

Social-Emotional Needs of Early Childhood



I need to:

- **feel safe and secure**
- **feel worthy and loved**
- **feel acknowledged and understood**
- **feel noticed and receive attention**
- **feel a sense of predictability**
- **understand and be able to manage my feelings of distress**
- **feel a sense of control**
- **feel safe and stimulated in my exploration**
- **feel competent**
- **have mutually enjoyable relationships and feel a sense of belonging**