

Sabrina found her future career path through the fellowship and hopes to continue to work within the prevention science field in the future. Sabrina enjoyed learning the similarities and differences of state, county, and local level prevention, as well as the opportunities in each area. During her time as a fellow, Sabrina accomplished a multitude of projects all while going to school full time. Sabrina was able to provide technical assistance to the Substance Abuse Prevention Systems Training (SAPST) as well as complete over 150 hours of continuing education classes. She was also involved in research done around the relationship of opioid use within student athletes, the redesign of new fellows' orientation, and a project highlighting media that supports positive social norms. During her phase 2, Sabrina assisted in a Starts with One Campaign throughout the Marysville School District. In Phase 3, Sabrina presented at the regional Family Youth and System Partner Round Table (FYSPRT), focusing on the importance of prevention science.

This fellowship allowed Sabrina a chance to come out of her shell and understand her personal strengths and weaknesses. She enjoyed the opportunity to network at the state and local level, finding mentors to support her along the way. Sabrina enjoyed the ability to use her mentors as a resource and learning tool throughout the fellowship as well. The fellowship has fueled Sabrina's passion for prevention science and hopes to continue to work within this field for her career.