



Virtual Facilitator Trainings Freedom From Smoking®

The American Lung Association is pleased to offer **100% virtual Freedom From Smoking facilitator trainings** for those who are interested in helping adults quit smoking and break their tobacco dependence. This gold standard training program prepares individuals to conduct an eight-session group program using the respective curriculum and materials. Freedom From Smoking is designed to help tobacco users understand their addiction to tobacco and provides the tools to make quitting easier.

September 23, 2020

Online training experience

Details provided upon registration

Click to Register:

Action.Lung.org/easthartfordffstsept

November 10, 2020

Online training experience

Details provided upon registration

Click to Register:

Action.Lung.org/easthartfordffstnov



All trainings are \$400 to register and held from 1-4 p.m. EST

The Centers for Disease Control and Prevention has identified smokers as high-risk for severe illness from COVID-19.