

State Prevention Enhancement (SPE) Policy Consortium Meeting Minutes  
June 10th, 2019 1:00 – 4:00 PM

### Welcome / Introductions/ Approval of May, 2019 Minutes

- The three new (second cohort) of WSU Community Prevention and Wellness Initiative (CPWI) Fellows were introduced by Alicia Hughes: Chewey Abebaw, Mariel Irvan and Tori McDermott Hale
- The May, 2019 Meeting Minutes approved as amended with slight changes from Greg Williamson of DCYF.
- Sarah Mariani kicked off the meeting thanking everyone for attending monthly meetings as we update the *State of Washington Substance Abuse Prevention and Mental Health Promotion Five Year Plan*. We are looking forward to celebrating the publication of the new plan with all of you in October!

### Suicide Data and Prevention Programs (Xinyao deGrauw, MD, Phd, MPH and Sigrid Reinert - DOH)

Xinyao and Sigrid's comprehensive overview of the latest epidemiological data on Washington suicide and intentional self-harm and the prevention programs available included the following selected topics:

- Definition of suicide and intentional self-harm; hospitalization trends by gender and age
- State vs. national comparison of suicide rates
- Current State Suicide Prevention Plan addresses prevention, intervention, treatment and post-intervention for all ages
- DOH and Collaborative Suicide Prevention Activities and Programs, including The Safer Homes campaign and a 2018 Tribal Specific Prevention conference at Port Gamble S'Klallam Tribe
- One outcome measure shows there's been an increase in calls to the *National Suicide Prevention Lifeline*. DOH has partnered with them for this service, which also includes a Crisis Text Line.

### SPE Needs Assessment Update (Gwen Grams, Sandy Salivaras)

- Gwen and Sandy shared some highlights of the Intermediate Outcomes Summary Data from the 2018 Healthy Youth Survey data, as a prelude to the full needs assessment data presentation, which will occur at our August 12<sup>th</sup> meeting.
- Substance use trends by substance and level of use were reviewed
- Health disparities were also discussed

### Workgroup Updates and Notable Accomplishments: 2017-2019

- Action Item for Workgroup Leads: By July 31<sup>st</sup>, please send your Workgroup's Final *Action Plan Strategies* and *Key Accomplishments* for the coming year to Alicia and Rose
  - Please specify your Action Plan Strategies, categorizing them with each strategy as: Cross Systems Planning/Collaboration, Policy, Information Dissemination, and Education/Workforce Development, or a combination of these. (See the 2017 Plan pages 33-38 for example of format.)
  - Please list your Key Accomplishments in bullet point format using same categorization as above – (See 2017 Plan pages 104-111 for format.)
- Washington Healthy Youth Coalition (Sara Cooley-Brochard, LCB)
  - Clarification of structure: There are several teams within the WHY Coalition. One goal - avoid redundancy with other state efforts. We are defining teams clearly to achieve this. (E.g. Communications team is working collaboratively with other state communications teams.)
  - Review of plan strategies for the coming year for updates to the SPE Strategic Plan.

- One example of Impact: there are now more than 800 parents visiting our page on Facebook. Our goal is to increase social media hits.
- Rx. Misuse/Abuse Workgroup Highlights (Alicia Hughes, HCA)
  - Implementation of new, stricter prescribing rules has been happening and we are tracking this.
  - The school opiate abuse prevention grant for Skagit County has started! The focus is on the Starts with One campaign, and is in full swing.
- Young Adults and Pregnant and Parenting Individuals Alcohol/ Marijuana Misuse/Abuse Workgroup (Elizabeth Weybright, WSU - Lead and Rose Quinby - assisting with process of workgroup structure re-definition)
  - Discussion about whether to as a combined workgroup, or have two separate workgroups has been occurring with key state leaders from this Workgroup. Focus of discussion has been on overlap of prevention research objectives, focus populations and action planning.
  - After May discussions, there is general consensus that the factors that led to the 2015 combining of the workgroups are no longer driving forces in the current state prevention environment.
  - Pregnant and Parenting Individuals workgroup: Key experts recommend exploring a formal linkage with Washington State Pregnant and Parenting Opioid Workgroup as source of information: Strategic Planning & other prevention work related to SPE. Action item: HCA DBHR Prevention staff will connect with Tiffani Buck of DOH, the workgroup facilitator, to research the objectives of the group and see if this will be feasible.
  - Young Adult Workgroup: Elizabeth will continue chairing the Young Adult workgroup. She has contacted members and received commitment from eight of them to continue as a focused Young Adult workgroup. She reported that weighing in as subject matter experts, vetting new research, supporting leader decision-making, and policy recommendations as possible workgroup functions.
  - The Young Adult Survey outcomes presented by Jason Kilmer at April, 2019 SPE meeting & affiliation with the College Coalition will be an important linkage for updating the Strategic Plan Action Plan, including strategies, goals and action plan.
  - Elizabeth asked for members to send additional thoughts regarding new objectives for either workgroup to her.
- Mental Health Promotion Workgroup (Billy Reamer, HCA, Interim Lead)
  - Suicide Prevention Decision Package success resulting in FTE, as well as state and local funding support.
  - HCA Decision Package funding for MHPP community grants
  - Successful completion of 19 MHPP grants (DOH and HCA funding) at just under \$20k each.
- Tobacco Issues Workgroup (Frances Limtiaco and Stacia Wasmundt – DOH; Kelly Richburg Co-Chair)
  - Working on restoring appropriate funding via the 2019 funding decision package 2019
  - Didn't get into Gov's budget however there is projected revenue for the Vape 21 strategy that passed. Effective Jan 2020. We're not clear if the workgroup will take on – but we will definitely be in a supportive role.
  - Educating policy makers on value of local control. Created local control webinar with Change Lab solutions. Met in March with Kelly Richburg co-chair.
  - Late June meeting to update strategic plan.
  - Considering enhancing the structure of workgroup. Interested in learning about different charters, structure.
  - Considering name change more inclusive of all use: e.g. Tobacco, Vapor Products Issues workgroup.

Sarah Mariani comments – The accomplishments of all of the workgroups crystalize the power of multiple agencies and how interagency collaboration is crucial to achieving better outcomes.

Patti Migliore Santiago comments - We link our agency plans to one another's agencies plans. It'll be important to capture the stories pointing to collaboration between agencies. Idea for collective list of highlights from Consortium. Otherwise the stories get lost overtime as staff circulate through.

Discussion comments: making our Consortium collaboration more explicit:

- Answering the question: "Where have you taken this plan or workgroup activity back to your agencies and how did this leverage additional resources?" E.g. of this is WHY – instead of both agencies paying for website, there was collaboration between agencies. Was able to happen quickly thru workgroups.
- Name what plans we're connected to like Suicide, Traffic Safety, Tobacco. Institutionalization of collaboration.

### Significant Events Influencing the Field of Prevention (Rose Quinby)

Group brainstorm of significant events we should consider for the Strategic Plan. Discussion: Should we broaden our definition to include more promising/evidence-based policy and practice expansion? List now is primarily legislative.

- New Significant events mentioned by Consortium members:
  - HB 1047 passed safe medicine return program
  - HB 4227 pain management rules
  - Opioid Response grant funding
  - New vapor product tax (Frances) 2019
  - Privatization of Liquor Sales
  - Legalization of private sale of Cannabinoids
  - Change in how courts process youth status offenders in system – enhances prevention in that population.
  - Research on Opioid evidence-based practice
- Team discussion in favor of adding significant events related to prevention research or practice, if time / staffing allows.
- Members asked to send more ideas to Rose and Alicia, dating back to 2011, the start of the plan, by August first.

### Partner and Member List Updates

- A Membership list was passed around the room where members:
  - Updated their status as primary or delegate member
  - Added new primary or delegate member(s) for every agency. Members not in attendance or joining by webinar asked to please send us this info. by August 1, 2019 (Alicia Hughes and Rose Quinby).

### Organizational Announcements/ Updates

- **Board of Health** – (Alexandra Montano) Hiring several new positions. new Project Managers for two new Task Forces focused on Environmental Justice and Equity. Time limited positions. Also Community Outreach Coordinator and Administrative professional.
- **WSU** - (Elizabeth Weybright) Received 5-year USDA Children, Youth and Families at Risk grant. Highlights are: Implementation of Strengthening Families program in three high need communities and Implementation of the Marijuana e-check up program. Year One is a training year.

- **LCB** – (Sara Cooley Broschart) The Board and collaborating agencies met for a “Cannabis 2.0” Planning meeting. Goal to formalize cannabis legislation into action – strengthening it through integration. Summer brings public listening sessions on open rule #102 re: kid-friendly marijuana packaging.
- **HCA** – (Alicia Hughes) Several open positions such as Opioid Manager – duration 9/9/20. We will be issuing RFAs related to grant-making for the State Opioid Response and Dedicated Marijuana Account and Mental Health Promotion grants

### Workforce Development Strategies – Strategic Plan Updates (Alicia Hughes)

Alicia led members in reviewing the Training/TA and Workforce Development sections of the Strategic Plan and asked for updates. Several updates were provided including new capacity for Opioid Prevention TA and the PTTTC. Thank you! Please send additional to Alicia by August 3<sup>rd</sup>!

### Reminder for Workgroup Leads or delegate: Send by July 31<sup>st</sup>

1. Workgroup’s Final Action Plan Strategies and Key Accomplishments for the coming year to Alicia
  - a. Please specify your Action Plan Strategies, categorizing them with each strategy as: Cross Systems Planning/Collaboration, Policy, Information Dissemination, and Education/Workforce Development, or a combination of these. (See the 2017 Plan pages 33-38 for example of format.)
  - b. Please list your Key Accomplishments in bullet point format using same categorization as above – (See 2017 Plan pages 104-111 for format.)

### Reminder: Send by August 3<sup>rd</sup>:

1. Primary and delegate members for your agency – we ask that delegate attend if primary not available!
2. Send any new Significant Events Influencing the Field of Prevention since 2011, not in these notes or already on plan.
3. Send changes to Section 2, if any, for the TA/Training and Workforce Development sections (pp. 17-21)

### Wrap up and Next Steps

- Next meeting: Monday, August 12th 1-4 PM: Entire meeting will be devoted to reviewing the comprehensive Needs Assessment data from Healthy Youth Survey and making decisions about trends and discuss our Strategic Plan goals. Please bring staff who are interested in helping with this discussion!