

## Tobacco Cessation Training Comparison & Travel Guidelines

*Updated February 10, 2020*

<b>Training</b>	<b>Tobacco Treatment Specialist (TTS)</b>	<b>Tobacco-Free</b>
<b>Dates &amp; times</b>	Monday, March 2 – Thursday, March 5 8am-5pm (ends by 3pm Thursday)	Friday, March 6 8:30am-4pm
<b>Location</b>	DoubleTree Suites by Hilton Southcenter 16500 Southcenter Parkway Seattle, WA 98188	
<b>Ideal trainees</b>	WA health care providers, patient navigators, community health workers, and peer specialists with relevant experience, working under appropriate supervision and interested in pursuing the NAADAC National Certificate in Tobacco Treatment Practice (NCTTP); public health professionals also welcome	WA health care and public health professionals who can champion tobacco cessation and tobacco-free policy within their agencies
<b>Training topics</b>	<p><u>Days 1-3</u></p> <ul style="list-style-type: none"> <li>• Tobacco Fundamentals</li> <li>• Priority Populations</li> <li>• Motivational Interviewing</li> <li>• Assessment Interview</li> <li>• Pharmacotherapy</li> <li>• Cognitive &amp; Behavioral Interventions</li> <li>• Treatment Planning</li> <li>• Relapse Prevention</li> <li>• Skills Integration</li> <li>• Documentation &amp; Evaluation and Professional Resources</li> <li>• Ethical Practice &amp; Professional Development</li> </ul> <p><u>Day 4</u></p> <ul style="list-style-type: none"> <li>• Final Exam</li> <li>• Oral Exam</li> </ul>	<ul style="list-style-type: none"> <li>• Tobacco Use and Addiction</li> <li>• Tobacco Cessation Strategies</li> <li>• Persons with Behavioral Health Conditions and Tobacco Use</li> <li>• Electronic Nicotine Delivery Systems</li> <li>• Tobacco-Free Policy</li> </ul>
<b>Registration deadline</b>	February 14	February 28
<b>Registration cost</b>	\$0 (free)	
<b>Travel reimbursement</b>	Yes (see guidelines for each training on next page)	

## **Travel guidelines for TTS training (March 2-5, 2020)**

All travel costs for attending the four-day training will be covered, with Educational Service District 112 responsible for travel arrangements and reimbursement.

### **Attendees who live outside of Pierce and King Counties**

A hotel room for 4 nights (check-in on Sunday, March 1 and check out on Thursday, March 5) will be provided for each attendee at the Southcenter Doubletree hotel at no cost.

Breakfast and lunch will be provided at the training for all four days of the training at no cost.

Agencies will be reimbursed for dinner per diem provided for staff for 5 days, Sunday - Thursday, with maximum daily reimbursement of \$34. Agencies will also be reimbursed for round-trip mileage, one car per three attendees, at the rate of \$0.575 per mile. Agencies are to invoice ESD 112 for dinner per diem and mileage expenses.

Regina Frazier (contact information below) is coordinating the room block for the hotel and catering. She will need the names of attendees needing hotel rooms and any dietary restrictions. If attendees prefer to fly, please contact Regina to discuss guidelines around purchasing airfare and reimbursement.

### **Attendees who live within Pierce and King Counties**

Lunch will be provided for all four days of the training at no cost.

Agencies can be reimbursed for round-trip mileage at the rate of \$0.575 per mile. Agencies are to invoice ESD 112 for mileage expenses.

## **Travel guidelines for Tobacco-Free training (March 6, 2020)**

Travel costs for attending the one-day training will be covered, with Educational Service District 112 responsible for travel reimbursement. *Note: The same training will be offered in Spokane on May 18.*

Lunch will be provided at the training at no cost.

### **Attendees who live outside of Pierce and King Counties**

Agencies can be reimbursed at the government rate for one hotel night, per attendee, booked at the training location or a nearby hotel.

Agencies will also be reimbursed for round-trip mileage, one car per three attendees, at the rate of \$0.575 per mile. Agencies are to invoice ESD 112 for mileage expenses.

### **Attendees who live within Pierce and King Counties**

Agencies can be reimbursed for round-trip mileage at the rate of \$0.575 per mile. Agencies are to invoice ESD 112 for mileage expenses.

### **Registration:**

George Banks  
[george.banks@doh.wa.gov](mailto:george.banks@doh.wa.gov)  
360-789-2401

### **Travel reimbursement:**

Regina Frazier  
[Regina.frazier@esd112.org](mailto:Regina.frazier@esd112.org)  
360-952-3400