

HEALTHY FUTURES: REDEFINING PREVENTION

Join us April 17th and 18th for two days of inspiring talks and workshops focusing on redefining prevention for youth, families, and communities

KEYNOTE SPEAKERS:



Khurshida Begum



Erin Jones

PERFORMANCE BY THE BRIDGE MUSIC PROJECT

Resilient communities save lives. What can you bring back to your school, program, or community that will provide support and change outcomes?

BUILDING COMMUNITY RESILIENCY

Sessions include:
Youth Circles, Rites of Passage,
Recognizing youth sexual abuse

EDUCATIONAL EQUITY

Sessions include:
Gateways to incarcerated Youth, Trans 101, ACEs in Education

All people deserve equal access to education, but inequality is built into the system. How do we work to correct these inequalities?

Science has proven that addiction does not happen in a vacuum. What can we do to reduce harm, stigma, and contributing factors people face daily?

ADDICTION IN CONTEXT

Sessions include:
Co-occurrence of Eating Disorders and Substance Use, Housing, Harm Reduction

HEALTH AND WELLNESS

Sessions include:
Mindfulness meditation, CPR, Narcan administration

Health is more than what happens at the doctor's office, and health can be defined differently depending on population. Learn and incorporate practices that promote a Healthy Future for all.