8) “Any Minority” – Persons of any race or ethnicity except for non-Hispanic White, one race only, calculated as a percentage of all persons. The race categories 1 through 6 may include persons of Hispanic or Latino origin.

White Center_N Highline

<table>
<thead>
<tr>
<th>RACE/ETHNICITY</th>
<th>NUMBER</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>White Non-Hispanic</td>
<td>12,678</td>
<td>41%</td>
</tr>
<tr>
<td>Any Minority</td>
<td>18,550</td>
<td>59%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>RACE</th>
<th>NUMBER</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>American Native</td>
<td>625</td>
<td>2%</td>
</tr>
<tr>
<td>Asian</td>
<td>6,331</td>
<td>20%</td>
</tr>
<tr>
<td>Black</td>
<td>3,126</td>
<td>10%</td>
</tr>
<tr>
<td>Hawaiian/PI</td>
<td>678</td>
<td>2%</td>
</tr>
<tr>
<td>White</td>
<td>18,653</td>
<td>60%</td>
</tr>
<tr>
<td>Multi-Racial</td>
<td>1,845</td>
<td>6%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>ETHNICITY</th>
<th>NUMBER</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hispanic</td>
<td>7,069</td>
<td>23%</td>
</tr>
</tbody>
</table>

Total: 31,259 (100%)

NOTE: Percentages of Any Minority and White Non-Hispanic will sum to 100%. Percentages in Race will sum to 100%.
Demographic Profile - Age Composition
(count/percent)

Age Composition (Count, Percent)
Children (ages 0-9, 10-14, 15-17 years), adults (ages 18-24, 25-49, 50-64 years) and seniors (ages 65+) as a percentage of all persons.

<table>
<thead>
<tr>
<th>AGE RANGE</th>
<th>NUMBER</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>0-9</td>
<td>4,267</td>
<td>14%</td>
</tr>
<tr>
<td>10-14</td>
<td>1,969</td>
<td>6%</td>
</tr>
<tr>
<td>15-17</td>
<td>1,287</td>
<td>4%</td>
</tr>
<tr>
<td>18-24</td>
<td>2,626</td>
<td>8%</td>
</tr>
<tr>
<td>25-49</td>
<td>11,536</td>
<td>37%</td>
</tr>
<tr>
<td>50-64</td>
<td>6,085</td>
<td>19%</td>
</tr>
<tr>
<td>65+</td>
<td>3,488</td>
<td>11%</td>
</tr>
<tr>
<td>TOTAL</td>
<td>31,258</td>
<td>100%</td>
</tr>
</tbody>
</table>

When are data not reported?
## Understand Missing Data

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>. -</td>
<td>Data are not available.</td>
</tr>
<tr>
<td>S -</td>
<td>Fewer than 15 students in the grade took the Healthy Youth Survey OR the response rate was lower than 40%. In the section &quot;Additional Healthy Youth Survey Data&quot; starting on page 24 suppressed data points are shown as gaps in the trend lines and blank cells in the tables.</td>
</tr>
<tr>
<td>NR -</td>
<td>Not reliable due to non-reporting of police jurisdictions data.</td>
</tr>
<tr>
<td>UN -</td>
<td>Unreliable conversion of events to report geography.</td>
</tr>
<tr>
<td>SP -</td>
<td>Suppressed by agreement with data provider when denominator is below 100.</td>
</tr>
<tr>
<td>SN -</td>
<td>Small Number Sample. Geography has less than 30 events in the denominator.</td>
</tr>
</tbody>
</table>
HYS Data Suppression Rules

- Fewer than 15 surveys returned in any grade
- Response rate is lower than 40%
- SMALL SCHOOLS/SMALL DISTRICTS
  In results combining multiple grades: missing data from any grade
Learning Objectives

- Describe the contents of this data book and articulate how the data relate to the CPWI logic model.
- Describe the two different templates of the data book.
- Understand the source and types of data presented in the data book.
- Understand the new data element in 2016
- Apply data analysis skills to interpret tables and charts included in the data book
- Explore additional data resources
Other Sources of HYS Data: AskHYS.net

Welcome to AskHYS.net!

The Healthy Youth Survey (HYS) is a collaborative effort of the Office of the Superintendent of Public Instruction, the Department of Health, the Department of Social and Health Service’s Division of Behavioral Health and Recovery, the Liquor and Cannabis Board, and the Department of Commerce.

The Healthy Youth Survey provides important survey results about the health of adolescents in Washington. County prevention coordinators, community mobilization coalitions, community public health and safety networks, and others use this information to guide policy and programs that serve youth.

AskHYS includes Survey Results

- Fact Sheets: Pre-formatted fact sheets on important HYS topics at the state and local level.
- Reports: Annual frequency reports at the state and local level, and statewide analytic reports with survey details and trend results.
- Q x Q Analysis: An interactive data query system to analyze state and local results for a single HYS question or to analyze two questions together — that is crossing one question by another question.
School District Frequency Report

Healthy Youth Survey 2016
Report of Results

Statewide Results
Grades 6, 8, 10 and 12
## Additional HYS Data – in Frequency Reports

<table>
<thead>
<tr>
<th>Additional Marijuana Questions</th>
<th>Local Report Item #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lifetime Use</td>
<td>18</td>
</tr>
<tr>
<td>Ways of use, source, DFC questions</td>
<td>63 - 607</td>
</tr>
<tr>
<td>Driving under the influence</td>
<td>117-118</td>
</tr>
<tr>
<td>Perception of risk, norms, other risk factors</td>
<td>171, 173, 198, 218, 219, 227, 231</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Additional Prescription Drug Questions</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Parental and peer norms</td>
<td>72, 73</td>
</tr>
<tr>
<td>Perception of risk</td>
<td>74</td>
</tr>
<tr>
<td>Use prescription drug not prescribed to you</td>
<td>36</td>
</tr>
</tbody>
</table>

How to get access - [http://www.askhys.net/Home/GetAccess](http://www.askhys.net/Home/GetAccess)
**Access District and Building HYS Results**

How to get access - http://www.askhys.net/Home/GetAccess

---

**Getting Accessing to District and Building Results on AskHYS.net**

Healthy Youth Survey results at the state, county and Educational Service District (ESD) levels are available to the public on AskHYS.net.

To access district and/or school level results, you must be granted access by the school district’s administration.

---

**School and District Employees**

**Steps to follow:**

1. Check to see if you can log on to the AskHYS.net website using your EDS login (your email) and password.
   a. If you do not have an EDS account, please create one here: https://eds.ospi.k12.wa.us/Login.aspx
   b. If you do not remember your password, please contact Krissv Johnson (OSPI) at krissv.johnson@k12.wa.us or
HYS TRAINING -- REGIONAL WORKSHOPS

1. April 4: Renton PSESD, 8:30am to 12:00noon
2. April 7: Olympia ESD 113, 8:30am to 12:00noon
3. April 10: Vancouver ESD 112, 1:00 to 4:30pm
4. April 17: Spokane ESD 101, 1:00 to 4:30pm
5. April 21: Wenatchee NCESD 171, 8:30am to 12:00noon
6. April 24: Anacortes NWESD 189, 9:00am to 12:30pm
7. May 3: Pasco ESD 123, 1:00 to 4:30pm
8. May 4: Yakima ESD 105, 9:00am to 12:30

To register, see flyer or go to:
https://www.askhys.net/Training
MOODI http://moodi.lgan.com/map/

Have you visited the Mapping Opioid & Other Drug Issues Website before?

A. Yes, I have used this website.

B. No, this is new to me.
(MOODI) Mapping Opioid & Other Drug Issues

Department of Health Sponsored Website
http://moodi.lgan.com/

How Does MOODI Work?
MOODI allows you to select and compare a variety of indicators such as indicators of needs/issues and current resources to address these issues. You can view a single map or compare two or four maps on the same screen. You can also select a summary map that analyzes information across a variety of indicators.

What Datasets are Included in MOODI?
Currently available datasets include Prescription Monitoring Program data, Department of Health hospitalizations and death record data, opioid treatment program and buprenorphine prescriber data, and information about available naloxone (overdose reversal drug) and safe prescription disposal sites.

Getting Started with MOODI
Click here to launch MOODI maps.

Resources
Need to learn more about Opioid abuse and its treatment? This page will give you...
Accessing MOODI Maps

• Go to http://moodi.lgan.com/map/

• Click on Maps
Contacts

• Data book questions:
  – DBHR Training team
  – PRItraining@dshs.wa.gov
  – Martha Perla, Ph.D., DBHR/DSE
    martha.perla@dshs.wa.gov

• School Districts Like US
  – James Hu, Ph.D., DBHR/DSE
    hujs@dshs.wa.gov
Frequently Asked Questions
Which Topic Should We Cover Next?

1. More details about “School District Like Us”

2. More details about risk and protective factors in the data book

3. How are HYS results combined across grades
What is “School Districts Like Us”? 
Cluster Analysis

- Cluster analysis is the grouping of a set of objects in such a way that objects in the same group (called a cluster) are more similar (in some sense or another) to each other than to those in other groups (clusters).
- Characteristics are selected from factors associated with substance use outcomes.
- Characteristics must not be prevention work outcomes (e.g. school performance).
- This cluster analysis is not an evaluation of school districts.
SDLU Analysis Variables

- **Race/ethnicity**: % students by race/ethnicity in K-12 school enrollment
- **Poverty level**: % of students eligible for free/reduced lunch
- **Urban/rural proxy**: population density
- **Relationship between school district and community**: % school levy approved
Results
Results: SDLU Groups of Communities

1. High % of minorities, high poverty;
2. Rural, median to high poverty;
3. Rural, median to low poverty;
4. Average;
5. Urban/suburban, median to high poverty; and
## Results: SDLU Cluster Means

<table>
<thead>
<tr>
<th></th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
</tr>
</thead>
<tbody>
<tr>
<td>K-12 enrollment</td>
<td>2,410</td>
<td>455</td>
<td>723</td>
<td>2,928</td>
<td>15,085</td>
<td>7,354</td>
</tr>
<tr>
<td>Population density</td>
<td>151</td>
<td>13</td>
<td>12</td>
<td>139</td>
<td>2,576</td>
<td>692</td>
</tr>
<tr>
<td>% Student white</td>
<td>21%</td>
<td>80%</td>
<td>84%</td>
<td>73%</td>
<td>50%</td>
<td>78%</td>
</tr>
<tr>
<td>% Student Hispanic</td>
<td>59%</td>
<td>12%</td>
<td>8%</td>
<td>18%</td>
<td>19%</td>
<td>8%</td>
</tr>
<tr>
<td>% Student Native American</td>
<td>16%</td>
<td>3%</td>
<td>2%</td>
<td>3%</td>
<td>2%</td>
<td>1%</td>
</tr>
<tr>
<td>% Eligible for lunch program</td>
<td>79%</td>
<td>62%</td>
<td>36%</td>
<td>50%</td>
<td>51%</td>
<td>26%</td>
</tr>
<tr>
<td>% Levy approved</td>
<td>40%</td>
<td>57%</td>
<td>70%</td>
<td>85%</td>
<td>92%</td>
<td>97%</td>
</tr>
<tr>
<td>N of communities</td>
<td>31</td>
<td>48</td>
<td>39</td>
<td>59</td>
<td>23</td>
<td>44</td>
</tr>
</tbody>
</table>

1. High % of minorities, high poverty; 2. Rural, median to high poverty; 3. Rural, median to low poverty; 4. Average; 5. Urban/suburban, median to high poverty; 6. Urban/Suburban, low poverty
What are Risk and Protective Factors?
Risk and Protective Factors

• A “factor” is a “scale” measured with two or more questions measuring multiple dimensions of the risk or protection

• Example: School Risk Factor: Academic Failure
  – Putting them all together, what were your grades like last year?
  – Are your school grades better than the grades of most students in your class?
Risk and Protective Factors

- Risk factor - research-based psychosocial predictors of substance use
- Protective factor – characteristics that buffer individuals from the effects of risk factors
- Measured using scales (multiple questions) in HYS
- “At risk” – student at risk for substance use based on the factor
- “Protected” – student less likely to use substance based on the factor
Intervening Variables

The Intervening Variables in our logic model are those characteristics of the community that are likely to influence youth alcohol use. The coalition will assess these variables, and identify those that seem to have the most powerful influence. Prevention efforts will be selected that change the factors in the community that contribute to those characteristics.

Community Connectedness

Alcohol Availability
- Ease of Access and
- Retail or Social Access (Usual Source)
- Density of Licenses

Risk of Alcohol Use
- Perception of Law Enforcement Risk
- Perception of Risk of Harm from Alcohol Use

Norms around Alcohol Use
- Attitudes Toward Youth Drinking
- Friends Use
- Perception of Adult Attitudes

Perception of Risk Community Norms
- Acceptability Among Peer and Community

Risk and Protective Factors
- Parental Attitudes Tolerant of Substance Use
- Early Initiation Of Drugs
- Intentions To Use Drugs
- Friends Use of Drugs
- Social Skills
During the past 30 days, where did you usually get alcohol (if student used alcohol)?
Norms

<table>
<thead>
<tr>
<th>Grade 8</th>
<th>Grade 10</th>
</tr>
</thead>
<tbody>
<tr>
<td>Community X</td>
<td>School Districts Like Us</td>
</tr>
<tr>
<td>Youth drinking not wrong</td>
<td>15%</td>
</tr>
<tr>
<td>Friends drink</td>
<td>25%</td>
</tr>
<tr>
<td>Community drinking not wrong</td>
<td>20%</td>
</tr>
</tbody>
</table>

85
All Risk and Protective Factors

All Risk and Protective Factor Scales

**Community Risk Factors**
- Perceived Availability of Drugs
- Laws and Norms Favorable to Drug Use

**Community Protective Factors**
- Opportunities for Prosocial Involvement

**Family Risk Factors**
- Poor Family Management
- Parental Attitudes Tolerant of Substance Use

**Family Protective Factors**
- Opportunities for Prosocial Involvement
- Rewards for Prosocial Involvement

**School Risk Factors**
- Academic Failure
- Low Commitment to School

**School Protective Factors**
- School Opportunities for Prosocial Involvement
- School Rewards for Prosocial Involvement

**Peer-Individual Risk Factors**
- Early Initiation of Drugs
- Favorable Attitudes toward Drug Use
- Perceived Risks of Use
- Friends’ Use of Drugs

**Peer-Individual Protective Factors**
- Social Skills
- Belief in the Moral Order
- Interactions with Pro-social Peers
Risk and Protective Factor Scales

GRADE 10

Percent Students at Risk

- Laws and Norms Favorable to Drug Use: 32%
- Perceived Availability of Drugs: 26%

Percent Students Protected

- Community Opportunities for Prosocial Involvement: 75%
- Community Opportunities for Prosocial Involvement: 65%
Risk and Protective Factor Scales

Parental Attitudes Tolerant of Substance Use

<table>
<thead>
<tr>
<th>Year</th>
<th>State Grade 8</th>
<th>State Grade 10</th>
<th>Your Community Grade 8</th>
<th>Your Community Grade 10</th>
</tr>
</thead>
<tbody>
<tr>
<td>2004</td>
<td>31%</td>
<td>42%</td>
<td>33%</td>
<td>50%</td>
</tr>
<tr>
<td>2006</td>
<td>27%</td>
<td>44%</td>
<td>35%</td>
<td>35%</td>
</tr>
<tr>
<td>2008</td>
<td>21%</td>
<td>37%</td>
<td>21%</td>
<td>42%</td>
</tr>
<tr>
<td>2010</td>
<td>24%</td>
<td>37%</td>
<td>26%</td>
<td></td>
</tr>
<tr>
<td>2012</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

SCALE QUESTIONS
- How wrong do you parents feel it would be for you to drink beer, wine, or hard liquor regularly (at least once or twice a month)?
- How wrong do your parents feel it would be for you to smoke cigarettes?
- How wrong do your parents feel it would be for you to smoke marijuana?
Combining HYS Results Across Grades
Methods

Results are weighted to adjust for non-response.

\[
\text{Weight}_{\text{grade } x} = \frac{\text{Enrollment}_{\text{grade } x}}{\# \text{ of Surveys Returned}_{\text{grade } x}}
\]

The influence of individual grade results on the combined results reflect the size of enrollment in each grade.
Examples of Weighted Results

Example 1

<table>
<thead>
<tr>
<th></th>
<th>8&lt;sup&gt;th&lt;/sup&gt; Grade</th>
<th>10&lt;sup&gt;th&lt;/sup&gt; Grade</th>
<th>8&lt;sup&gt;th&lt;/sup&gt; &amp; 10&lt;sup&gt;th&lt;/sup&gt;</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rate of Mar. Use</td>
<td>10%</td>
<td>20%</td>
<td><strong>13.3%</strong></td>
</tr>
<tr>
<td>Enrollment</td>
<td><strong>100</strong></td>
<td>50</td>
<td></td>
</tr>
<tr>
<td># of surveys returned</td>
<td>50</td>
<td>50</td>
<td></td>
</tr>
</tbody>
</table>

Example 2

<table>
<thead>
<tr>
<th></th>
<th>8&lt;sup&gt;th&lt;/sup&gt; Grade</th>
<th>10&lt;sup&gt;th&lt;/sup&gt; Grade</th>
<th>8&lt;sup&gt;th&lt;/sup&gt; &amp; 10&lt;sup&gt;th&lt;/sup&gt;</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rate of Mar. Use</td>
<td>10%</td>
<td>20%</td>
<td><strong>16.7%</strong></td>
</tr>
<tr>
<td>Enrollment</td>
<td><strong>50</strong></td>
<td><strong>100</strong></td>
<td></td>
</tr>
<tr>
<td># of surveys returned</td>
<td>50</td>
<td>50</td>
<td></td>
</tr>
</tbody>
</table>
Additional Resources

Healthy Youth Survey:
www.AskHYS.net

CORE reports:

Mapping Opioid & Other Drug Issues (MOODI)
http://moodi.lgan.com/