

State Prevention Enhancement (SPE) Policy Consortium January 9, 2023

Future Planning – 5 Years and Beyond

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Problem Gambling Task Force Prevention Workgroup

Problem Gambling Prevalence

- ▶ 2021 State Adult Problem Gambling (PG) Prevalence Study
 - ▶ 44% of adults report some form of gambling.
 - ▶ Among adults who gambled, 3.5% moderate to severe risk for PG.
 - ▶ Online gambling shows higher PG prevalence – 10.3%
- ▶ Adult Impacts
 - ▶ Higher rates of co-occurring substance use disorders and suicide attempts.
 - ▶ Severe economic outcomes, increased chance of criminality.
- ▶ 2021 Healthy Youth Survey
 - ▶ 9.4% youth report gambling, despite illegality.
 - ▶ Commonly co-occurring with other SUD and problem behavior.

Problem Gambling Challenges

▶ Funding Barriers

- ▶ No federal programs to address PG.
- ▶ SUD is 3x as prevalent, but receives 338x the funding.
- ▶ Not allowed to use block grant or SAMHSA funds to address PG

▶ Implementation Challenges

- ▶ Treatment has been shown effective, but WFD is needed.
- ▶ Prevention methods need to be researched.
- ▶ More agencies need dedicated PG staff

Problem Gambling Prevention Future

▶ Problem Gambling Task Force

- ▶ Started in December 2018.
- ▶ HCA/DBHR lead – Roxane Waldron
- ▶ Support from DOH, WA Gambling Commission, Indian Gaming Commission, WSU, Evergreen Council on Problem Gambling, and others.

▶ Prevention Workgroup – Connected to SPE

- ▶ \$100K grant from Recovery Café/Snoqualmie Tribe for PG prevention.
- ▶ Roxane will start recruiting members this Spring.
- ▶ 2 Primary Goals for first 2 years:
 - Create statewide PG prevention strategic plan.
 - Create a PG prevention toolkit for schools and communities.

SPE Consortium – The Next 5 Years Needs, Wants, Dreams

Workgroup Action Plans – Common Themes

- ▶ Recruiting and Engagement
 - ▶ Retaining current members and finding those who aren't there.
- ▶ Research and Education
 - ▶ Data collection, analysis, and dissemination.
- ▶ Workforce Development
 - ▶ Recruiting, training, and retention.
- ▶ Policy Statements
 - ▶ Best practice research and education.

SPE Consortium – Needs

▶ Questions to ask:

- ▶ *Why is there a need?*
- ▶ *What will happen if need is not met?*
- ▶ *Are these issues core to our purpose?*

▶ Example: Workforce Development

- ▶ Employee shortage is common across BH
- ▶ Certification as a solution
- ▶ Fellowship and intern programs

▶ Other priorities?

- ▶ Please raise hand or add in chat...

SPE Consortium – Wants

▶ Questions to ask:

- ▶ *What outcomes does this issue affect?*
- ▶ *How much will this issue cost to address?*
- ▶ *Who should take lead in addressing it?*

▶ Example: More Research and Data Needed

- ▶ Evidence based strategies – updates to existing and new programs
- ▶ Health disparities – prevalence and causes
- ▶ Evaluation data for innovative strategies

▶ Other priorities?

- ▶ Please raise hand or add in chat...

SPE Consortium – Dreams

▶ Questions to ask:

- ▶ *Can this be achieved in the next 3-5 years?*
- ▶ *What new partnerships or collaborations could help realize this dream?*
- ▶ *How could this be scaled up?*

▶ Example: Increased Funding for SUD Prevention and MHP

- ▶ Other federal, state, and local opportunities
- ▶ Redirection of excise taxes for cannabis, alcohol, and commercial tobacco
- ▶ Prevention services billable to Medicaid/Insurance

▶ Other priorities?

- ▶ Please raise hand or add in chat...

Additional Thoughts

▶ Feedback or Questions

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