

## Minutes

### Strategic Prevention Enhancement Policy (SPE) Consortium

January 11<sup>th</sup>, 2021; 2:00 – 4:00 PM

#### Meeting Objectives:

1. Check in with state partners on upcoming legislative issues for the 2021 Legislative Session.
2. Update from DBHR about health equity and addressing disparities.
3. Check in with workgroups and offer assistance as needed.

#### Agenda

#### In Attendance:

NAME	ORG	NAME	ORG
Akshaya Sivakumar	HCA	Liz Wilhelm	PSCBW
Alicia Hughes	HCA	Lucilla Mendoza	HCA
Carly Bartz-Overman	DOH	Madeline Kramer	HCA
Carri Comer	DOH	Miranda Pollock	HCA
Christine Steele	DOH	Pam Pannkuk	WTSC
Emalie Hurliaux	DOH	Jacqueline Penner	HCA
Erika Jenkins	HCA	Pamala Sacks-Lawler	DSHS
Gilda Yruretagoyena	HCA	Samantha Pskowski	SBOH
Isaac Derline	HCA	Sarah Mariani	HCA
Isaac Wulff	HCA	Alexis Schmierer	HCA
Jacob Delbridge	DOH	Ridge Bynum	HCA
Jason Kilmer	UW	Staci Hoff	WTSC
Jennifer Helseth	DCYF	Vic Amabile	Mentor WA
Jennifer Hogge	HCA	Wade Alonzo	WTSC
Lisa Stewart	WASAVP	Peggy Needham	WAPCO
Patti Migliore-Santiago	DOH		

2:00 Introductions and Announcements Sarah Mariani/Patti Migliore-Santiago

2:20 Round Table discussion: 2021 Legislative Session All

#### Agency priorities for tracking:

- HCA: Many pre-files have been/are being reviewed
  - Christine Steele/ Marijuana policy:
    - SB 5004 - Medical Marijuana tax exemption
    - HB 1019 - Allowing for residential marijuana agriculture (homegrows)
    - HB 1105 - Concerning arrest protections for medical marijuana users
    - Expecting something about home delivery of marijuana to be introduced

- Alicia/ Alcohol related bills:
  - Bills are coming to expand covid-19 allowances for means of sale
  - HB 1062- limited spirit license: allowing small stores (gas stations and corner stores) to sell hard liquor
  - HB 1011 - Renewal dates for liquor licenses
  - SB 5001 - Small winery tax relief bill
- Opioid bills:
  - None at this time
- Jen/ Suicide and mental health:
  - HB 1000: law enforcement/mental health passed last session, with this bill serving as a companion to that effort.
  - HB 1074 - Reviewed overdose and suicide fatality bill/ how it's done at DOH
  - SB 5030 developing comprehensive school counseling programs.
    - Developing school counseling roles and programs for students based on national and state standards.
  - 988 suicide prevention hotline system has had many meetings and discussions (this is the biggest legislative MH effort that we are watching)
- 2 hearings are happening this week (Thursday and Friday 1/14-1/15):
  - HB 1019: Residential Marijuana Agriculture
  - HB 1074: Overdose and Suicide Fatality reviews
- DOH:
  - A bill will probably be submitted soon regarding the Treatment First Washington advocacy group proposal.
    - Sample was posted online and is being posed as a bill
      - Effort to decriminalize personal possession of drugs.
      - First draft would invest more in treatment.
      - The sample bill is similar to the Oregon law that was recently passed, but the bill being proposed could be different.
    - Focus on racial justice and implications of what groups are disproportionately affected.
- SB 5129 about vapor and tobacco came up today. Large bill with lots of different components.
- LCB:
  - No representatives in this meeting

#### **Thoughts about virtual Leg session:**

- Sarah: We are projecting to see more bills that contain more rules within them (to meet the goal of having less total # of bills)
  - DBHR is responding to requests from legislators for analysis.
  - Focus on Diversity Equity and Inclusion
    - We will focus on illuminating unintended consequences: Last year, more bills were framed with a DEI perspective, but they could potentially have indirect negative impacts on communities they intended to help.

Patty: How we will incorporate advocacy into policy opportunities:

- During session, we will post weekly 1 hour run throughs of bills.
- ^ informal way of role calling through the bills
  - Serves as a check in for whether everyone is understanding the bills the same way
  - Serves as a resource for everyone to know what others are tracking

Isaac: CPWI communities and coalitions are very curious about Leg session this year and are interested in connecting with community partners.

2:50 10 Minute Break

3:00 Health Equity as a Prevention Priority Alicia Hughes, HCA

*(See Presentation Slide Deck for More Details)*

- DBHR efforts to address health disparities in prevention
- Internal efforts – hiring practices, workplace culture
  - Health disparity data and analysis for the state – HYS, risk profiles, etc.
  - Reduce barriers to hiring and workforce development.
  - Learning from other states about what they’re doing.
- External efforts – addressing community/provider needs
  - Providing trainings/webinars to providers

Equity initiatives/what HCA is doing:

- Health equity in HCA culture
- Better data and causal analysis (collecting/monitoring/understanding causes of data)
- Community collaboration
- Policy and program development
- DBHR DEI Team: How division can implement DEI efforts in interviews, promotion, and services
  - Creating recommendations for short and long-term goals
  - Prevention equity workgroup goals/focus:
    - Infrastructure
    - Px field: better understanding what those in the field need
    - Px Section hiring and recruitment practices: ensuring that this process is focused on health equity and lived experience.
    - Individual goals: challenging implicit biases

Discussion/questions with everyone:

- Can stakeholders in this meeting attend trainings?
  - Most provider trainings are open to everyone
  - HCA can be more intentional about having these shared out to everyone in SPE

3:20 Workgroup Updates All

- Opioid Prevention Workgroup
  - Meets every other month (1/19 is the next meeting)
  - SOR grant awarded November 2020
    - 4<sup>th</sup> year of the Starts With One: Opioid prevention campaign
    - Pharmacy pilot program with Starts With One for those picking up medication:
      - People signed a pledge to lock up medications and got a lock box
      - Safe storage campaign/ website for pharmacies to sign pledge and partner with state agencies
  - State secure return program has launched:
    - Allows drop boxes to be placed in communities around the state

- Allows for mail back envelopes (these are especially helpful for rural communities)
- WHY Coalition
  - Met in October and December:
    - Updates on what each organization/individual is doing
    - Megan Moore in October: learning about Prevention Voices of Washington, policy education group
    - Communications team updates: Updated brochures for “Parents’ guide to raising drug free youth”
    - Planned for prevention summit (reason for not having a November meeting)
    - December: report on cannabis concentrations from UW and Bia Carlini
      - Evaluate and review literature on high concentration and potency
      - Discussed implications from diverse concerned groups
  - Conversation about alternatives to “abstinence-based prevention”
    - WHY Coalition reviews literature and is looking at age appropriate messaging
    - Relies on guest speakers and literature reviews
    - There is an emphasis on young kids for universal and primary prevention
    - Secondary/targeted is part of the evidence based targeted programs
    - The program “Safety First” brought up: HCA/DBHR usually has a focus on primary prevention, with the Student Assistance Professional (SAPs) program using Project Success in indicated populations.
      - Prevention funding focuses on primary prevention and not so much on harm reduction (that mostly only happens with college aged students)
      - WHY coalition hasn’t used harm reduction strategies in their primary prevention efforts
    - Emalie: Wants to acknowledge how drug education should...
      - Avoid language that can add to stigmatization, especially for parents who may be using
      - Avoid using fear-based language regarding drug use, which is proven ineffective
- Mental Health Workgroup
  - Next meeting: Wednesday (1/13)
  - Planning to look into additional funding opportunities
  - Subgroup has formed to measure community wellness
  - New update: another group is working on developing and looking at resources to provide suicide prevention toolkits for communities
- Tobacco and Vapor Products Workgroup

- Racial and health equity bills- purchase/possession penalties reduced or eliminated for youth
  - Aligns with public health best practices
- Heated tobacco products and nicotine pouches/ smokeless products:
  - Figuring out how/where they fit into frameworks
  - Determining where there is a youth prevention focus
  - Figuring out a regulatory system to monitor and track usage
- Monitor flavored e-cigarette products: see if there are updates with governors' bill(?)
  - Preemption and local control of these products
- Structuring taxation of flavored e cigarettes and vapor products to promote youth prevention
- Launching CDC required coalition in tobacco control to make it more comprehensive and inclusive of broader range of stakeholders
  - Reduced workplan for this workgroup
    - Setting real expectations for investing more resources into the new statewide coalition
  - Hiring someone to take lead in the coalition
- Young Adults & Marijuana Prevention Workgroup
  - Group has 4 members and met for the first time last month
  - Currently looking at data to recognize where there are gaps
  - Hoping to assess what the community needs are
  - Workgroup's goal:
    - Reaching young adults
    - Identifying media campaigns
    - Deciding how to disseminate information
  - Next meeting: Monday February 15<sup>th</sup> at 1pm

3:45

Upcoming Meeting Goals and Callout for Presenters

All

- Strategic Plan Update
  - Goal: have next 5-year plan finalized November 2022
  - Starting process around October/November 2021
  - Needs assessment, resource assessment are first priorities
- Having new HYS data (Spring 2022) to be incorporated in data conversations when the time comes
- Considerations related to health equity:
  - Changing language: Knowing when to use "cannabis" instead of "marijuana"
- Potentially meet with Dr.Shaw in the March meeting (or present a video of them)
- May (or July) 2021: present Student Covid Assessment data
- May: Have a planned timeline/workgroup roll out to have conversations with workgroups

4:00

Adjourn

Month	Workgroup Presentation	Other Topics
September 2020	Commercial Tobacco/Vapor Products Workgroup	<ul style="list-style-type: none"> <li>• HCA OTA &amp; OIA – Lucilla Mendoza and Nicole Earls: American Indian/ Alaskan Native Urban and Tribal Resources March, 2020 or later.</li> <li>Confirmed: Y/N</li> <li>DOH – Behavioral Health Impacts of COVID - 19</li> </ul>
November 2020		<ul style="list-style-type: none"> <li>• HYS Update</li> <li>• Rural Prevention Network – ESD 112</li> <li>• Health Disparities: LGBTQ+ Youth, HCA and Gay City</li> <li>Leg Session Prep</li> </ul>
January 2021		<ul style="list-style-type: none"> <li>• 2021 Legislative Session - All</li> <li>• Health Equity as a Prevention Priority – Alicia Hughes, HCA</li> </ul>
March 8 <sup>th</sup> 2021	TBD	<ul style="list-style-type: none"> <li>• Legislative session – status updates and needs</li> <li>• Kick off to 2022 Five-Year Strategic Plan Update!</li> </ul>
May 10 <sup>th</sup> 2021	Mental Health	<ul style="list-style-type: none"> <li>• Legislative Outcomes from 2021</li> <li>• Strategic planning status and needs</li> </ul>
July 12 <sup>th</sup> 2021		<ul style="list-style-type: none"> <li>•</li> </ul>
September 13 <sup>th</sup> , 2021		<ul style="list-style-type: none"> <li>•</li> </ul>
November 8 <sup>th</sup> , 2021		<ul style="list-style-type: none"> <li>•</li> </ul>
January 10 <sup>th</sup> , 2022		<ul style="list-style-type: none"> <li>•</li> </ul>

Please submit ideas or suggestions of meeting presentations to [isaac.wulff@hca.wa.gov](mailto:isaac.wulff@hca.wa.gov).

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Other 2021 Future meeting presentations to be determined