

Community Prevention and Wellness Initiative (CPWI) Action Plan and Budget Technical Assistance Webinar

Hosted by: Ray Horodowicz & Isaac Wulff
Wednesday, September 2, 2020
2:00 to 3:00 p.m.

In doubt?

- ▶ Talk with your Prevention System Manager.

7 things *every* Cohort 5 & 6 CPWI Action Plan has:

This program...	Using this CSAP...
Coalition	Community-Based Process
Training	Other
Direct-service	Education
Environmental	Environmental
Public Awareness –Starts With One (May implement additional Public Awareness campaigns)	Information Dissemination
Take Back Days	Information Dissemination
Project Success	Problem Identification & Referral

Isn't a Town Hall Meeting required?

- ▶ Hosting a Town Hall Meeting is encouraged, but not required.
- ▶ In the Action Plan, the Town Hall Meeting should be listed as a specific activity under the Coalition. It should not be listed as a separate program.
- ▶ While a Town Hall event is listed in the [Quick Reference Timeline](#) for Cohort 6, it is not required for 2020-21. Your coalition's annual Key Leader Event will suffice.

▶ But wait...
...there's more.

▶ At least 1
program/strategy
from Table A.

Washington State
Health Care Authority

Community Prevention and Wellness Initiative (CPWI) Cohort 6

Substance use prevention programs and strategies guidance

Community Prevention and Wellness Initiative (CPWI) Cohort 6 Community Coalitions should use the following guidance during the strategic planning process. Coalitions are required to:

- Implement at least one program/strategy from Table A per year.
- Ensure 60% of programs and strategies implemented are replications or adaptations of Evidence-based Programs (EBPs) found on Table A or included on the Excellence in Prevention list on www.AthenaForum.org/ebp.
 - Programs and strategies implemented that are not found on Table A or on the Excellence in Prevention list will count as innovative and may not exceed 40% of the planned number of programs per year.
- Implement one environmental strategy. Environmental strategies included on the Excellence in Prevention list on www.theAthenaForum.org/ebp implemented to fidelity, can count toward meeting the 60% EBP requirement.
- Participate in the National Prescription Drug Take-Back Days held in April and October and implement the Starts with One Campaign. These strategies will not count toward or against the 60% EBP requirement/40% innovative program allowance. Additional public awareness strategies may be implemented.

Table A. Evidence-based programs and strategies (1 required)

<ul style="list-style-type: none">• Alcohol Literacy Challenge (ALC)• Athletes Training & Learning to Avoid Steroids (ATLAS)• Community-based Mentoring* (Big Brothers Big	<ul style="list-style-type: none">• Nurse Family Partnership (NFP)*• Parent Management Training*• Positive Action*• Protecting You/Protecting Me
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Washington State
Health Care Authority

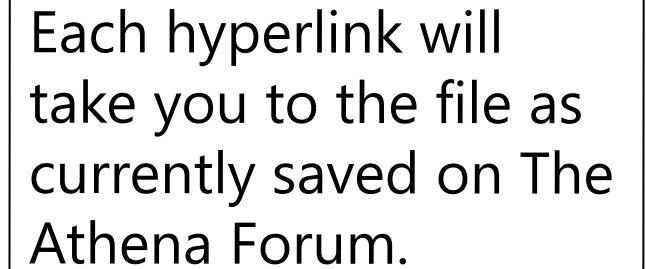
Ingredients for success

- ▶ Copy of contract
- ▶ CPWI guide (September 2019)
- ▶ Excellence in Prevention list
- ▶ Funding specific EBP list (on the EIP page in Athena, right side at the top) (Cohorts 5 & 6 list, sometimes labeled as just "Cohort 6")
- ▶ Survey Section in Minerva document
- ▶ Reporting Environmental Strategies & Information Dissemination Guidance document
- ▶ Tips for Billing document (June 2020)
- ▶ COVID-19 FAQ (May 2020 – to be updated soon)

- ▶ What other ingredients do you suggest?

Ingredients for success

- ▶ Copy of contract
- ▶ [CPWI guide \(September 2019\)](#)
- ▶ [Excellence in Prevention list](#)
- ▶ Funding specific EBP list(s)
(DMA [Cohorts 1-3](#), DMA [Cohort 4](#), SOR [Cohorts 5 & 6](#))
- ▶ [Survey Selection in Minerva document](#)
- ▶ [Reporting Environmental Strategies & Information Dissemination Guidance document](#)
- ▶ Tips for Billing document ([June 2020](#))
- ▶ [COVID-19 FAQ](#) (May 2020)



Each hyperlink will take you to the file as currently saved on The Athena Forum.

Questions?



Poll Questions!

Tips & Reminders

- ▶ Timeline decision points in Action Plan.
 - ▶ Decision to implement SFP in the spring will be decided by March 1
 - ▶ Timing of implementation, due to COVID
 - ▶ Modification to how delivered, due to COVID
- ▶ Check for Alignment:
 - ▶ Of CSAP across Action Plan, Budget, and then within Minerva
 - ▶ With the Logic Model.
- ▶ The Action Plan & Budget are living documents.
- ▶ Strive to use one funding source for each program.

Additional \$20K

▶ Action Plan

- ▶ Expanding existing programs (new series, more supplies, more participants, etc)
- ▶ And/Or Adding a new program that meets an existing goal

Reminder: Note the funding source on the Action Plan funding column

▶ Budget

- ▶ \$20K of SABG (New column for C. 5&6 on the budget)

- ▶ New funding line should be included in the A&R page within the updated CPWI Contract Template to be sent out soon!

Thoughts to keep in mind...

Budgeting is an art.
Accounting is a science.

A goal without a plan is
just a wish.
- Antoine de Saint-
Exupéry

By failing to prepare, you
are preparing to fail.
- Benjamin Franklin

Have a great quote about planning to share?
Share with us via the Question Box!

Questions?



Thank You!



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